

Jikoji Zen Center - Rohatsu Sesshin Schedule 2017

What is Rohatsu?

Rohatsu is Japanese for "December 8," which marks the morning Buddha achieved realization. Every year, we have the same chance.

Silence is the watchword of Rohatsu sesshin. It gets easier with each passing period of zazen.

Roles and tasks are an important and fun part of sesshin experience. Making coffee, building a fire, sounding bells, kitchen crew - a signup sheet will be passed around and we invite you to join in!

Oryoki Instruction will be available. Details will be announced at orientation.

Mobile service at Jikoji is limited to text messages; there is no mobile phone reception for calls. A landline phone is available in our office for making and receiving calls; we ask that you please keep phone use to what's truly necessary.

Wi-Fi service is available via a "Guest" network. No password is required. Here too, in the spirit of silence, we ask that device usage be kept to a discreet minimum.

Sunday 03 December

4:00 PM Registration Begins

6:00 PM Dinner

6:45 PM Clean-Up

7:20 PM Zazen

7:50 PM Kinhin

8:00 PM Zazen

8:30 PM Opening Remarks

9:00 PM Nine bows

Monday 04 - Saturday 09

5:00 AM Wake-up Bell

5:30 AM Zazen

6:10 AM Kinhin

6:20 AM Zazen

7:00 AM Kinhin

7:10 AM Breakfast

8:00 AM Soji

8:20 AM Bell rings to end soji

9:10 AM Zazen

9:50 AM Kinhin

10:00 AM Zazen

10:30 AM Outdoor Kinhin or Zazen

11:10 AM Zazen

11:50 AM Kinhin

12:00 PM Lunch

2:00 PM Zazen

2:40 PM Kinhin

2:50 PM Zazen

3:20 PM Outdoor Kinhin or Zazen

4:10 PM Zazen

4:50 PM Kinhin

5:00 PM Zazen

5:30 PM Kinhin

5:40 PM Dinner

7:30 PM Zazen

8:10 PM Kinhin

8:20 PM Zazen

8:50 PM Nine bows

Sunday 10 December

5:00 AM Wake-up Bell

5:30 AM Zazen

6:10 AM Kinhin

6:20 AM Zazen

6:50 AM Service

7:10 AM Breakfast

8:00 AM Closing remarks in zendo

8:30 AM Cleanup

9:40 AM Outdoor Kinhin

10:00 AM Zazen

10:40 AM Kinhin

10:50 AM Zazen

11:30 AM Service

11:40 AM Dharma Talk

12:30 PM Social Lunch

Need any help?

As we are observing silence, please try to communicate via notes when possible. Paper, pens, and a corkboard are available in the Community Building.

For questions regarding practice:
Practice Leader: Doug Jacobson

For infrastructure needs:
Work leader: Hogan Martin

For questions regarding meals:
Tenzo: Nico Detourn

For questions regarding rooms:
Shika: Michael Petersen