



## WUAP-USA - EQUIPPED Powerlifting - Women



Women	Open	T 13-15	T16-17	T18-19	JUNIOR	SUB	M40-44	M45-49	M50-54	M55-59	M60-64	M65-69	M70-74	M75-79	M80+
<b>44 kg*</b>	<b>Squat</b>	100.0	0.0	0.0	0.0	0.0	100.0	0.0	70.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	62.5	0.0	0.0	0.0	0.0	62.5	0.0	35.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	132.5	0.0	0.0	0.0	0.0	132.5	0.0	92.5	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	295.0	0.0	0.0	0.0	0.0	295.0	0.0	197.5	0.0	0.0	0.0	0.0	0.0	0.0
<b>48 kg</b>	<b>Squat</b>	142.5	0.0	0.0	0.0	142.5	85.0	0.0	92.5	135.0	0.0	57.5	0.0	0.0	0.0
	<b>Benchpress</b>	80.0	0.0	0.0	0.0	72.5	65.0	0.0	55.0	80.0	0.0	40.0	0.0	0.0	0.0
	<b>Deadlift</b>	142.5	0.0	0.0	0.0	137.5	125.0	0.0	117.5	142.5	0.0	80.0	0.0	0.0	0.0
	<b>Total</b>	357.5	0.0	0.0	0.0	347.5	275.0	0.0	255.0	357.5	0.0	177.5	0.0	0.0	0.0
<b>52 kg</b>	<b>Squat</b>	105.0	0.0	0.0	0.0	143.0	90.5	0.0	0.0	105.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	82.5	0.0	0.0	0.0	80.0	82.5	0.0	0.0	61.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	140.0	0.0	0.0	0.0	175.0	140.0	0.0	0.0	132.5	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	302.5	0.0	0.0	0.0	397.5	302.5	0.0	0.0	298.0	0.0	0.0	0.0	0.0	0.0
<b>56 kg</b>	<b>Squat</b>	181.0	68.0	95.0	0.0	140.0	127.5	0.0	0.0	102.5	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	72.5	39.0	65.0	0.0	80.0	73.0	0.0	0.0	52.5	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	140.0	91.0	125.0	0.0	157.5	142.5	0.0	0.0	117.5	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	337.5	198.0	285.0	0.0	377.5	342.5	0.0	0.0	272.5	0.0	0.0	0.0	0.0	0.0
<b>60 kg</b>	<b>Squat</b>	182.5	0.0	75.0	0.0	102.5	147.5	100.0	110.0	110.0	105.0	75.0	0.0	57.0	0.0
	<b>Benchpress</b>	70.0	0.0	40.0	0.0	52.5	75.0	77.5	70.0	62.5	57.5	42.5	0.0	37.5	0.0
	<b>Deadlift</b>	168.5	0.0	92.5	0.0	117.5	125.0	147.5	130.0	120.0	126.0	95.0	0.0	100.0	0.0
	<b>Total</b>	401.5	0.0	205.0	0.0	267.5	347.5	325.0	305.0	292.5	288.5	212.5	0.0	195.0	0.0
<b>67.5 kg</b>	<b>Squat</b>	210.0	0.0	0.0	0.0	137.5	192.5	210.0	200.0	0.0	95.0	105.0	0.0	0.0	0.0
	<b>Benchpress</b>	107.5	0.0	0.0	0.0	70.0	107.5	100.0	97.5	0.0	57.5	50.0	0.0	0.0	0.0
	<b>Deadlift</b>	190.0	0.0	0.0	0.0	155.0	172.5	175.0	190.0	0.0	105.0	127.5	0.0	0.0	0.0
	<b>Total</b>	480.0	0.0	0.0	0.0	362.5	467.5	477.5	480.0	0.0	227.5	282.5	0.0	0.0	0.0
<b>75 kg</b>	<b>Squat</b>	145.0	0.0	0.0	0.0	117.5	0.0	125.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	85.0	0.0	0.0	0.0	105.0	0.0	83.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	157.5	0.0	0.0	0.0	115.0	0.0	138.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	387.5	0.0	0.0	0.0	302.5	0.0	345.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>82.5 kg</b>	<b>Squat</b>	157.5	0.0	157.5	0.0	125.0	100.0	0.0	110.5	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	65.0	0.0	65.0	0.0	80.0	52.5	0.0	60.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	150.0	0.0	150.0	0.0	152.5	145.0	0.0	147.5	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	372.5	0.0	372.5	0.0	357.5	292.5	0.0	290.5	0.0	0.0	0.0	0.0	0.0	0.0
<b>90 kg</b>	<b>Squat</b>	170.0	0.0	0.0	0.0	130.0	197.5	170.0	127.5	140.0	0.0	0.0	107.5	0.0	0.0
	<b>Benchpress</b>	92.5	0.0	0.0	0.0	67.5	102.5	92.5	75.0	75.0	0.0	0.0	42.5	0.0	0.0
	<b>Deadlift</b>	172.5	0.0	0.0	0.0	135.0	167.5	145.0	147.5	137.5	0.0	0.0	120.0	0.0	0.0
	<b>Total</b>	390.0	0.0	0.0	0.0	332.5	467.5	380.0	350.0	347.5	0.0	0.0	270.0	0.0	0.0
<b>90+ kg</b>	<b>Squat</b>	182.5	117.5	0.0	90.0	98.0	0.0	127.5	93.0	0.0	0.0	0.0	87.5	0.0	0.0
	<b>Benchpress</b>	107.5	65.0	0.0	60.0	68.0	0.0	107.5	78.0	0.0	0.0	0.0	47.5	0.0	0.0
	<b>Deadlift</b>	212.5	132.5	0.0	143.0	148.0	0.0	150.0	130.0	0.0	0.0	0.0	127.5	0.0	0.0
	<b>Total</b>	497.5	315.0	0.0	292.5	312.5	0.0	375.0	300.0	0.0	0.0	0.0	262.5	0.0	0.0

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Weight Class	Open	Submaster	Junior
Women 44 kg*	Open	Submaster	Junior
Squat	100.0 N. Baker 2001		
Bench	62.5 N. Baker 2001		
Deadlift	132.5 N. Baker 2001		
Total	295.0 N. Baker 2001		
Women 48 kg	Open	Submaster	Junior
Squat	142.5 B. Kirkland 2001	142.5 B. Kirkland 2001	
Bench	80.0 A. Leverett AC 2010	72.5 B. Kirkland 2001	
Deadlift	142.5 A. Leverett AC 2010	137.5 B. Kirkland 2001	
Total	357.5 A. Leverett AC 2010	347.5 B. Kirkland 2001	
Women 52 kg	Open	Submaster	Junior
Squat	105.0 S. Baker US 2010	143.0 B. Kirkland 2002	
Bench	82.5 Yuxin Hao WM 2011	80.0 J. Davis 1997	
Deadlift	140.0 Yuxin Hao WM 2011	175.0 J. Davis 1997	
Total	302.5 Yuxin Hao WM 2011	397.5 J. Davis 1997	
Women 56 kg	Open	Submaster	Junior
Squat	181.0 Burkey 2001	140.0 Johnson 1997	
Bench	72.5 Casper 2004	80.0 Johnson 1997	
Deadlift	140.0 Casper 2004	157.5 Johnson 1997	
Total	337.5 Casper 2004	377.5 Johnson 1997	
Women 60 kg	Open	Submaster	Junior
Squat	182.5 D. Wessels 2002	147.5 Defelice 1998	102.5 Jessica Vyosky WO 2013
Bench	70.0 C. Hoskinson AC 2010	75.0 Defelice 1998	52.5 Jessica Vyosky AC 2012
Deadlift	168.5 D. Wessels 2002	125.0 Defelice 1998	117.5 Jessica Vyosky WO 2013
Total	401.5 D. Wessels 2002	347.5 Defelice 1998	267.5 Jessica Vyosky WO 2013
Women 67.5 kg	Open	Submaster	Junior
Squat	210.0 Michelle Moodie WM 2011	192.5 Michelle Murawski 2004	137.5 Riemer 2003
Bench	107.5 Michelle Moodie 2006	107.5 Michelle Moodie 2006	70.0 Riemer 2003
Deadlift	190.0 Michelle Moodie US 2013	172.5 Michelle Murawski 2004	155.0 Riemer 2003
Total	480.0 Michelle Moodie AC 2012	467.5 Michelle Murawski 2004	362.5 Riemer 2003
Women 75 kg	Open	Submaster	Junior
Squat	145.0 J.V. Davisen 2004	117.5 Chabot 1997	
Bench	85.0 J.V. Davisen 2004	105.0 Baldwin 2002	
Deadlift	157.5 J.V. Davisen 2004	115.0 Chabot 1997	
Total	387.5 J.V. Davisen 2004	302.5 Chabot 1997	
Women 82.5 kg	Open	Submaster	Junior
Squat	157.5 Megan Salyars US 2011	100.0 Hellyer 1998	125.0 Licata 2000
Bench	65.0 Megan Salyars US 2011	52.5 Hellyer 1998	80.0 Licata 2000
Deadlift	150.0 Megan Salyars US 2011	145.0 Hellyer 1998	152.5 Licata 2000
Total	372.5 Megan Salyars US 2011	292.5 Hellyer 1998	357.5 Licata 2000
Women 90 kg	Open	Submaster	Junior
Squat	170.0 Jodi Parkhurst US 2013	197.5 Scopacasa 1997	130.0 M. Yakemovic US 2010
Bench	92.5 Jodi Parkhurst US 2013	102.5 Scopacasa 1997	67.5 M. Yakemovic US 2011
Deadlift	172.5 Amanda Thorne US 2013	167.5 Scopacasa 1997	135.0 M. Yakemovic US 2012
Total	390.0 Amanda Thorne US 2013	467.5 Scopacasa 1997	332.5 M. Yakemovic US 2013
Women 90+ kg	Open	Submaster	Junior
Squat	182.5 M. Toole US 2010		98.0 Kylee Barnes US 2013
Bench	107.5 Tressie Vance AC 2012		68.0 Kylee Barnes US 2013
Deadlift	212.5 M. Toole US 2010		148.0 Kylee Barnes US 2013
Total	497.5 M. Toole US 2010		312.5 Kylee Barnes US 2013

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Women 44 kg*	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">T13-15*</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	T13-15*																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">T16-17</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	T16-17																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">T18-19</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	T18-19																			
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# WUAP-USA - EQUIPPED Powerlifting - Women

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Weight Class	M40-44				M45-49				M50-54			
Women 44 kg*	M40-44				M45-49				M50-54			
Squat	100.0	N. Baker		2001					70.0	S. Range		1998
Bench	62.5	N. Baker		2001					35.0	S. Range		1998
Deadlift	132.5	N. Baker		2001					92.5	S. Range		1998
Total	295.0	N. Baker		2001					197.5	S. Range		1998
Women 48 kg	M40-44				M45-49				M50-54			
Squat	85.0	T. Manning		2003					92.5	C. Bringham		2001
Bench	65.0	T. Manning		2003					55.0	C. Bringham		2000
Deadlift	125.0	T. Manning		2003					117.5	C. Bringham		2001
Total	275.0	T. Manning		2003					255.0	C. Bringham		2000
Women 52 kg	M40-44				M45-49				M50-54			
Squat	90.5	Yuxin Hao	WM	2011								
Bench	82.5	Yuxin Hao	WM	2011								
Deadlift	140.0	Yuxin Hao	WM	2011								
Total	302.5	Yuxin Hao	WM	2011								
Women 56 kg	M40-44				M45-49				M50-54			
Squat	127.5	P. Casper		2000								
Bench	73.0	P. Casper		2003								
Deadlift	142.5	P. Casper		2000								
Total	342.5	P. Casper		2000								
Women 60 kg	M40-44				M45-49				M50-54			
Squat	100.0	D. Amos		2002	110.0	C. Hoskinson	AC	2010	110.0	L. Middelton		1998
Bench	77.5	D. Amos		2002	70.0	C. Hoskinson	AC	2010	62.5	L. Middelton		1998
Deadlift	147.5	D. Amos		2002	130.0	D. Amos		2003	120.0	L. Middelton		1998
Total	325.0	D. Amos		2002	305.0	C. Hoskinson	AC	2010	292.5	L. Middelton		1998
Women 67.5 kg	M40-44				M45-49				M50-54			
Squat	210.0	Michelle Moodie	WM	2011	200.0	Michelle Moodie	AC	2012				
Bench	100.0	Michelle Moodie	US	2011	97.5	Michelle Moodie	AC	2012				
Deadlift	175.0	Michelle Moodie	US	2010	190.0	Michelle Moodie	US	2013				
Total	477.5	Michelle Moodie	US	2011	480.0	Michelle Moodie	AC	2012				
Women 75 kg	M40-44				M45-49				M50-54			
Squat					125.0	Buffy Gordon	US	2013				
Bench					83.0	Buffy Gordon	US	2013				
Deadlift					138.0	Buffy Gordon	US	2013				
Total					345.0	Buffy Gordon	US	2013				
Women 82.5 kg	M40-44				M45-49				M50-54			
Squat					110.5	LuAnn Cook	WM	2011				
Bench					60.0	LuAnn Cook	WM	2011				
Deadlift					147.5	W. Cadanova		1999				
Total					290.5	LuAnn Cook	WM	2011				
Women 90 kg	M40-44				M45-49				M50-54			
Squat	170.0	Jodi Parkhurst	US	2013	127.5	W. Cadanova		2000	140.0	J. Glitt		1999
Bench	92.5	Jodi Parkhurst	US	2013	75.0	W. Cadanova		2000	75.0	J. Glitt		1999
Deadlift	145.0	Jodi Parkhurst	US	2013	147.5	W. Cadanova		2000	137.5	J. Glitt		1999
Total	380.0	Jodi Parkhurst	US	2013	350.0	W. Cadanova		2000	347.5	J. Glitt		1999
Women 90+ kg	M40-44				M45-49				M50-54			
Squat	127.5	Tressie Vance	US	2011	93.0	Shelly Hoefer	US	2013				
Bench	107.5	Tressie Vance	US	2012	78.0	Shelly Hoefer	US	2013				
Deadlift	150.0	Tressie Vance	US	2011	130.0	Shelly Hoefer	US	2013				
Total	375.0	Tressie Vance	US	2011	300.0	Shelly Hoefer	US	2013				

# WUAP-USA - EQUIPPED Powerlifting - Women

	M55-59	M60-64	M65-69
Women 44 kg*			
Squat			
Bench			
Deadlift			
Total			
Women 48 kg			
Squat	135.0    A. Leverett    AC    2010		57.5    L. McMahon    WM    2011
Bench	80.0    A. Leverett    AC    2010		40.0    L. McMahon    WM    2012
Deadlift	142.5    A. Leverett    AC    2010		80.0    L. McMahon    WM    2013
Total	357.5    A. Leverett    AC    2010		177.5    L. McMahon    WM    2014
Women 52 kg			
Squat	105.0    S. Baker    US    2010		
Bench	61.0    S. Baker    WM    2011		
Deadlift	132.5    S. Baker    US    2010		
Total	298.0    S. Baker    US    2010		
Women 56 kg			
Squat	102.5    S. Rouse          2004		
Bench	52.5    S. Rouse          2004		
Deadlift	117.5    S. Rouse          2004		
Total	272.5    S. Rouse          2004		
Women 60 kg			
Squat	105.0    S. Rouse          2006	75.0    Gail McCarty    WM    2011	
Bench	57.5    S. Rouse          2006	42.5    Gail McCarty    WM    2011	
Deadlift	126.0    S. Rouse          2006	95.0    Gail McCarty    WM    2011	
Total	288.5    S. Rouse          2006	212.5    Gail McCarty    WM    2011	
Women 67.5 kg			
Squat	95.0    C. Walker    AC    2009	105.0    Cloninger          1999	
Bench	57.5    Compton          1998	50.0    Cloninger          1999	
Deadlift	105.0    C. Walker    US    2009	127.5    Cloninger          1999	
Total	227.5    Compton          1998	282.5    Cloninger          1999	
Women 75 kg			
Squat			
Bench			
Deadlift			
Total			
Women 82.5 kg			
Squat			
Bench			
Deadlift			
Total			
Women 90 kg			
Squat			
Bench			
Deadlift			
Total			
Women 90+ kg			
Squat			
Bench			
Deadlift			
Total			

# WUAP-USA - EQUIPPED Powerlifting - Women

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