



# WUAP-USA - Raw Powerlifting - Women



Women	Open	T 13-15	T16-17	T18-19	JUNIOR	SUB	M40-44	M45-49	M50-54	M55-59	M60-64	M65-69	M70-74	M75-79	M80+
<b>44 kg*</b>	<b>Squat</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>48 kg</b>	<b>Squat</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>52 kg</b>	<b>Squat</b>	107.5	0.0	0.0	70.0	62.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	57.5	0.0	0.0	47.5	45.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	125.0	0.0	0.0	115.0	100.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	277.5	0.0	0.0	232.5	207.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>56 kg</b>	<b>Squat</b>	112.5	0.0	0.0	92.5	87.5	85.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	60.0	0.0	0.0	57.5	60.0	60.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	140.0	0.0	0.0	125.0	137.5	122.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	295.0	0.0	0.0	275.0	285.0	275.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>60 kg</b>	<b>Squat</b>	122.5	0.0	0.0	0.0	122.5	120.0	110.0	0.0	55.0	65.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	72.5	0.0	0.0	0.0	72.5	67.5	62.5	0.0	42.5	55.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	137.5	0.0	0.0	0.0	145.0	142.5	130.0	0.0	110.0	115.0	0.0	0.0	0.0	0.0
	<b>Total</b>	332.5	0.0	0.0	0.0	332.5	330.0	300.0	0.0	207.5	235.0	0.0	0.0	0.0	0.0
<b>67.5 kg</b>	<b>Squat</b>	150.0	0.0	100.0	117.5	130.0	95.0	75.0	125.0	137.5	125.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	90.0	0.0	35.0	70.0	72.5	52.5	55.0	75.0	82.5	70.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	182.5	0.0	100.0	157.5	150.0	145.0	115.0	152.5	152.5	165.0	0.0	0.0	0.0	0.0
	<b>Total</b>	405.0	0.0	227.5	347.5	352.5	292.5	245.0	347.5	365.0	357.5	0.0	0.0	0.0	0.0
<b>75 kg</b>	<b>Squat</b>	182.5	0.0	102.5	135.0	127.5	130.0	0.0	182.5	55.0	92.5	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	102.5	0.0	55.0	60.0	67.5	77.5	0.0	102.5	42.5	47.5	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	185.0	0.0	122.5	142.5	150.0	140.0	0.0	185.0	110.0	137.5	0.0	0.0	0.0	0.0
	<b>Total</b>	465.0	0.0	272.5	337.5	345.0	347.5	0.0	465.0	207.5	257.5	0.0	0.0	0.0	0.0
<b>82.5 kg</b>	<b>Squat</b>	167.5	0.0	0.0	0.0	152.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	100.0	0.0	0.0	0.0	70.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	190.0	0.0	0.0	0.0	175.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	442.5	0.0	0.0	0.0	365.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>90 kg</b>	<b>Squat</b>	160.0	0.0	0.0	0.0	137.5	150.0	142.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	105.0	0.0	0.0	0.0	75.0	65.0	82.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	197.5	0.0	0.0	0.0	150.0	150.0	190.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	462.5	0.0	0.0	0.0	362.5	365.0	415.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>90+ kg</b>	<b>Squat</b>	167.5	0.0	0.0	0.0	102.5	142.5	122.5	92.5	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Benchpress</b>	107.5	0.0	0.0	0.0	67.5	85.0	107.5	77.5	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Deadlift</b>	200.0	0.0	0.0	0.0	147.5	185.0	145.0	135.0	0.0	0.0	0.0	0.0	0.0	0.0
	<b>Total</b>	475.0	0.0	0.0	0.0	317.5	412.5	375.0	305.0	0.0	0.0	0.0	0.0	0.0	0.0

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Women 44 kg*	Open																			
	Squat																			
	Bench																			
	Deadlift																			
	Total																			
Women 48 kg	Open																			
	Squat																			
	Bench																			
	Deadlift																			
	Total																			
Women 52 kg	Open																			
	Squat	107.5	Meagan O'Connor	WO	2018															
	Bench	57.5	Meagan O'Connor	WO	2018															
	Deadlift	125.0	Jennifer Hylton	US	2016															
	Total	277.5	Jennifer Hylton	US	2016															
Women 56 kg	Open																			
	Squat	112.5	Brittany Warner	WO	2017	85.0	Tisha Tilman	WO	2017	87.5	Kirstyn Kurowski	US	2017							
	Bench	60.0	Bonnie Schroeder	AC	2014	60.0	Tisha Tilman	WO	2017	60.0	Kirstyn Kurowski	US	2017							
	Deadlift	140.0	Becky Pyszka	US	2016	122.5	Tisha Tilman	WO	2017	137.5	Kirstyn Kurowski	US	2017							
	Total	295.0	Bonnie Schroeder	AC	2014	275.0	Tisha Tilman	WO	2017	285.0	Kirstyn Kurowski	US	2017							
Women 60 kg	Open																			
	Squat	122.5	Leah Foss	AC	2014	120.0	Candice Fillpot	WO	2017	122.5	Leah Foss	AC	2014							
	Bench	72.5	Leah Foss	AC	2014	67.5	Candice Fillpot	WO	2017	72.5	Leah Foss	AC	2014							
	Deadlift	137.5	Leah Foss	AC	2014	142.5	Candice Fillpot	WO	2017	145.0	Kayla Kurowski	US	2017							
	Total	332.5	Leah Foss	AC	2014	330.0	Candice Fillpot	WO	2017	332.5	Leah Foss	AC	2014							
Women 67.5 kg	Open																			
	Squat	150.0	Stephanie Chandler	WO	2016	95.0	Carla Green	US	2018	130.0	Katie Trombetta	US	2013							
	Bench	90.0	Lakia Albright	WO	2014	52.5	Lauri Brown	WO	2018	72.5	Katie Trombetta	US	2013							
	Deadlift	182.5	Stephanie Chandler	WO	2016	145.0	Carla Green	US	2018	150.0	Katie Trombetta	US	2013							
	Total	405.0	Stephanie Chandler	WO	2016	292.5	Carla Green	US	2018	352.5	Katie Trombetta	US	2013							
Women 75 kg	Open																			
	Squat	182.5	Buffy Gordon	WM	2015	130.0	Kelli Huber	US	2018	127.5	J. Moushon	WM	2015							
	Bench	102.5	Buffy Gordon	AC	2014	77.5	Kelli Huber	US	2018	67.5	J. Moushon	WM	2015							
	Deadlift	185.0	Buffy Gordon	WM	2015	140.0	Kelli Huber	US	2018	150.0	J. Moushon	WM	2015							
	Total	465.0	Buffy Gordon	WM	2015	347.5	Kelli Huber	US	2018	345.0	J. Moushon	WM	2015							
Women 82.5 kg	Open																			
	Squat	167.5	Jasmine Aron	US	2018					152.5	Joanna Dunleavy	IF	2017							
	Bench	100.0	Jasmine Aron	US	2018					70.0	Randi Lumb	WO	2015							
	Deadlift	190.0	Stephanie Chandler	WO	2017					175.0	Randi Lumb	US	2015							
	Total	442.5	Jasmine Aron	US	2018					365.0	Randi Lumb	US	2015							
Women 90 kg	Open																			
	Squat	160.0	Nicole Fox	US	2017	150.0	Raeann Pemberton	WO	2015	137.5	Allie Spencer	WO	2017							
	Bench	105.0	Nicole Fox	US	2017	65.0	Raeann Pemberton	WO	2015	75.0	Allie Spencer	WO	2017							
	Deadlift	197.5	Nicole Fox	US	2017	150.0	Raeann Pemberton	WO	2015	150.0	Allie Spencer	WO	2017							
	Total	462.5	Nicole Fox	US	2017	365.0	Raeann Pemberton	WO	2015	362.5	Allie Spencer	WO	2017							
Women 90+ kg	Open																			
	Squat	167.5	E. Golaszowski	US	2017	142.5	Nicole Clark	WO	2017	102.5	Kylee Barnes	WO	2014							
	Bench	107.5	Tressie Vance	AC	2012	85.0	Tracy Niehaus	IF	2017	67.5	Kylee Barnes	US	2013							
	Deadlift	200.0	Vanessa Hearn	WM	2015	185.0	Nicole Clark	WO	2017	147.5	Kylee Barnes	AC	2013							
	Total	437.5	Vanessa Hearn	WM	2015	405.0	Nicole Clark	WO	2017	312.5	Kylee Barnes	AC	2013							

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Women 44 kg*	T13-15*	T16-17	T18-19
Squat			
Bench			
Deadlift			
Total			
Women 48 kg	T13-15*	T16-17	T18-19
Squat			
Bench			
Deadlift			
Total			
Women 52 kg	T13-15*	T16-17	T18-19
Squat			70.0
Bench			Kirstyn Kurowski
Deadlift			WM
Total			2016
			47.5
			Kirstyn Kurowski
			WM
			2016
			115.0
			Kirstyn Kurowski
			WM
			2016
			232.5
			Kirstyn Kurowski
			WM
			2016
Women 56 kg	T13-15*	T16-17	T18-19
Squat			92.5
Bench			Kayla Kurowski
Deadlift			IF
Total			2016
			57.5
			Kayla Kurowski
			IF
			2016
			125.0
			Kayla Kurowski
			IF
			2016
			275.0
			Kayla Kurowski
			IF
			2016
Women 60 kg	T13-15*	T16-17	T18-19
Squat			
Bench			
Deadlift			
Total			
Women 67.5 kg	T13-15*	T16-17	T18-19
Squat		100.0	Jessica Moushon
Bench		Sammie Gordon	US
Deadlift		AC	2014
Total		2014	
		35.0	Jessica Moushon
		Sammie Gordon	US
		AC	2014
		2014	
		100.0	Jessica Moushon
		Sammie Gordon	US
		AC	2014
		2014	
		227.5	Jessica Moushon
		Sammie Gordon	US
		AC	2014
		2014	
		347.5	Jessica Moushon
			US
			2014
Women 75 kg	T13-15*	T16-17	T18-19
Squat		102.5	Jamie Holmberg
Bench		Samantha Gordon	IF
Deadlift		WM	2017
Total		2015	
		55.0	Jamie Holmberg
		Samantha Gordon	IF
		WM	2017
		2015	
		122.5	Jamie Holmberg
		Samantha Gordon	IF
		WM	2017
		2015	
		272.5	Jamie Holmberg
		Samantha Gordon	IF
		WM	2017
		2015	
		337.5	Jamie Holmberg
			IF
			2017
Women 82.5 kg	T13-15*	T16-17	T18-19
Squat			
Bench			
Deadlift			
Total			
Women 90 kg	T13-15*	T16-17	T18-19
Squat			
Bench			
Deadlift			
Total			
Women 90+ kg	T13-15*	T16-17	T18-19
Squat			
Bench			
Deadlift			
Total			

no longer competed

WUAP-USA - Raw Powerlifting - Women

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Women 44 kg*	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 48 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 52 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 56 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 60 kg	M40-44				M45-49				M50-54				
	Squat	110.0	Tisha Tilman	WO	2018					55.0	Debbie Hawkins	IF	2016
	Bench	62.5	Tisha Tilman	US	2018					42.5	Debbie Hawkins	IF	2016
	Deadlift	130.0	Tisha Tilman	WO	2018					110.0	Debbie Hawkins	IF	2016
	Total	300.0	Tisha Tilman	WO	2018					207.5	Debbie Hawkins	IF	2016
Women 67.5 kg	M40-44				M45-49				M50-54				
	Squat	75.0	Tara Helenthal	IF	2016	125.0	Michelle Moodie	AC	2013	137.5	Jean Burgland	US	2015
	Bench	55.0	Tara Helenthal	IF	2016	75.0	Michelle Moodie	AC	2013	82.5	Jean Burgland	US	2015
	Deadlift	115.0	Tara Helenthal	IF	2016	152.5	Michelle Moodie	AC	2013	152.5	Jean Burgland	WM	2015
	Total	245.0	Tara Helenthal	IF	2016	347.5	Michelle Moodie	AC	2013	365.0	Jean Burgland	US	2015
Women 75 kg	M40-44				M45-49				M50-54				
	Squat				182.5	Buffy Gordon	WM	2015					
	Bench				102.5	Buffy Gordon	AC	2014					
	Deadlift				185.0	Buffy Gordon	WM	2015					
	Total				465.0	Buffy Gordon	WM	2015					
Women 82.5 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 90 kg	M40-44				M45-49				M50-54				
	Squat	142.5	Tabitha Anderson	NWHO	2018								
	Bench	82.5	Tabitha Anderson	NWHO	2018								
	Deadlift	190.0	Tabitha Anderson	NWHO	2018								
	Total	415.0	Tabitha Anderson	NWHO	2018								
Women 90+ kg	M40-44				M45-49				M50-54				
	Squat	122.5	Tressie Vance	AC	2012	92.5	Shelly Hoefler	US	2013				
	Bench	107.5	Tressie Vance	AC	2012	77.5	Shelly Hoefler	US	2013				
	Deadlift	145.0	Tressie Vance	Ac	2012	135.0	Shelly Hoefler	AC	2013				
	Total	375.0	Tressie Vance	AC	2012	300.0	Shelly Hoefler	US	2013				

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# WUAP-USA - Raw Powerlifting - Women

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