



## Oregon POLST Program Resources

1. POLST website: [www.oregonpolst.org](http://www.oregonpolst.org)
  - Professional Resource Library: [www.oregonpolst.org/professional-resource-library](http://www.oregonpolst.org/professional-resource-library)
2. Brochures: [www.oregonpolst.org/professional-resource-library](http://www.oregonpolst.org/professional-resource-library)

These brochures provide patients and families with a broad, general overview of Oregon’s POLST program. Brochures can also be ordered online at [www.oregonpolst.org/order](http://www.oregonpolst.org/order).

  - Patient Brochure in English and Large Print Version
  - Patient Brochure in Spanish and Large Print Version
3. Educational Tools: [www.oregonpolst.org/professional-resource-library](http://www.oregonpolst.org/professional-resource-library)

The Oregon POLST Task Force Education Committee created standardized presentations to be used to educate about POLST with specific audiences. If you or your facility is interested in using the Oregon POLST presentations with patients, please contact the Oregon POLST Program Office ([polst@ohsu.edu](mailto:polst@ohsu.edu)) for the PowerPoint version, including faculty notes.

  - Lay Audience presentation
  - Hospice presentation
  - Nursing Facility presentation
  - Primary Care presentation
4. Guidebooks
  - Health Care Professionals: [www.oregonpolst.org/professional-resource-library](http://www.oregonpolst.org/professional-resource-library)

This is a guidebook to be used by health care professionals that explores POLST in greater detail, written by the Oregon POLST Task Force Education Committee, the most recent version was revised on February 19, 2015. Guidebooks can also be ordered online at [www.oregonpolst.org/order](http://www.oregonpolst.org/order).
  - Patients: [www.oregonpolst.org/pt-and-family-resource-library](http://www.oregonpolst.org/pt-and-family-resource-library)

“Facing Serious Illness: Make Your Wishes Known to your Health Care Professional”  
This a patient guidebook written by the Oregon POLST Task Force Education Committee. Guidebooks can also be ordered at [www.oregonpolst.org/order](http://www.oregonpolst.org/order).
5. Videos: [www.oregonpolst.org/professional-resource-library](http://www.oregonpolst.org/professional-resource-library)
  - “Understanding POLST”

This is an educational video about POLST created for patients in medically accessible language (at approximately a 4<sup>th</sup> grade reading level). DVDs can be ordered at [www.oregonpolst.org/order](http://www.oregonpolst.org/order).
  - “Cómo Comprender el POLST”

This is a culturally translated version of “Understanding POLST” filmed with a local Latino family.
  - “POLST: Doing It Better”

This video is an educational tool that describes POLST, clarifies which individuals POLST should be offered to, emphasizes best practices for POLST and corrects some common misconceptions. DVDs can be ordered at [www.oregonpolst.org/order](http://www.oregonpolst.org/order).

*Continued on back page*

# Oregon POLST Program Resources

Videos (continued)

- “POLST: When Advance Directives Are Not Enough”  
This video tells the story of Max and his family. When Max was confronted with difficult decisions about the care he wanted in the face of his advancing illness, he took comfort in the fact that his wish for a peaceful, natural death was clearly documented in an Advance Directive. Tragically, Max and his loving family discovered that the Advance Directive did not ensure that these wishes would be honored at a time of medical crisis. The video demonstrates the importance of POLST programs in these situations.
- “POLST: What’s New and How Can We Do Better”  
This is a webinar presented by the Patient Centered Primary Care Institute on 3/18/15. Dr. Tolle presented along with Joyce Hollander-Rodriguez, Gary Plant, and Lyle Flannigan on use of POLST in Primary Care.

## 6. Other Publications: [www.oregonpolst.org/professional-resource-library](http://www.oregonpolst.org/professional-resource-library)

- Administrative Alerts
  - Adult Foster Homes
  - Community Based Care Facilities
  - Nursing Facilities
- Fact Sheet: Advance Care Planning as a Billable Medicare Service starting January 1, 2016
- Hospital Guidelines: Honoring the patient’s wishes when POLST orders are written by a physician, nurse practitioner or physician assistant not on staff at hospital
- Oregon POLST Newsletters
- Oregon POLST Registry Reports and Publications
- POLST Use for Persons with Disabilities

## Want Oregon POLST Program updates?



Scan to subscribe to our newsletter or email [polst@ohsu.edu](mailto:polst@ohsu.edu) your name and email address.

Contact for More Information:



**Valerie M. Jimenez**

Executive Director

Oregon POLST Program

p: 503-494-3965 | f: 503-494-1260

e: [polst@ohsu.edu](mailto:polst@ohsu.edu)

[www.oregonpolst.org](http://www.oregonpolst.org)



Like us at [www.facebook.com/OregonPOLST](https://www.facebook.com/OregonPOLST)