Revive & Thrive Project provides nutritious, home-delivered meals to individuals facing serious illness in greater Grand Rapids, Michigan. Healthy meals are provided for up to 24 weeks to community members who are affected by cancer, organ transplant, heart failure, and other critical illnesses.

MARCH 2024 BY THE NUMBERS

- **1,568** healthy meals served
- **140** home deliveries completed
- **449** total volunteer hours contributed
- **99** people served
- **28%** senior citizens over 60
- **22%** children under 18

PRIMARY DIAGNOSES AMONG MEAL RECIPIENTS:

- **55%** Cancer
- **27%** Diabetes
- **8%** Major Surgery
- **5%** Congestive Heart Failure
- **5%** Other (COPD, Heart Disease)
- **18%** Multiple Chronic Conditions
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**2024 IMPACT TO DATE**

- 5,094 healthy meals served
- 163 people served
- 474 home deliveries completed
- 29 teen chefs
- 1,220 total volunteer hours contributed
- 287 teen volunteer hours

**ALL-TIME IMPACT SINCE 2015**

- 1,211 people served
- 74,497 healthy meals served
- 22,450+ volunteer hours contributed
TREMENDOUS TEEN CHEFS!

To date in 2024, Revive & Thrive has welcomed **29 teen chefs** from **11 area high schools** into our kitchen.

We are excited to have already exceeded our total number of teen chef participants compared to 2023. These teen chefs have already volunteered 76% of the total hours contributed in 2023, in just 3 months.

Overall, they have spent 287 hours learning culinary skills, nutrition, teamwork, and job skills while creating thousands of beautiful, healthy meals. We are grateful for all that these teens contribute and learn in the kitchen!

MEAL RECIPIENT THANK-YOU NOTES

"This program is top notch! I am learning all about healthy food and saving money. Revive & Thrive has been very helpful for me and my family."

“Revive & Thrive takes the stress out of eating while going through cancer treatment. I don’t have to worry about what I’m going to cook, and I don’t have to worry about whether I will have the strength to cook.”

“Thank you so much for your kindness! The food is delicious, nutritious, and ready to eat.”