

# Oregon Active Schools Outcomes

17,559  
students



From 2014 to 2019, Nike, Kaiser Permanente Northwest and Northwest Health Foundation partnered with Active Schools to inspire a lifelong love of movement and bring the many benefits of physical activity to every child in Oregon.



139  
schools

## Investments

- Before and after school programming
- Classroom physical activity
- Physical education curriculum & equipment
- Recess programming & equipment
- Professional development for teachers
- Technology to support physical education
- Incentives for physical activity
- Family engagement

## Reported Results

- Increased number of kids participating in physical activity
- Increased time spent on physical activity
- More focused students in the classroom
- Increased school pride
- Grant dollars leveraged to secure more funding
- Broadened cultural knowledge
- Increased staff satisfaction

Increased  
Attendance

**+2.6%**  
all students

**+3.1%**  
students of  
color





## Access

Funded schools reported that having different types of equipment involved a more diverse set of students.

## Engagement

Funded schools reported student engagement was best when school activities matched family and community traditions.



## Partnerships

Funded schools reported that physical education and health programs in schools were sustained over time with systemic connections among staff, families and community.

\*Schools that reported success in any of these areas had a 1% greater attendance gain than those that did not.

## Discrepancies

- “Across a district, there can be large disparities.”
- “The level of engagement is not necessarily correlated with equipment.”
- “District commitments and potential for partnerships vary greatly.”
- “There were large differences in how teachers spoke about their expectations for students.”

## Considerations for Future Funding

- Adopt required interim outcomes of access, engagement and partnerships
- Identify promising practices and providers and contract for their services
- Differentiate funding based on additional criteria about the school/district
- Provide professional learning focused on interim outcomes for grant recipients
- Continue to balance local autonomy with systemic application or promising practices