

POLST

OREGON

PHYSICIAN ORDERS FOR LIFE-SUSTAINING TREATMENT

Oregon POLST Program Resources

1. POLST website: www.oregonpolst.org
 - Professional Resource Library: www.oregonpolst.org/professional-resource-library
2. Brochures: www.oregonpolst.org/professional-resource-library

These brochures provide patients and families with a broad, general overview of Oregon's POLST Program. The PDF versions are available online to download and print. Hard copies can be ordered online at www.oregonpolst.org/order.

 - Patient Brochure in English and Large Print Version
 - Patient Brochure in Spanish and Large Print Version
3. Educational Tools: www.oregonpolst.org/professional-resource-library

The Oregon POLST Education Committee created standardized presentations to be used to educate about POLST with specific audiences. If you or your facility is interested in using the Oregon POLST presentations, please contact the Oregon POLST Program Office (polst@ohsu.edu) for the PowerPoint version (includes faculty notes).

 - Lay Audience presentation
 - Hospice presentation
 - Nursing Facility presentation
 - Primary Care presentation
4. Guidebooks
 - Guidebook for Health Care Professionals: www.oregonpolst.org/professional-resource-library

This is a guidebook to be used by health care professionals that explores POLST in greater detail. The PDF version is available to download and print.
 - "Facing Serious Illness: Make Your Wishes Known to your Health Care Professional"

The PDF version is available to download and print.
5. Videos: www.oregonpolst.org/professional-resource-library
 - "Understanding POLST"

This is an educational video about POLST created for patients in medically accessible language (at approximately a 4th grade reading level). DVDs can be ordered at www.oregonpolst.org/order.
 - "Cómo Comprender el POLST"

This is a culturally translated version of "Understanding POLST" filmed with a local Latino family. DVDs can be ordered at www.oregonpolst.org/order.
 - "Quitarles a sus seres queridos un peso de encima con el formulario POLST"

"Taking a burden off your loved ones with the POLST Form" is an educational tool for Spanish speaking patients. After being diagnosed with cancer, Gladys shares her experience with using the Physician's Orders for Life-Sustaining Treatment (POLST) to choose some treatments and refuse others.

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Videos (continued)

- “POLST: Doing It Better”
This video is an educational tool that describes POLST, clarifies which individuals POLST should be offered to, emphasizes best practices for POLST and corrects some common misconceptions.
- “POLST: When Advance Directives Are Not Enough”
This video tells the story of Max and his family. When Max was confronted with difficult decisions about the care he wanted in the face of his advancing illness, he took comfort in the fact that his wish for a peaceful, natural death was clearly documented in an Advance Directive. Tragically, Max and his loving family discovered that the Advance Directive did not ensure that these wishes would be honored at a time of medical crisis. The video demonstrates the importance of POLST programs in these situations.
- “POLST: What’s New and How Can We Do Better”
This is a webinar presented by the Patient Centered Primary Care Institute on 3/18/15. Dr. Tolle presented along with Joyce Hollander-Rodriguez, Gary Plant, and Lyle Flannigan on use of POLST in Primary Care.

6. Other Publications: www.oregonpolst.org/professional-resource-library

- Administrative Alerts
 - Adult Foster Homes
 - Community Based Care Facilities
 - Nursing Facilities
- Hospital Guidelines: Honoring the patient’s wishes when POLST orders are written by a physician, nurse practitioner or physician assistant not on staff at hospital
- Oregon POLST Newsletters
- Oregon POLST Registry Reports and Publications
- POLST Use for Persons with Disabilities

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