Birds = N’Peshawog
(Nuh-pesh-uh-wog)
Watch Tomaquag’s Animated Version:
https://youtu.be/pBdJZyz4zhM
Birds are an important food source.

Turkey
Goose
Duck
Quail
Partridge
Grouse
Ptarmigan
Eggs

Here’s a recipe you can try!
Turkey or Chicken Sobaheg
Here’s a cool fact!

Did you know turkeys originated in North America?

The Spanish introduced it to Europe where it spread rapidly. Early colonists brought it back to Eastern North America where it interbred with our wild turkeys and thus became the turkey we eat today!
Turkey Feather Mantles were worn by children and adults in the winter as they are very warm. Here is an example currently on display at the Mashantucket Pequot Museum in Connecticut.

Learn more about feather mantles:
http://woodlandindianedu.com/feathermantlecloakcape.html
http://www.nativetech.org/feather/.wrap/fethwrap.html
Feathers are a part of our regalia. Regalia not only represents each unique dancer, but also their history, family and culture. It’s not a costume (something you dress up in and pretend to be someone else). It is a significant part of who we are.
Feathers are utilized for ceremony, prayer, healing, honorings, and traditional dance.

Feathers must always be treated with the utmost respect and care.
Here are a few links to some different traditional bird dance styles from all over Turtle Island…

Hopi eagle dance
https://youtu.be/VrLZt4SJ9Qo

Women’s fancy crop hop
https://youtu.be/Us3BnyWaSYs

About Traditional Bird Songs of the Agua Caliente Band of Cahuilla Indians
https://youtu.be/d_Z9wSMNkA0

Ladies Bird Dance
https://youtu.be/_Zx_HBbHZFY

World Chicken Dance Championships
https://youtu.be/6V8YDAKKe8c

Robin Dance
https://youtu.be/r_ZCXfxboWA
Being gifted a feather is one of the greatest honors you can receive. It signifies a great accomplishment and bestows a blessing on the receiver.


https://www.narf.org/cases/graduation/
Learn More about Feather Wrapping traditions…

http://www.nativetech.org/feather-wrap/fethwrap.html

Advanced resources:
https://www.powwows.com/straightening-and-trimming-feathers/
https://www.powwows.com/how-to-do-threadwork-on-feathers/
Click Link for Feather Wrapping Instructional Video:

https://youtu.be/tmf7nKTPjpk

See next slide for list of materials needed for this craft.
Materials you will need:

Feather
Clear Glue
Tape
Yarn (or embroidery thread for older kids)
scissors

optional:
Toothpick for spreading glue
Clothes Pin for holding
More Fun Crafts To Try!

https://www.redtedart.com/easy-origami-bird-for-kids/

https://www.redtedart.com/easy-bird-finger-puppet-origami/

Some cool facts about Origami…https://mocomi.com/origami/

For more Traditional Bird Stories visit…

http://www.native-languages.org/legends-bird.htm
Books by Indigenous Authors to Check Out!

By Barbara and Ethan Atwater, Dena’ina

By Nadia Sammurtok, Inuit

By Richard Van Camp, Tlicho (Dogrib) Nation
https://www.leeandlow.com/books/a-man-called-raven

By Suzie Napayok-Short, Inuit
https://inhabitbooks.com/collections/all-books/products/in9781772270259