



- Currently pursuing a Masters in Counseling Psychology, Memorial University

#### **Certificates:**

- Hoarding Level 1 and Level 2, Canadian Mental Health Association Newfoundland and Labrador Division, 2015-05-05
- Hoarding Train the Trainer, Canadian Mental Health Association Newfoundland and Labrador Division, 2015-05-08
- Hoarding Specialist Certificate, Institute for Challenging Disorganization (ICD), 2015-02
- Basic Hoarding Issues with the CD Client, Institute for Challenging Disorganization (ICD), 2014-08

#### **Coursework/Training:**

- Severe Domestic Squalor (HRD-485), ICD, 2016-01-29
- Official Reports for Extreme Situations (ADM-560), ICD, 2016-01-24
- Increasing the Hoarding Client's Readiness for Change (HRD-490), ICD, 2015-11-19
- Driven to Disorganization: Adult ADHD Contributors to Clutter & Hoarding (ADD-500), ICD, 2015-08-26
- Formation, Training & Supervision of Volunteer Teams with People who Hoard (HRD-480), ICD, 2015-08-19
- Understanding & Helping Aging Clients with Hoarding Disorder (AGE-385), ICD, 2015-06-30
- Clutter Blindness (MH-365), ICD, 2015-06-02
- Fresh Start Collaborative Psychotherapy Group (ADM-540), ICD, 2015-05-19
- Attended Collaborative Partnerships in Hoarding Response conference, Canadian Mental Health Association Newfoundland and Labrador Division, 2015-05-03 to 08
- Guiding to Deciding (MH-360), ICD, 2015-04-28
- Keeping It Safe: Navigating Through a High Content Environment (HRD-475), ICD, 2015-03-09

- How to Effectively Communicate with a Hoarder & Their Family Members (HRD-465), ICD, 2014-09-10
- Advanced Hoarding (HRD-330), ICD, 2014-09-05
- Collaboration with The Hoarding Project: A Case Study (HRD-460), ICD, 2014-08-20
- Understanding the Clutter-Hoarding Scale (ICD-215), ICD, 2014-08-19
- Introduction to Compulsive Hoarding (HRD-100), ICD, 2014-08-19
- Hoarding Disorder & Co-Morbid Diagnoses (HRD-455), ICD, 2014-07-16
- Working with Seniors Who Hoard (ELD-230), ICD, 2014-06-19
- Where to Begin When There is Nowhere to Move (ADM-505), ICD, 2014-06-17
- Harm Reduction (HRD-450), ICD, 2014-06-10
- Reduce, Reuse, Recycle: When Environmentalism Goes Wrong with CD Clients (HRD-445), ICD, 2014-05-13
- Digital Organizing & the CD Client (HRD-440), ICD, 2014-03-03