

WRL *E-Mentoring* Program Overview

I. Program Overview

We "R" Listening Inc. (hereinafter called "WRL") is a 501(c)(3) non-profit organization that *e-mentors* young women ages 13-22. Mentors and mentees never meet in person. Mentoring takes place **virtually** for one hour per week. It's a free, convenient, flexible, private and confidential mentorship. Young people utilize the internet and cellphones now more than ever and WRL meets them at their comfort zone to give them a positive and effective experience in the e-mentoring program.

Our *e-mentoring* program provides a secure *virtual* community where supportive women (role models) and young women (mentees) connect. WRL's role models focus on personal development by providing friendship, love, support and advice on topics of the mentees' interest including, school challenges, family issues, career guidance, relationship advice, financial matters, education planning, current events, just to name a few. The mentors also incorporate a fun, interactive, and well rounded curriculum into the mentoring sessions. Our mentors are available anytime, and anywhere.

WRL recognizes the positive impact that mentoring has on young people today and want to make a difference in young women's lives.

II. WRL Mission

Our mission is to mentor and unlock the potential in every young woman we mentor. We will accomplish this by building the mentee's confidence and self-esteem and help them to develop a positive perception of themselves so they can improve in their interpersonal relationships, excel in their academics and make better life decisions.

III. WRL Vision Listen

Inspire

Share

Teach

Empower

Nurture

Involve

Notice

Give back

to female teens and young women across the country

IV. Mentee Eligibility Requirements

Mentee Eligibility Requirements:

- 13 22 years old
- Female
- Demonstrate a desire to participate in the e-mentoring program and be willing to abide by all WRL mentoring program policies and procedures
- Have access to the internet
- Have a personal email account
- Commit to spending one hour per week online with a mentor
- Be able to obtain parental/guardian permission and ongoing support to participate in the program (if under 18 years of age)
- Agree to a minimum of a 6 month commitment in the program with the option of an extension to a 1 year commitment