THE LIST... Early starts

GOOD MORNING.

Struggling to rise with the lark? From COFFEE to NEWSPAPERS, here are a few enlivening items.

By Josh Fehnert Illustrator Saki Obata

In keeping with the design thread in this month's magazine, we've woven a list of first-light delights to see you off to an enjoyable early start. How much sleep you get is the remit of self-help manuals and sleep-timing apps but we've assembled a few more tangible fixes to help you get out of the right side of the bed come 06.00. Clear sightlines to a window and an uncluttered view when you wake are a start but so is an alarm that doesn't actually alarm you and a soft rug for your bare feet. From a coffee grinder to a melodious kettle, here are the products that will help you rise and shine.



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Serene sightlines

OK, so it's more a concept than a specific purchase but make sure the first thing you clap eyes on in the morning is calming; ditch the tangled wires and flashing phone for a start. Move your bed closer to the natural light you have, pop up a picture you adore and invest in a leafy plant to look upon as your eyes open.



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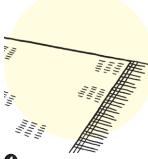
Sound choice

Forget the mechanical bells and irritating arpeggios that our phones come loaded with as alarm tones. Braun's ABR 21 alarm clock and radio hit the right note back in 1978 thanks to designers Dieter Rams and Dietrich Lubs. Das Programm still stocks it too. dasprogramm.org



Cosy toes

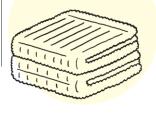
Lostine's chunky rugs are handloomed in Pennsylvania and are hands down (or should we say feet first) a wonderful and fulfilling under-foot delight. A warm-coloured Dinesen oak floor beneath it completes the cosy effect.



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Fluff justice

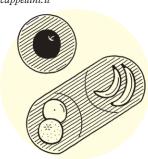
There's plenty of post-shower pep to be derived from these Japanese towels, made using water that flows down the mountains to the city of Imabari for the past 120 years. The collective has marketed itself well over the past few years, meaning these are widely available outside Japan (perhaps at the behest of hoteliers who so often had their own pilfered). imabaritoweljapan.com



5

Bear fruit

French siblings (and latterly design-industry darlings)
Ronan and Erwan Bouroullec teamed up with Milanese firm Cappellini to make this beechwood fruit bowl set in 2001. It's a handy ally when you have to leave in a hurry. cappellini.it



99

Home stretch

Call us contrary but we don't always feel like a run first thing. Clear a space in the house for a morning stretch, a few pressups and even some resistance training. Swedish studio Tingest's cast-iron kettle bells look nicer than most people's home decor. tingest. se



7

Scrub up

It takes 100 hours for Tokyo's Matsuyama to process the additive-free raw materials in this handsomely packaged soap. This long-loved collection – may it never be rebranded – also includes an equally enlivening yuzu-fruit toothpaste to tickle your tastebuds. *matsuyama.co.jp*



8

Read on

We've left you to dress yourself (for tips head to the Fashion pages) but some reading will spur you into action. At our breakfast table we like *The New York Times, Handelsblatt*, the *FT* and on Thursdays, *Die Zeit*. On screen the Monocle Minute goes well with Kalles kaviar and sliced eggs on toast, with Munich's Radio Charivari playing the hits in the background.



Never bean better

This Takumi Shimamura-designed coffee mill has ceramic burrs that don't mar the beans' taste; the minimal look trumps the cumbersome space-wasters that usually pass for grinders. The smell of the beans and mechanical tick of the mechanism are an enviable ritual in any morning routine.



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Drink it in

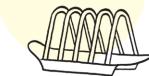
A little bedside libation is necessary for quenching that morning thirst. Norwegian firm Gridy's pastel-hued ceramic carafe comes with an elegant turned-wood top.



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Propose a toast

This boat-shaped stainlesssteel toast rack popped up in the mid-1950s from the bright mind of Brit Robert Welch. It remained a worktop favourite until 1982 but was reissued in a limited batch of 600 to mark its 60th anniversary last year. We're glad it's back and not, well, toast. robertwelch.com





Slick as a whistle

Munich-based designer Richard Sapper dreamed up the iconic 9091 kettle for Italian firm Alessi to supplant the anxiety-inducing sound of an ordinary kettle boiling on the hob. Instead, steam triggers a pleasant melodious tone through the brass whistle attachment on the spout that pipes up whenever the water's boiled. alessi.com



Bowl out

We've agreed to keep the clutter off the bedside table so how about a large bowl in a spot close to the door for all your essentials? If it's empty, you've got the lot and are ready to roll. Predictably enough, Muji's got just the piece for the job. muji.com



1

Take a stand

Getting caught in the rain can be a morning misery but having a brolly stand handy does two things: let's you grab one if needed or let's you appreciate the fact that the weather's clement if not. Either way you're covered. Ours is a 1950s iron and brass number from Vienna, courtesy of Carl Aübock. werkstaette-carlauboeck. at



1

BRIEFING... Shop, read, watch...

ALL THE ESSENTIALS.

Thrilling READS, unmissable SHOPS, hot TRACKS and enticing PRODUCTS.



Retail

I. Biro

Singapore
Brothers Keng How and Kage
Chong (both pictured, Keng on left), founders of menswear
label Biro, have a penchant for
Japanese craftsmanship. Their
new shop is an ever-changing
gallery of products, including
Sueki red-clay ceramic bowls
baked in Tokushima prefecture's
oldest kiln. — ZZ
birocompany.com







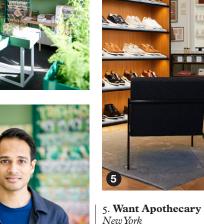


2. Claus Porto Lisbon

Portuguese toiletries brand Claus Porto has marked 130 years in business by opening a flagship shop in an elegant wood-panelled space that was once a pharmacy. Upstairs it stocks its classic art decopackaged soap and scented candles by Lyn Harris; downstairs, clients can get a wet shave and peruse the masculine Musgo Real products. — IC clausporto.com

3. The Space New York

The Space in Brooklyn's artsy Bushwick is a workshop, showroom and incubator for small businesses. Based in a roomy former factory, it is home to a range of brands, including As65 menswear, Ascari Bicycles and Poglia knives among them. Expect pop-ups, installations and even a one-chair barbershop by Russell Manley of Ludlow Blunt. Word to the weekenders: it's closed on Sundays. - CMF thespace-nyc.com



4. Eastern Biological London

Nature lover Alfred Addis (pictured) was wandering through Tokyo when he stumbled on a shop dedicated to Charles Darwin, a find that proved to be the genesis of his own venture in London's Hackney. You won't find any taxidermy here but rather animal-themed screen prints and plant-inspired ceramics (as well as a solid range of educational toys). — CHR easternbiological.co.uk



Booked in

We're often told that print is imperiled but firms such as Yabu Pushelberg (below) are part of a wave of design studios seizing on the medium's prestigious associations to create brand books that aren't boring rehashes of past projects. It's an opportunity to work with likeminded collaborators and tell a few good stories at the same time - an editorial take that many could learn from. - JAF

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The affable Canadians behind

Want Les Essentiels de la Vie -

it's more of an apothecary, albeit

out for the likes of Acne Studios

alongside Byredo Parfums and

a rather chic one with designer

clothing and ointments. Look

and Les Essentiels (bien sûr)

Cosmetics 27. — EIS

6. Iittala and Arabia

This revamped retail space

unites two of Finland's oldest

and best-loved brands: Iittala

started life as a glass factory in

the village of the same name in

wantapothecary.com

Design Centre

Helsinki



Books

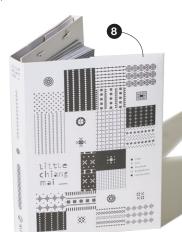
7. Taste Yabu Pushelberg

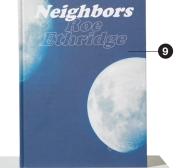
Design firm Yabu Pushelberg explores concepts with equally enthusiastic contributors in a hardback, linen-bound magazine format. The debut issue explores "transformation", while the second issue unpacks the concept of "taste" in essays and imagery. — TR yabupushelberg.com

8. Little Chiang Mai

Rabbithood Studio This crafty travel guide (backed by Thailand's Tourism Authority) offers five booklets from Chiang Mai design studio Rabbithood. It advises on







bookshops, museums, running routes, restaurants and hidden treasures within this artsy city. The blurbs are in Thai for now but a full translation is slated for this year. — DK rabbithood studio.com

9. Neighbors

Roe Ethridge If you missed Ethridge's vivacious exhibition in Cincinnati's Contemporary Art Center, here's a conciliatory keepsake. Published by Mack, this handsome hardback shows the celebrated commercial snapper's work, from its most cerebral to its most tongue-incheek (a pissing pig takes the bacon in this regard). — JAF mackbooks.co.uk

10. Lost Futures: The **Disappearing Architecture** of Post-War Britain

Owen Hopkins Not just another revisionist romp through our modish admiration for concrete but a closer look at the ambition and ideals that underpinned postwar British architecture. This is a lively lament for a few toougly-to-last structures and an informed eve on the importance of those that still stand. — JAF shop.royalacademy.org.uk



11. A Luxury we Must Afford Edited by Christine Chia, Joshua Ip and Cheryl Julia Lee Late Singaporean prime minister Lee Kuan Yew called poetry a luxury that his fledgling nation couldn't afford back

in 1969 but the past few years have seen its poets speak out in a bold, lyrical and lively rebuke. This is the best-of from the city-state's wittiest wordsmiths. - JAF booksactuallyshop.com

12. Eating With The Eyes Harry Pearce

Pentagram parishioner Harry Pearce brings together snaps that show texture and charm in the oddest of places (pockmarked walls, mops leaning on tree trunks and windows left atmospherically ajar). Flick through for a poignant but ultimately uplifting series that captures the often-overlooked minutiae of our everyday surroundings. — LXL uniteditions.com

13. Pan Am: History, Design and Identity

Edited by MC Hühne The latest from Berlin's Callisto Publishers is a retrospective of the US carrier rendered in a paving-slab-sized compendium and beautifully branded carrycase. The spreads do much to

show the impact of the iconic airline's timeless designs. — JAF callisto-publishers.com

Math Paper Press

publishes Singapore's

finest poetry

14. Arabic for Designers Mourad Boutros

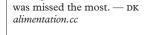
Much of what font designer Mourad Boutros had seen from western firms trying to tackle the Arab market irked him. Consider this an introduction to the craft of calligraphy and subtlety of Arabic type design, and the importance of keeping lines of communication clear across borders. - JAF thamesandhudson.com

15. Birds Art Life Death Kvo Maclear

Toronto-based children's writer Kyo Maclear draws on her own life in this intimate novel on art and nature. The narrator follows a musician with a passion for twitching before falling for his hobby and finding a new source of inspiration. — BC 4thestate.co.uk

16. Ireland versus Israel

Raymond Watson In an attempt to draw lessons from the hardships endured in these seemingly unrelated nations, artist Raymond Watson talked to 20 Israeli artists who completed residencies in Ireland. The interviews touch



on topics as diverse as torture

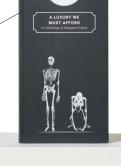
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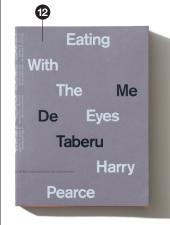
17. Art Record Covers

Edited by Julius Wiedemann and Francesco Spampinato Music is one tower, art the other; the album cover is the high wire between the two, on which Taschen's Brazilian whizz Julius Wiedemann deftly walks. All classics accounted for here. - RB taschen.com











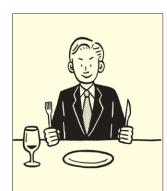
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18. HDB Homes of Singapore Keyaskimos and Tomohisa Miyauchi

Here's another outsized book with a weight that could kill the cat. This one paints a revealing portrait of homes in Singapore's ubiquitous HDB tower blocks. Japanese photographers Kevaskimos and Tomohisa Miyauchi peer into a usually closed world of oddity with intimacy and charm. - JAF booksactuallyshop.com



What the fork?

David Mellor is known for its cutlery and is now opening its first London shop in nearly 50 years. It's a far cry from the shiny glass-and-steel look of its flagship in Sloane Square; fans can expect a more homespun feel from the Edwardian-era dairy it has come to occupy. The New Cavendish Street shop opened in April and among the classics is a rather fetching new collection of rosewoodhandle knives. - DK davidmellordesign.com

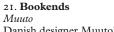


19. Skincare

Alex Carro Cosmetics firms are known for making bold claims but Alex Carro's Barcelona-made beauties let the quiet confidence of tasteful design do the talking. This thoughtful look comes courtesy of designer Andrew Trotter (he's also the editor of Openhouse magazine). — JAF alexcarro.com

20. Textiles

Chiarastella Cattana A career in fashion convinced Venice-based Chiarastella Cattana of her love for textiles but also of the need to swap the breakneck speed of seasonal collections for a slower way of working with materials. Her cotton tablecloths and towels are woven in South Tyrol and the geometric patterns are inspired by recollections of Venetian streets and architecture. — CHR chiarastellacattana.com



Muuto Danish designer Muuto's Compile bookends stay



steady under titles of any size. Designed by Cecilie Manz, the pieces come in a choice of brass, aluminium or stainless steel. - IKE muuto.com 22. Skincare Heath

These British-made beauties form part of a new five-product range. The facewash features black lava and charcoal (not those plastic beads that are causing such trouble) and the hair and bodywash is a freshsmelling affair. — IAF heathcote-ivory.com

23. Glasses

Crane × Toyo-Sasaki Glass UK cookware specialist Crane has looked beyond Europe (its usual manufacturing fallback for sturdy pans) by teaming up with Japanese glass master Toyo-Sasaki. These refined and beautifully made stacking tumblers add up to a successful first

collaboration. — JAF cranecookware.com

24. Bookends

Matter Made Designed by New York duo Visibility for the Matter Made shop, the minimalist cast-iron bookends will bring some order to your shelves. They are part of the Kyuzo collection of desk and home accessories, which are all similarly streamlined. — CMF mattermatters.us

25. Room frangrance and body soap

Marie Stella Maris Patrick Munster, former coowner of Dutch fashion brand Scotch & Soda, teamed up with partner Carel Neuberg in 2011 to address water pollution. The Marie Stella Maris line followed: the room spray, body oil and soap are made in Sweden and each item sold yields a €1 charity donation. — CHR marie-stella-maris.com





26. Ceramic set

Yixing Ceramics Extracted from the soil of the Jiangsu province in eastern China, rich Zisha clay gives this set its deep hue. Jugs, jars, plates and bowls are designed by London-based Christopher Jenner and handmade using century-old techniques. — CHR yixingceramics.com

27. Fireplace tools

Pretziada Born as a journalistic project to collect stories of the Italian island of Sardinia, Pretziada soon morphed into a network of designers who revisit traditional products. Milanese-Californian couple Ivano Atzori and Kyre Chenven run the brand from the rural area of Sulcis and for this fireplace set they called on Parisian designer Ambroise Maggiar to rethink antique tools. The brush, shovel and tongs are welded from iron in their Cagliari workshop. — CHR pretziada.com

28. Stove-top espresso maker *Eppicotispai*

The stove-top Gemini Express may not be new but it's now available from the Moma Store. We've paired it with a Jansen + Co cup to show you how it's done. — DK eppicotispai.it; ansenco.nl



The Handmaiden

Director: Park Chan Wook There is more gorgeousness than gore in this latest from the shock-happy South Korean auteur. Part crime caper and part sexual odyssey, the handmaiden in question is sent to strip an heiress... of her fortune. But keep an eve out: stripping is just the start of it. A strange, compelling and stunning study of love against the oddest of odds. — RB



Mindhorn Director: Sean Foley

Julian "Mighty Boosh" Barratt is Richard Thorncroft, a has-been actor best known for playing Mindhorn, a television detective who, thanks to a robotic eve, can see the truth. Of course, it almost goes without saying that Thorncroft stumbles into a potentially career-rescuing real-life hostage drama. Barratt is masterful, the script tight and the jokes quotable. — RB

Music



The Ecstatic Music of Alice Coltrane Turiyasangitananda Alice Coltrane

When husband John Coltrane died, Alice created an ashram to record this exquisite album. - RB



Around Félicité

Kasai Allstars

This Congolese collective cut a wonderfully wild soundtrack to the film about their unlikely rise to stardom. — RB



A Million Things

Rohey Spotless Norwegian jazz with a whole lot of pop get-upand-go. The summer starts here, venner! - RB



Al Jamilat

Yasmine Hamdan Hamdan's career hits another high spot on one of the albums of the year – and we interview her on page 148. — RB