From Mourning to Joy: A Journey Through Grief

A Seminar with John Dobbs

9:00 a.m. “The Journey Through Grief”
10:00 a.m. “Becoming Acquainted With Grief”
4:00 p.m. “A Guided Conversation in Grief Recovery”
5:00 p.m. “From Mourning to Joy”

John Dobbs grew up just outside of New Orleans, Louisiana, and graduated from Hahnville High School in January 1981. He is a graduate of Magnolia Bible College, which was located in Central Mississippi. John met Margaret Willingham when he was the preacher for the Church of Christ in Ruleville, Mississippi. John has ministered in a variety of settings as Youth Minister, Campus Minister, Admissions Counselor, and Preacher. For sixteen years he was the preaching minister for the Central Church of Christ in Pascagoula, Mississippi. John began preaching for the Forsythe Church of Christ in Monroe, Louisiana, in February of 2008.

John and his wife Maggy have been married for 28 years. They have a daughter, Nicole, who lives in Georgia with her family. John and Maggy also have a son, John Robert, who passed away in early 2008 at the age of 18.

In addition to the four sessions that John Dobbs will lead during our seminar, he has posted many valuable links on his blog, "Out Here Hope Remains." You may access these grief recovery resources at http://johndobbs.com/grief-resources.

You may contact John through his blog, connect with him on Facebook, or at:

Twitter: @johndobbs
Email: johndobbs1130@gmail.com
CONGREGATIONAL NEWS

All Sunday Adult Bible Classes: Meet in the auditorium.

M.I.P. - Mothers In Prayer: Meets today at 3:45 pm in 101N.

GoldenAgers Committee Meeting: Sunday, October 2 in room 101 N following evening worship.

Baby Shower for Taylor Sanders and Baby Blakely: Next Sunday, October 2 at 3:00 pm in the Parlor. They are registered at Walmart, Target and Babies-R-Us.

OC Lectureship 2016: Sunday, October 2 through Tuesday, October 4. For more information on speakers and times see the bulletin board in the north foyer.

GoldenAgers Social: Tuesday, October 4 at 6:30 pm in the Parlor. Bring finger food and join us for great fun and fellowship.

GoldenAgers Antique Agriculture Festival: Saturday, October 8, experience 19th century living/entertainment on a historic 1850's farm. Details at the Information Booth. Questions? See Greg or Carla Bare.

GoldenAgers Monthly Potluck Lunch: Sunday, October 9 in the Fellowship Hall following morning worship. Bring a dish and join us for some great fellowship.

Come and Go Baby Shower for Katie King: Sunday, October 9 from noon to 2:00 pm at the home of Tonya Stephens. Katie is registered at Target and is expecting a boy.

CURRENT EVENTS

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<td>Grief Seminar</td>
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<td>Sep 27</td>
<td>Mothers In Prayer</td>
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<td>Oct 2</td>
<td>Men's Bible Study</td>
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<td>Ministry Meeting-Servant Stewardship</td>
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<td>Baby Shower for Taylor Sanders and Baby</td>
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<td>Blakely</td>
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<td>Oct 2-4</td>
<td>GoldenAgers Committee Meeting</td>
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<td>Oct 4</td>
<td>OC Lectureship 2016</td>
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<td>Oct 8</td>
<td>Men's Community Breakfast</td>
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<td>GoldenAgers Social</td>
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<td>Oct 9</td>
<td>Mission Forum</td>
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<td>GoldenAgers Monthly Potluck Lunch</td>
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<td>Baby Shower for Katie King</td>
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<td>Ministry Meeting-Acts of Compassion</td>
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YOUTH AND FAMILY

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<td>Sep 27</td>
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<td>Sep 29</td>
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<td>Oct 1</td>
<td>High School Devo</td>
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<td>Oct 8</td>
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<td>Area Wide at Crosstown</td>
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<td>Oct 11</td>
<td>High School Girls Bible Study</td>
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<tr>
<td>Oct 15-16</td>
<td>Worlds of Fun Trip for Middle School</td>
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YOUTH NEWS & EVENTS

HS Devo: Saturday, October 1 at 6:00 pm at the home of Sue Doss. Bring $3.00 for food.

Worlds Of Fun: October 15-16 for middle school. Cost is around $65.00. Sign-up at the youth corner. We will leave ridiculously early on the 15th and return Sunday afternoon/evening.

Fall Retreat: November 4-6 at Burnt Cabin. Mark your calendars!

Fall Festival: Sunday evening, October 30. A sign-up is in the foyer for those willing to run games, provide trunks for Trunk-or-Treat, and those willing to help set up and tear down.

Combined Devo, November 19: The Knights will host.

December Combined Devo: Will be at the Lundy's on New Years Eve.

Senior Honor Night Coordinator Needed: We are in need of someone to plan, organize, and implement the reception part of Senior Honor Night which is held in May for our high school graduates. Please see Kevin if interested.

CONGREGATIONAL NEWS

Piggy Shower: As of Tuesday $3223.60 has been collected to purchase pigs for the boys at Westview Boy's Home. Thank you for your generosity. Our goal is $3600.00. If you would still like to contribute to this worthy cause you may give your cash or check made out to the church to Lawana Duwe, Nora Fairless or Emma Mosby.

Food Pantry Volunteers Needed: The Food Pantry is in need of help on Thursdays from 11:00 am - 3:00 pm to greet families that come for help. You would only be called on to help about once a month. See Terri Larson if you would like to volunteer.

Hats & Scarves for Ukraine: It's time to collect knitted and crocheted items for shipping. Please leave hats and scarves on the designated table in the foyer by September 30. They will be shipped around the first of October.

Take-A-City for Georgetown, Guyana: We need volunteers to join a “Take a City” for Feroze Baksh at the Church of Christ in Georgetown, Guyana. He would like to broadcast a 30 minute weekly television show on a local station that will reach 90% of the population in Guyana. Statistics show that 90% of Guyanese homes have a TV and 65% watch at least 4 hours daily. Currently there are no church of Christ programs in the area. For more information please contact Lonnie Miller.
1. **Count Your Blessings Not Your Troubles.** Others don’t need your troubles; they have enough of their own. (Malachi 3:10)
2. **Live One Day At A Time.** You can control and conquer any sin if you will learn to live one day at a time. (Matthew 6:33-34)
3. **Learn To Say, “I Love You.”** Break the alabaster box of kindness to as many people as possible each day. (Mark 14:3-6)
4. **Learn To Be A Giver and Not A Getter.** If life is not what you want it to be, it is because you are expecting to get instead of give. (Luke 6:38)
5. **Look For Good In All You Meet.** Be a good-seeker, not a fault-finder. You will find what you seek. (Matthew 7:1-5)
6. **Pray Every Day.** Reserve time to thank God for His blessings and ask for His guidance. (Luke 18:1)
7. **Learn To Go About Doing Good.** Plant the seed of “goodness” and it will produce after its kind. (Acts 10:38)
8. **Work At Being Bigger Than Your Circumstances.** We let too many little things, even imaginary things, destroy our peace of mind. (Philippians 4:7)
9. **Learn To Laugh And Learn To Cry.** Over 70% of all physical ills could be overcome if we could learn these. (Romans 12:15)
10. **Let Go And Let God Take Over.** The only way to find peace and happiness is to let God take the controls of your life. (Psalm 23)

Compiled by Alan Bryan

**PERSONAL AND FAMILY DEVOTIONALS: PART 1**

In the book *Iron Sharpens Iron* the author speaks about mentoring relationships. One thing he points out that mentors look for in a protégé is someone who is willing to assume responsibility for their own growth and development. He points out, “ultimately each one of us must take responsibility for our own spiritual growth.” Then later he asks, “What are you doing to manage that responsibility?” Good point. Good question!

While church attendance and Bible classes can help, these shouldn’t be the majority of our spiritual growth activities throughout the week. In an article about how to get the most out of church services, and the biggest thing was for us to BRING something to them: our own week worth of personal study, prayer, and worship. After participating in spiritual exercises all week ourselves, bring the strength, connection, and challenges with us to the assembly to use to encourage and uplift others.

How are we at home Bible studies? Family devotionals? Personal quiet time? Prayer? Singing? What are ways we can encourage this as families?

Many families share an evening meal together. This can be harder when teens start going in all different directions, but the evening meal may be the best place to start. As our kids got older and involved in more activities, we found before we all left for the day was the best time to gather for a quick reading and prayer together.

Praying at meals is something many do. I knew a family that had hymnals and would sing a song together before they prayed. Sing, pray, eat.

We used to have some Bible trivia cards we sat in the basket in the middle of the table with the salt, pepper, and napkins. They were kind of tough! We nicknamed them the “make me feel stupid cards” which we had to change when Kael (who was 2) stated calling them the “stupid Bible Cards!” He didn’t call them this in a derogatory way, he enjoyed them and would say with excitement, “Let’s get the stupid Bible cards out!” You can get Bible trivia cards on children’s levels, teen levels, and adult levels. This can be a great way to brush up on Bible knowledge as a family.

What helps you and your family keep on a regular routine of personal and family devotions? Let me know so we can share ideas to help one another!
Nursing Mothers
A room has been set aside for you and your little one in the south wing on the first floor, room 101 S.

Food Pantry
Vegetable Beef Soup
Place in the basket in the foyer
Food pantry is open Thursdays 11-3

Meeting Times
Sunday: Bible Class - 9:00 am  Worship - 10:00 am  Evening - 5:00 pm
Tuesday: Ladies Bible Class - 10:00 am (Sep - Apr)
Wednesday: Adult Bible Class - 3:00 pm (Sep - May)
   Bible Classes and Devotional - 7:00 pm

Contacts
Tim Pyles (918-991-8457)  tpyles@bacoc.org
Rich Kilmer (918-639-5692)  rkilmer@bacoc.org
Scott Keele (918-810-4977)  chaplain_man@yahoo.com
Kevin Knight (907-347-3302)  akpreacher@hotmail.com

The Most Reluctant Convert
C.S. Lewis Onstage
With Max McLean as C.S. Lewis
Thursday - Saturday, October 6-8, 2016
At the Tulsa PAC
For more information see the flyers at the Information Center.
IN YOUR PRAYERS
Carrie Mae Jones (mother of Janet Kelley and grandmother of Jennifer Bradley and Kara Poepperling) has developed complications from pneumonia and is very ill.

Bill Kimrey is in St. John-Tulsa, room 1047, following back surgery on Friday.

Bill Murdock is in St Francis-Tulsa, room 2305, following an auto accident on Thursday.

Ermalee Ort is home doing well following back surgery on Monday.

The family of Joe Parrott (friend of Nicole Nelms) who passed away on Friday from cancer.

Steve Scott is home under the care of hospice.

Denise Thayer and family (friend of the Minters) on the death of her husband, Michael. Michael passed away last Sunday following a battle with cancer.

Neil White is in St. John's-Tulsa, room 1232, in critical condition diagnosed with cancer.

Ongoing Prayer Needs

LOCAL CHURCH FAMILY
Joyce Ackley
Eddy Adair
Bernard Anderson
Pam Bonwell
Scotty Buntin
Lawana Duwe
Janice Hays
Richard Holleyman
Del Huntsman
Bruce Johns
Emma Lou Lamar
Mike Legg

MILITARY
Garrison Bare
Zack Buckmaster
Stevens Copeland
Mike Dorman
Brooks Jones
Ben Lapp
Cathy Lovelace
Matt McDonald

FAMILY AND FRIENDS PRAYER NEEDS

Caysen Allen (great-grandnephew of the Mosbys)
Bruce Binkley (former member)
Milba Birchett (mother of Judy Walker)
Dennis Blackstock (father of Shane)
Donald Boley (son of Sherman and Alice)
Glen Buchanan (father of Barbara Saffell)
Hershel Dyer (father of Becky Kilmer)
Lezlie Foley (mother of Kristin Talbert)
Regina Herrington (mother of TJ)
Dottie Kidney (friend of Berniece Rumsey)
Sandy Lindsley (daughter of Joyce Ackley)
Sandra Love (niece of Phylis McWherter)
Kelly McCoy (father of Becky)
Ann Mullins (sister-in-law of Berniece Rumsey)
Royce Newby (a friend of Ermalee Ort)
Aris Ortiz (friend of Ashley Blackstock)
Stephen Scott (nephew of Heather Blevins)
Keith Street (father of Brian)
John Turner (cousin of Collette McCullin)
BeeDee Vida (aunt of our neighbor Scott Vida)
Gladyis Vida (neighbor across the street)
Shakina Visweswara (wife of Brother V)
Dean Ware (brother of Phylis McWherter)
Frank Weigand (friend of Berniece Rumsey)

Prayer Chain

8am to 5pm Charlene Bean 251-0307
Andrea Suffridge 357-2691

After 5pm Mary Sampson 486-5945
Cynthia Walvoord 355-5144
**THOSE SERVING**

**OCTOBER 2 - MORNING**

**Worship Leader**

**Shepherd's Prayer**  
Richard Davis

**Lord's Supper**
1. Gary Southern  
2. James Stephens  
3. Elliott Stiles  
4. Brian Street  
5. Fred Suffridge  
6. Justin Talbert  
7. Gary Tate  
8. Bill Thrailkill  
9. Jimmy Turner  
10. David Updike  
11. John Vidal  
12. Alan Walker

**Prayers For Lord's Supper**
For Bread  
Keith Kashwer  
For Cup  
Doyle Kelley

**Prayer for Offering**  
Dave Larson

**Scripture Reading**  
Dylan Blackstock

**Closing Prayer**  
Rich Kilmer

**Ushers**
1. Gene Lynch  
2. Mike Martin  
3. Calahan Maynard  
4. Steve McDonald

**Caring Corner**

**Bible Class**

**AM Worship**

**PM Worship**

**THOSE SERVING**

**OCTOBER 2 - EVENING**

**Worship Leader**

**Prayers**
1. Jim Lee  
2. Josh Wann

**Lord's Supper**
1. Jim Walton  
2. Keith Walvoord  
3. Steve Wann

**Nursery Helpers**
1. Terri Larson  
2. Tonya Stephens  
3. Jamie Edison

**Auditorium Detail**
1. Reece Parker  
2. Holly Parker

If you will not be available to serve in the area listed, please contact:

**Lord's Table**  
Brandon Tener  521-8705  
Jeff Roberts  806-1366

**Prayers**
1. Jerry Lundy  357-5728

**Door Greeters**
1. Gary Southern  355-3131

**Ushers**
1. Walt Willson  258-1087

**Attended Nursery**
1. Holly Worden  740-6112

**OCTOBER 5, 2016**

**Information Center**
1. Terri Roberts and Bryan Davis

**Welcome Volunteer**
1. Bernard and Debbie Thomas  
2. George and Phyllis Gwinn

**Caring Corner**
1. NA

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**WELCOME NEW MEMBER**

Jo Fyffe

**WELCOME RETURNING MEMBER**

Nicole Nelms and children, Serenity and Jaxon

**SYMPATHY**

Deepest sympathy is extended to Robert and Barbara Byers on the death of two family members on Wednesday, September 21. Her brother, Chuck Johnson, of Texas passed away of pneumonia and her niece, Sherri Merrill of COWETA died of a stroke.

**THANK YOU**

Dear Church Family,  
Thank you for your prayers on behalf of my daughter-in-law Cheryl. She is well and is back at work.  
Also thank you to all who helped me celebrate my birthday with all the love and good wishes, cards, calls and hugs. You mean so much to me. It was the greatest! I love all of you very much. God is so good to me to give me you as a family. Your sister in Christ, Arlene Reed

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**BY THE NUMBERS**

**WEEK OF SEPTEMBER 18, 2016**

- **Bible Class**: 356
- **AM Worship**: 500
- **PM Worship**: Life Groups: 304
- **Wednesday**: 258
- **Contribution**: $15,999
- **Budget**: $20,150
- **Contribution YTD**: $696,857
- **Budget YTD**: $765,700
- **Over/(Under)**: ($69,843)