

How Advance Directives and Physician Orders for Life-Sustaining Treatment (POLST) Compare

	ADVANCE DIRECTIVE	POLST
For whom	For anyone 18 and older	For persons with advanced illness – at any age.
Purpose:	<ul style="list-style-type: none"> • Instructions for future treatments • To appoint a Health Care Representative 	Medical orders for current treatment
Guide actions by Emergency Medical Personnel when made available:	No (with rare exceptions)	Yes
Guide inpatient treatment decisions when made available:	Yes	Yes

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