Revive & Thrive Project provides **nutritious, home-delivered meals** to individuals facing serious illness in greater Grand Rapids, Michigan. Healthy meals are provided for up to 24 weeks to community members who are affected by cancer, organ transplant, heart failure, and other critical illnesses. Meals are provided to caregivers and family members as well to reduce stress on the entire family.

**2023 IMPACT REPORT**

<table>
<thead>
<tr>
<th>Healthy meals served</th>
<th>People served</th>
<th>Home deliveries completed</th>
<th>Total volunteer hours contributed</th>
</tr>
</thead>
<tbody>
<tr>
<td>17,765</td>
<td>272</td>
<td>1,743</td>
<td>3,724</td>
</tr>
</tbody>
</table>

**58% INCREASE FROM 2022**

**27% INCREASE FROM 2022**

**CLIENT AGES, INCLUDING FAMILY SERVED**

- 11% children under 18
- 48% adults 18-59
- 41% seniors over 60
**MOST COMMON NUTRITION RISK FACTORS BEFORE MEAL SERVICE**

- 54% - I am not always able to shop or cook for myself.
- 49% - My food intake has declined over the past 3 months due to loss of appetite or inability to prepare meals.
- 44% - My illness changes the type or amount of food I can eat.
- 40% - Without wanting to, I have lost 10 or more pounds in the past 6 months.
- 35% - I eat alone most of the time.

*Diagnoses reported by referring medical personnel or social workers at time of referral submission. Nutrition risk assessments are self-reported by clients at time of enrollment. Clients may have more than one diagnosis and nutrition risk factor.*

**AREAS SERVED**

- Southeast GR: 23.9%
- Kentwood: 14.3%
- Wyoming & Grandville: 13.2%
- Northeast GR: 13.2%
- Westside GR: 10.3%
- Comstock Park: 10.3%
- Downtown GR: 7%
- Other: 7.7%

**ECONOMIC FACTORS**

- $23,500 average household income for all clients
- 61% have low household income*
  *Under 200% of Federal Poverty Guidelines
- 27% are living in poverty**
  **Under 100% of Federal Poverty Guidelines
- 33% report they do not have enough money to buy the food they need

Revive & Thrive Project is a 501(c)3 non-profit organization. 2023 funding partners include:

**REVIVE & THRIVE PROJECT**

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