

JESUIT TRACK & FIELD 2017

Track Coaches Meeting #1

Tuesday Feb 7, 2017 – Rm 54 - @ 4:00 pm

1. MEETING GOALS
 - Coaching Contracts (all have been requested)
 - Coaches Roles (See Updated Coaches Handbook)
 - Athletic Recruitment (update and any missed/names to add to list?)

Topics for Next Meeting

- Sign up meeting/planning/ roles
- Facility Use
- Coaches who need a locker?
- Warm up Routine Review/Training schedules
- First 3 Weeks of Practice
- Group A v Frosh Sprint Group (Frosh Testing...100/12 min run)

2. GOALS FOR 2017
 - **“PROUD TO BE A JESUIT TRACK & FIELD ATHLETE...PART OF THE TRADITION”**
 - Roster accuracy
 - Program Depth.....8 deep....ALL EVENTS
 - Organized and Prepared
 - Develop website presence with our Tradition on display (a.net doesn't do it)
 - Finalize Equipment Order.

3. COACHES HANDBOOK.....TOTALLY REVISED FOR 2017.....WE WILL REVIEW IT

4. SEASON PREPARATION ROLES

- Training Schedules Due next week 2/14
- Recruiting Plan
 - Signs posted (All coaches)
 - Written Announcement (T. Roth)
 - Spoken Announcements (T. Roth)
 - Website/emails (Martha)
 - PE Teachers Announce (Davies)
 - Letters out- (T. Roth /Davies/Barry Counseling Assist on Tues Feb 14th – 6th period).
(Barry please arrange for a student to be available to help)

5. NEXT MEETING – Tuesday Feb 14th @ 4:00 in Rm 54.

KEY DATES:

OTHER IMPORTANT DATES TO PUT ON CALENDAR/BE AWARE OF

- Saturday Feb. 11th - 6 pm Winter 3k @ Nike
- Tuesday Feb 14th - Freshman Invitation Letters Distribution
- Tuesday February 14th - Jesuit Track Coaches Meeting #2
- Wed Feb. 15th - 2:30 pm OFFICIAL TRACK SIGN UP MEETING
- Monday Feb 27th - 3 pm 1ST OFFICIAL OUTDOOR TRACK PRACTICE