

April Miller

PROFESSIONAL ORGANIZING

April Miller is Newfoundland & Labrador's organizing whiz! As a member of Professional Organizers in Canada, she is a Trained Professional Organizer and [certified coach](#). April has completed extensive education with the [Institute for Challenging Disorganization](#) in how to organize almost any client; she holds a Hoarding Specialist Certificate, an Aging Specialist Certificate, as well as Certificates of Study in Life Transitions, Chronic Disorganization, ADHD, Mental and Physical Health Conditions, Interpersonal Intelligence, Learning Styles and Modalities, and a [post-graduate diploma in Information Management](#) from the College of the North Atlantic. April holds a Bachelor of Education degree, and is currently pursuing graduate studies in [Counseling Psychology](#) to better support her organizing clients. A self-proclaimed 'enough-ist', April enjoys her two crazy cats, being a super-aunt, and (mostly enjoys) renovating an 80-year-old home. She describes herself as incurably curious, and is on a constant quest to overcome perfection paralysis!

Speaking Topics (Include But Not Limited To):

1. Organizing 101 – An overview of the steps to get organized (declutter, organize, prevent stuff creeping back in) and some key strategies for each step
2. Going From Clutter To Calm In Your Home: Zone By Zone Residential Organizing
3. Creating A Zen Den / Wellness Space In Your Home
4. Closet Woes: How To Conduct A Wardrobe Makeover
5. Getting Healthy In Your Home - Organizing/Decluttering For Health Challenges
6. Getting Safe With Your Stuff: Organizing for Safety in Your Home
7. Showing Clutter The Door: Decluttering Strategies For Your Home
8. Clutter Myths Debunked – Reasons We Hold On To Clutter - And What To Do To Let It Go
9. Why Am I Disorganized? Examining The Reasons We're Overwhelmed
10. How Not To Shop – Stopping Stuff From Creeping Back In
11. You Decluttered. Now What To Do With All That Stuff?
12. Mindful Decluttering & Organizing
13. Getting Unstuck - Organizing For The Life You Want (Part Motivation, Part Organizing Help)
14. Where To Start When You Don't Know Where To Begin

15. Time Management: Getting More Done With Less Frazzle
16. Dealing With Procrastination
17. Lifestyle Editing: Setting Boundaries, Managing Your Time, & Focusing On What You Really Want
18. Getting And Keeping Your Kids Organized
19. Organizing Teens
20. Helping Your Students Handle Homework & Stay Organized
21. Organizing For ADHD
22. Organizing For Special Needs
23. Organizing For Teachers – Taming Your Classroom And Digital Files
24. Getting Hitched – Marrying Your Partner *And* Their Stuff
25. Managing Clutter Conflict With The People You Love
26. Organizing The Senior In Your Life
27. Organizing For Aging – Downsizing? Rightsizing!
28. Organizing For Aging In Place
29. Emergency Organizing For The Unexpected
30. Organizing For End Of Life
31. How To Become A Professional Organizer
32. Getting Konmaried – Sparking Joy By Getting Organized
33. Organizing Trends: Minimalism, Hoarders, Etc.
34. Organizing Your Way Through Life Transitions
35. Buried In Stuff: Understanding Hoarding
36. The Heirs Of Hoarders - Dealing with the Legacy of a Hoarder
37. How To Be A Hoarding Helper
38. Holidays Without Hassles
39. Photo Organizing
40. Organizing For The Right-Brain/Creative Person
41. Finding Your Home In Your Home Office: Organizing For Home-Based Business Owners
42. Technology Tools For Organizing
43. Email Organizing
44. Controlling The Avalanche Of Paper: Learn Once And For All How To Deal With The Paper In Your Life
45. Organizing Book Review – Involves Pre-Reading A Selected Book And Discussing Concepts