

BREAKFAST MENU 9-12

HEALTHY & WHOLESOME: £4.50

Home made granola (oats, almonds sunflower seeds, walnuts, pecans)
topped with natural yogurt / honey and
seasonal fruits.

K-BAY BREAKFAST: £7.00 (SERVED ALL DAY)

Locally sourced traditional English fry up.
eggs, bacon, sausage, beans, toms & mushrooms.

THE CALI BREAKFAST: £6.95

Fried/scrambled eggs, avocado, feta cheese, fresh salad, olives,
toasted sourdough.

SCRAMBLED EGGS ON SOURDOUGH: £5.50

Add smoked salmon: £2.00

SAUTEED MUSHROOM ON TOAST: £4.95

Pan fried buttered mushrooms chopped and served on sourdough.

TOAST + PRESERVES: £2.80

Toasted sourdough served with butter and your choice of jams,
marmalade or marmite.

BREAKFAST BAPS : £3.95

Fresh ciabatta rolls
egg
or sausage
or bacon
Add combo extra £1.00

CLASSIC CHICKEN CAESAR SALAD: £6.95

Free range chicken breast, lettuce, home made croutons, freshly
grated parmesan & crispy prosciutto.
Tossed in Caesar dressing

HALLOUMI SALAD: £6.95

Pan fried mushrooms, cherry toms, roasted peppers, lettuce, red
onions, topped with pan fried halloumi and sunny side egg.

CLUB SANDWICH: £5.75

Toasted bread of the day topped with lettuce, toms, chicken
breast, bacon and mayo. Served with slaw and nachos.

TUNA MELT: £4.95

A fresh mix of tuna, sweet corn & grated cheese melted on
toasted sourdough.

LUNCH MENU 12-4

PLEASE CHECK BOARD FOR SPECIALS

SANDWICHES 12 – 4

**ALL SANDWICHES WILL BE SERVED WITH
OUR FRESH BREAD OF THE DAY**

MEDITERRANEAN: £4.95

Grilled halloumi, roasted veg, pickles & lettuce.

ITALIAN: £4.95

Baby mozzarella, pesto, roasted peppers & rocket.

NEW YORKER: £4.95

Pastrami, ham, cheese, mustard, lettuce & toms.

BLT: £4.95

Smoked bacon, lettuce, toms & mayo.

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| COFFEE / HOT | SMOOTHIES £3.50 |
|---|--|
| <p>RISTRETTO £2.20</p> <p>ESPRESSO £2.20</p> <p>AMERICANO £2.40</p> <p>MACCHIATO £2.40</p> <p>CAPPUCCINO £2.50</p> <p>FLAT WHITE £2.50</p> <p>LATTE £2.50</p> <p>MOCHA £2.60</p> <p>AFFOGATO £2.60</p> <p>CLASSIC HOT CHOC £2.50</p> <p>DELUXE HOT CHOC £2.80</p> <p>ICED LATTE £2.75 / £2.95</p> <p>OPTIONS 30p</p> <p>SOY MILK ALMOND MILK COCONUT MILK</p> <p>VANILLA SYRUP HAZELNUT SYRUP CARAMEL SYRUP</p> | <p><u>GOLD COAST</u></p> <p>STRAWBERRY, PEACH, PAPAYA</p> <p><u>PIPELINE PUNCH</u></p> <p>PINEAPPLE, MANGO, PAPAYA</p> <p><u>SOUTHWEST COOLER</u></p> <p>BLACKBERRY, BLACK CURRENT, BLUEBERRY AND BANANA</p> <p><u>GREEN REVIVER</u></p> <p>BANANA, KALE, MANGO, LEMONGRASS</p> <p><u>ACAI KICK</u></p> <p>STRAWBERRY, MANGO, BLUEBERRY, ACAI</p> <p>*All smoothies are made to order and contain apple juice.</p> |
| <p>TEA</p> <p>SURF BREW LOOSE TEA LEAVES</p> | <p>SHAKES £3.50</p> |
| <p>MINT £2.50</p> <p>EARL GREY £2.50</p> <p>FRUIT £2.50</p> <p>ROOIBOS £2.50</p> <p>LEMON & GINGER £2.50</p> <p>GREEN £2.50</p> <p>JASMINE £2.50</p> <p>CAMOMILE £2.50</p> | <p><u>CHOCOLATE HEAVEN</u></p> <p>CHOCOLATE CHIP, CHOCOLATE ICE-CREAM AND FRESH MILK</p> <p><u>TOFFEE MILK</u></p> <p>TOFFEE FUDGE, TOFFEE ICE CREAM AND FRESH MILK</p> <p><u>BANANA YOGI</u></p> <p>BANANAS, FROZEN YOGHURT AND FRESH MILK</p> <p><u>STRAWBERRY MILK</u></p> <p>STRAWBERRIES, FROZEN YOGHURT AND FRESH MILK</p> <p>Selection of cold drinks in cabinet at till.</p> |