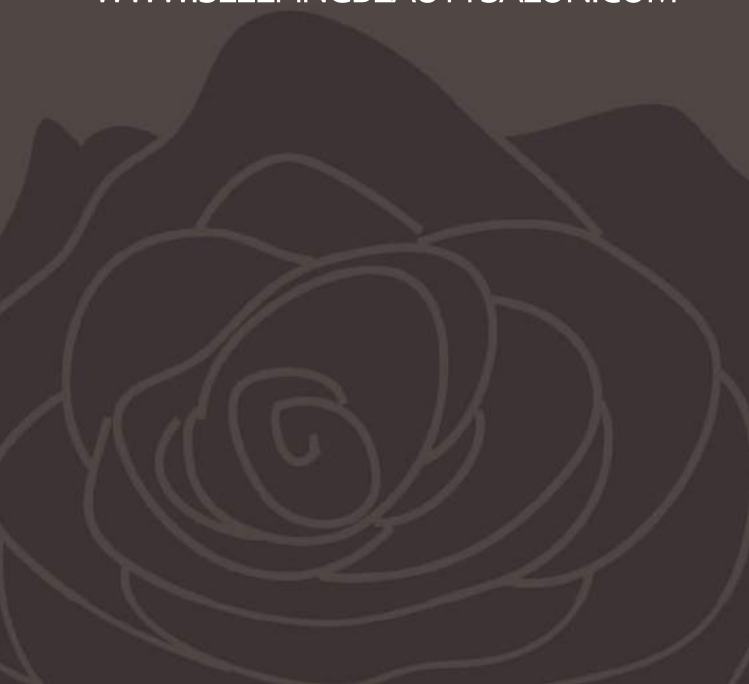




SLEEPING
BEAUTY
SALON LIMITED

AWARD WINNING SALONS

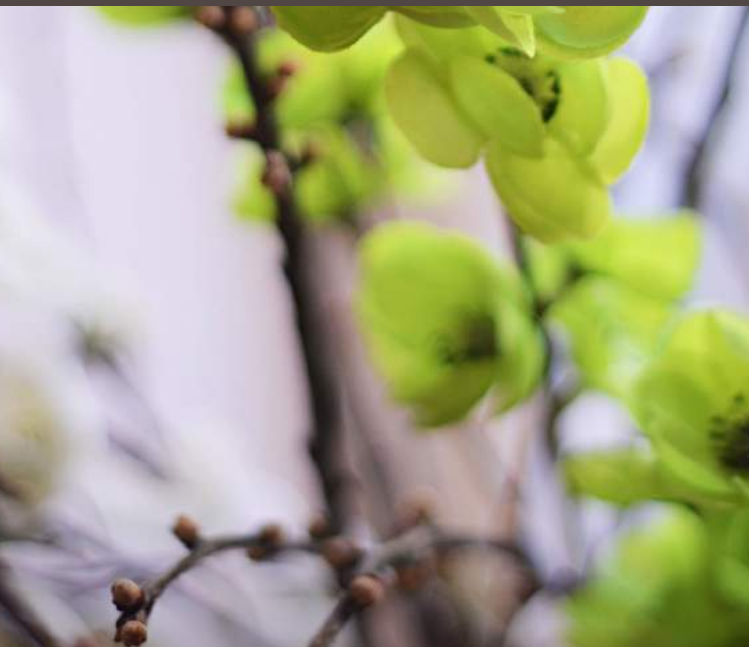
TEL: 0844 445 7771
WWW.SLEEPINGBEAUTYSALON.COM





OUR MISSION

“To bring together a highly motivated and trained team of individuals who will go beyond the call of duty to provide our clients with an atmosphere of relaxation and a first class service, not only the first time, but every time.”



FACIALS

Available at only the most exclusive spas and salons around the world, Elemis professional spa-therapies are world-renowned for their results and powerful massage sequences, combined with the most dynamic actives in the world today.

| | LIST | MEMBER |
|-----------------------------|-------------|---------------|
| ELEMIS TASTER FACIAL | 35.00 | 28.00 |

The perfect way to experience the Elemis range. This introductory treatment will give a quick and instant pick-me-up for dull, lifeless skin, as well as an excellent pre-make-up facial for that special event. (30 min).

SKIN SPECIFIC FACIALS

| | | |
|--|-------|-------|
| ELEMIS FRUIT ACTIVE GLOW FACIAL | 56.00 | 44.80 |
|--|-------|-------|

Bring back the glow to a lifeless complexion. Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance. (55 min).

| | | |
|--|-------|-------|
| ELEMIS EXOTIC MOISTURE DEW FACIAL | 56.00 | 44.80 |
|--|-------|-------|

Treat your skin to a moisture boost. Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin. (55 min).

| | | |
|---|-------|-------|
| ELEMIS HERBAL LAVENDER REPAIR FACIAL | 56.00 | 44.80 |
|---|-------|-------|

For perfect restoration of skin balance. Deeply cleansing to draw out impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts. (55 min).

ADVANCED FACIALS

| | | |
|--------------------------------------|-------|-------|
| ELEMIS OXYGEN SKINCALM FACIAL | 65.00 | 52.00 |
|--------------------------------------|-------|-------|

Pure soothing heaven for sensitive skin. Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask, to help rebalance delicate, fragile and sensitive complexions. This superior face and eye treatment offers immediate comfort to stressed and irritated skin. (60 min).

| | | |
|--------------------------------------|-------|-------|
| ELEMIS S.O.S PURIFYING FACIAL | 65.00 | 52.00 |
|--------------------------------------|-------|-------|

A purifying treatment for congested skin. A powerful face treatment that helps regulate and balance the function of the skin. Purifying massage techniques combined with the unique Japanese Sulphur mask, help to absorb sebum, calm irritation and rebalance skin. (60 min).

| | | |
|---|-------|-------|
| ELEMIS WHITE BRIGHT FACIAL - NEW | 65.00 | 52.00 |
|---|-------|-------|

This highly effective facial visibly illuminates the complexion to leave it naturally more even and translucently clear. This targeted treatment responds to individual skin needs, helping to reduce age spots, discolouration, and dull skin tone and texture. (60 min).

FACIALS

LIST MEMBER

CLARISONIC SUPER CHARGED FACIAL 60.00 48.00
Super-charge your skin specific Elemis facial by incorporating the Clarisonic Face Brush, using sonic technology to gently yet effectively loosen dirt and oil to clean your pores with a frequency of more than 300 movements per second to clean, soften and smooth. Clarisonic uses ultrasonic vibrations to effectively remove six times more make-up as well as clearing pores and reducing the appearance of pore size, reducing the appearance of fine lines and wrinkles and helping the skin to absorb products better to ensure maximum effectiveness. Suitable for even sensitive skin. (60 min).

ELEMIS TRI ENZYME RESURFACING FACIAL 65.00 52.00
Peel away the years for smoother, more radiant skin. This groundbreaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75% and increase skin smoothness by up to 32%, this treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines. (60 min).

ELEMIS PRO INTENSE LIFT EFFECT 75.00 60.00
This brand new facial is powered by breakthrough technology that combines cutting-edge plant stem cells, nutrient-rich natural lipids and firming plant actives. Powerful lifting techniques target sagging jowls, cheeks, chin and neck, whilst helping to reduce puffiness and fluid retention associated with sagging skin. In independent consumer tests 96% of women stated that their facial contours appeared firmed, lifted and shaped and 82% of women stated that they would delay facial surgery and/or Botox following a course of facials. (60 min).

ELEMIS VISIBLE BRILLIANCE FACIAL 78.00 62.40
To combat ageing, stressed and slackened skin. Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps up the skin, whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61% and elasticity by 40% after 1 treatment. (70 min).

ELEMIS PRO-COLLAGEN QUARTZ LIFT FACIAL 78.00 62.40
This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment. The treatment utilises precious mineral Quartz and Red Coral to optimise cellular respiration and regeneration for a firmer, uplifted, more youthful looking appearance. (70 min).

MASSAGE

LIST MEMBER

RELAXING MASSAGE

A soothing and deeply relaxing massage using aromatherapy oils. Available with your choice of either relaxing, revitalising or a detoxifying blend and in either light, medium or firm pressure to your own request.

| | | |
|---|-------|-------|
| BACK, NECK & SHOULDER (30 min) | 34.00 | 26.40 |
| BACK, NECK & SHOULDER (45 min) | 44.00 | 34.40 |
| FULL BODY (60 min) | 54.00 | 42.40 |
| FULL BODY (75 min) | 64.00 | 50.40 |

DEEP TISSUE MASSAGE

Alleviate high stress levels, ease aching muscles and revive the senses with this powerful deep tissue massage. Using our sports massage blend with detoxifying Juniperberry, circulation stimulating Rosemary and warming Black Pepper. Helps relax, recharge and re-energise, whilst tension melts away.

| | | |
|---|-------|-------|
| BACK, NECK & SHOULDER (30 min) | 36.00 | 28.80 |
| BACK, NECK & SHOULDER (45 min) | 46.00 | 36.80 |
| FULL BODY (60 min) | 56.00 | 44.80 |
| FULL BODY (75 min) | 66.00 | 52.80 |

SIGNATURE ROSE & JASMINE MASSAGE

This blissful treatment incorporates our own Rose & Jasmine Massage Candles. It starts with a Welcome Foot Ritual before light body brushing after which the warm oils and natural butters from the massage candle are drizzled over the skin for your massage treatment, to melt away tension and delicately nourish the skin.

| | | |
|---|-------|-------|
| BACK, NECK & SHOULDER (50 min) | 50.00 | 40.00 |
| FULL BODY (80 min) | 75.00 | 60.00 |

HOT STONES MASSAGE

Our hot stones massage starts with a gentle body brushing followed by a soothing massage that quenches the skin, combined with smooth basalt stones that gently ease deep muscular tension and accumulated stresses from the body whilst soothing the mind and soul.

| | | |
|---|-------|-------|
| BACK, NECK & SHOULDER (30 min) | 36.00 | 28.80 |
| BACK, NECK & SHOULDER (45 min) | 46.00 | 36.80 |
| FULL BODY (60 min) | 56.00 | 44.80 |
| FULL BODY (75 min) | 66.00 | 52.80 |

MASSAGE

LIST MEMBER

HOT LAVA SHELL MASSAGE

This special treatment elevates hot stone massage to the highest level using tiger clam shells heated by a unique volcanic lava and seaweed mix. As the polished shells are glided smoothly over the body, you will instantly drift into a blanket of warmth, falling into a state of utter relaxation and calm. Extend your treatment to focus on the tummy to help relieve the symptoms of IBS and bloating.

| | | |
|---|-------|-------|
| BACK, NECK & SHOULDER (30 min) | 40.00 | 32.00 |
| BACK, NECK & SHOULDER (45 min) | 50.00 | 40.00 |
| FULL BODY (60 min) | 70.00 | 52.00 |
| FULL BODY WITH FACE (75 min) | 80.00 | 64.00 |
| TUMMY (15 min) | 20.00 | 16.00 |

THAI STYLE MASSAGE

Our signature Thai Style massage starts with a Thai foot soak while the fragrant herbs and spices permeate the air refreshing and uplifting the senses. A gentle body brushing follows before an exotic oil of Ylang Ylang, Nutmeg, Lime and Coconut is drizzled and massaged into the skin, warming, toning and strengthening. Using heated herbal compresses containing 17 traditional Thai herbs for a fantastic traditional yet modern massage.

| | | |
|---|-------|-------|
| BACK, NECK & SHOULDER (30 min) | 40.00 | 32.00 |
| BACK, NECK & SHOULDER (45 min) | 50.00 | 40.00 |
| FULL BODY (60 min) | 70.00 | 52.00 |
| FULL BODY WITH FACE (75 min) | 80.00 | 64.00 |

| | | |
|---------------------------------------|-------|-------|
| JUSTBE AROMATHERAPY INDULGENCE | 90.00 | 72.00 |
|---------------------------------------|-------|-------|

Our Justbe Aromatherapy Indulgence has been created exclusively for Sleeping Beauty using the Scottish range of Justbe products. The treatment starts with a detoxifying foot scrub prior to a Full Body Massage and finished with a Mini Facial. Designed to help you achieve a deep sense of relaxation and reconnect mind & body. (90 min)

| | | |
|-------------------------------------|-------|-------|
| INDIAN HEAD MASSAGE (45 min) | 45.00 | 36.00 |
|-------------------------------------|-------|-------|

A treatment based on old Ayurvedic techniques involving work on the upper back, neck, shoulders, face and scalp. A variety of massage movements are used to relieve accumulated tension and stimulate circulation as well as to reduce stress and fatigue and improve mental clarity.

ADD ON

| | | |
|--|-------|-------|
| PARAFFIN WAX BACK PACK (20 min) | 15.00 | 12.00 |
|--|-------|-------|

Our muscle relaxing Paraffin Wax back treatment is perfect before any massage to warm and detoxify tense muscles.

REFLEXOLOGY

LIST MEMBER

REFLEXOLOGY (45 min) 45.00 36.00
A gentle therapeutic foot treatment incorporating pressure points that mirror the body's key systems. This is an ancient healing art bringing soothing relief in modern times.

LUXURY REFLEXOLOGY (60 min) 55.00 44.00
A luxurious spa treatment with a calming hot stone foot soak to refresh tired feet before a foot and lower leg exfoliation. After your reflexology session, feet will be massaged with hot stones to leave you walking on air!

LAVENDER & STONE REFLEXOLOGY PEDICURE 70.00 56.00
The most amazing pedicure, combining a Lavender Salt Scrub exfoliation, Hot Stone Lower Leg & Foot Massage, Reflexology and Pedicure (nail shaping, cuticle work, hard skin treatment and polish). 90 minutes of bliss!

2-IN-1

These popular '2-in-1' treatments incorporate two elements of spa therapy in one session offering the ultimate spa experience at great value.

LIST MEMBER

| | | |
|---|-------|-------|
| 2-in-1 EXFOLIATION/MASSAGE (40 min) | 45.00 | 36.00 |
| 2-in-1 FACIAL/MASSAGE (40 min) | 45.00 | 36.00 |
| 2-in-1 DEEP CLEANSE/MASSAGE (40 min) | 45.00 | 36.00 |
| 2-in-1 BODY WRAP/FACIAL (40 min) | 45.00 | 36.00 |
| 2-in-1 REFLEXOLOGY/FACIAL (40 min) | 45.00 | 36.00 |
| 2-in-1 REFLEXOLOGY/MASSAGE (40 min) | 45.00 | 36.00 |

PREGNANCY

These treatments have been specially selected as suitable and safe for during pregnancy. They can help restore moisture, ease the effects of water retention and increase circulation resulting in a more restful night's sleep. Other treatments may be adaptable so please ask us for further information.

LIST MEMBER

PREGNANCY MASSAGE

Recommended from 12 weeks - using specialised positioning on our unique pregnancy massage bump-bag you are safely supported, taking the strain off your lower back. A nurturing and relaxing blend of special oils are used to condition the skin so you can be ensured the ultimate in safety, comfort and relaxation.

BACK, NECK & SHOULDER (30 min) 36.00 28.80

FULL BODY (60 min) 56.00 44.80

FOOT RELIEF (30 min) 25.00 20.00

A mineral-rich foot soak, exfoliation and massage for lower legs and feet to help with poor circulation, water retention and the tiring affects of carrying your extra load.

MUM-TO-BE FACIAL (60 min) 56.00 44.80

Certain products with highly concentrated essential oils or acids are not recommended during pregnancy so this facial uses specially selected Elemis products that have been certified as safe during this special time. Includes double cleansing, exfoliation, treatment mask, face, neck & shoulder massage and moisturisation.

MINI MUM-TO-BE FACIAL (30 min) 35.00 28.00

GREAT EXPECTATIONS 95.00 76.00

A special package for mums-to-be. Includes our Pregnancy Back, Neck & Shoulder Massage, Mini Mum-to-Be Facial and Spa Pedicure. (105 min).

PREGNANCY PAMPER 105.00 84.00

Includes our Pregnancy Back, Neck & Shoulder Massage, Foot Relief and a 60 minute Mum-to-be Facial. (120 min).

LIST MEMBER

SIGNATURE SALT & OIL GLOW 40.00 32.00
A natural dead sea salt exfoliation infused with 21 essential minerals customised with your choice of oils to leave skin feeling moisturised, smooth and soft. (30 min).

EXOTIC FRANGIPANI NOURISH WRAP 58.00 46.40
This nourishing body wrap drenches the skin with moisture for immediate softness and suppleness. Exotic, aromatic Tahitan Coconut and Frangipani flowers are soaked together to produce the Monoi used in this therapy, which Polynesian women traditionally used to protect their skin and provides the ultimate radiance, vitality and all-over body glow. (50 min).

EXOTIC COCONUT & MILK RITUAL 58.00 46.40
A traditional Balinese recipe of Coconut, Mungbean, Spices and Lavender is combined with Exotic Frangipani Monoi Moisture Melt to polish the skin and stimulate the senses. Warmed Skin Nourishing Milk Bath is then poured over your entire body before you are cocooned in a comforting wrap. (50 min).

EXOTIC LIME & GINGER SALT GLOW 50.00 40.00
An exotic exfoliation ritual to invigorate and revitalise. After light body brushing, warm oil is drizzled luxuriously over your body blending with salt glow, leaving your skin feeling deeply cleansed, polished and softened to perfection. (40 min).

CONDITIONING ORIENTAL BODY WRAP 50.00 40.00
An Oriental body mask to detoxify the mind, body and soul. This treatment stimulates the senses, aids detoxification and helps to treat cellulite. Whilst cocooned you will receive a blissful scalp massage before being massaged from top to toe with a stimulating cream of spearmint, lime and lemongrass. (50 min).

UNIVERSAL CONTOUR WRAP 95.00 76.00
The Universal Contour Wrap is one of the world's leading inch-loss treatments and clients on average will lose 10-14 inches from their first treatment. The wrap doesn't just deliver exceptional inch loss; the unique clay formula and special wrapping techniques also tighten and tone your body whilst exfoliating and cleansing the skin. Whilst wrapped for an hour you will also receive a complimentary relaxing Elemis Taster Facial worth £35 adapted to your skin. (120 min).

WAXING

Is it possible to have a beautiful waxing experience? We think so! Our aim is to make waxing treatments as natural and pleasant as possible. We offer free hygiene wipes for you to use before your wax and with no double dipping on bikini or underarms you can rest assured that we operate to the strictest hygiene standards.. Body brushing and a soothing post-wax massage, ensure pain is a distant memory.

We have a choice of strip and hot waxes, using only the finest resins, natural ingredients and aromatherapy oils to deliver superior performance, removing stubborn hair as short as 1mm (1/16"). Hot waxes can be re-applied on just-waxed areas immediately without discomfort or irritation - excellent on the most sensitive areas such as underarms, face and bikini.

| | STRIP WAX | | HOT WAX | |
|----------------------|-----------|--------|---------|--------|
| | LIST | MEMBER | LIST | MEMBER |
| 1) EYEBROW TIDY | 10.50 | 8.40 | 11.50 | 9.20 |
| 2) EYEBROW RESHAPE | 13.00 | 10.40 | 14.00 | 11.20 |
| 3) LIP | 9.00 | 7.20 | 9.50 | 7.60 |
| 4) CHIN | 9.50 | 7.60 | 10.00 | 8.00 |
| 5) LIP & CHIN | 13.00 | 10.40 | 14.00 | 11.20 |
| 6) FACIAL | 17.50 | 14.00 | 19.00 | 15.20 |
| 7) UNDERARM | 14.00 | 11.20 | 15.50 | 12.40 |
| 8) FOREARM | 18.50 | 14.80 | | |
| 9) 1/2 LEG | 20.00 | 16.00 | | |
| 10) FULL LEG | 30.00 | 24.00 | | |
| 11) BIKINI LINE | 15.00 | 12.00 | 17.00 | 13.60 |
| 12) G-STRING BIKINI | 20.00 | 16.00 | 25.00 | 20.00 |
| 13) PLAYBOY BIKINI | | | 38.00 | 30.40 |
| 14) HOLLYWOOD BIKINI | | | 41.00 | 32.80 |

WAX PACKAGES

| | | | | |
|------------------------|-------|-------|-------|-------|
| 1/2 LEG/BIKINI/UARM | 45.00 | 36.00 | 50.50 | 40.40 |
| FULL LEG/BIKINI/UARM | 55.00 | 44.00 | 62.00 | 49.60 |
| 1/2 LEG/G-STRING/UARM | 50.00 | 40.00 | 55.00 | 44.00 |
| FULL LEG/G-STRING/UARM | 60.00 | 48.00 | 65.00 | 52.00 |
| 1/2 LEG/PLAY/UARM | | | 65.00 | 52.00 |
| FULL LEG/PLAY/UARM | | | 70.00 | 56.00 |
| 1/2 LEG/HOLLY/UARM | | | 65.00 | 52.00 |
| FULL LEG/HOLLY/UARM | | | 70.00 | 56.00 |

EYES

| | LIST | MEMBER |
|--|-------------|---------------|
| EYEBROW TIDY | 10.50 | 8.40 |
| EYEBROW RESHAPE | 13.00 | 10.40 |
| EYEBROW THREADING | 15.00 | 12.00 |
| EYEBROW REDESIGN* | 25.00 | 20.00 |
| Brows out of control? Try our redesign including brow reshape, trim, tint & colour. | | |
| EYEBROW TINT* | 12.00 | 9.60 |
| (Please note we only tint brows darker) | | |
| EYELASH TINT* | 14.00 | 11.20 |
| EYELASH/EYEBROW TINT* | 18.00 | 14.40 |
| EYE PACKAGE* | 27.50 | 22.00 |
| Eyebrow Shape, Eyelash & Eyebrow Tint and Puffy Eye Pack with a complimentary hand & lower arm massage. | | |
| LASH LIFT PERM* | 40.00 | 32.00 |
| Add length, volume and lift to your natural lashes - without lash extensions. A completely natural, low maintenance treatment that lasts 6-12 weeks. | | |
| LASH LIFT PERM WITH TINT* | 52.00 | 41.60 |
| PARTY LASHES | 18.50 | 14.80 |
| Cluster lashes available in 3 different lengths. Will last 3-5 days with correct aftercare. | | |

***A patch test is required at least 24 hours before these treatments. For best results please arrive without mascara for all eyelash treatments.**

THREADING

Threading is a traditional method for hair removal practised widely in Asia and the Middle East and now becoming popular in the West. The treatment involves twisting and rolling a thread of pure cotton around the hairs to remove individual hairs from the follicle. Threading is gentler on the skin than waxing so is good for sensitive skin as it does not cause breakouts or excessive redness and is also good for clients with allergies or clients on skin thinning medications such as Roaccutane.

| | LIST | MEMBER |
|-----------------------------------|-------------|---------------|
| EYEBROWS (20 min) | 15.00 | 12.00 |
| LIP OR CHIN (15 min) | 12.00 | 9.60 |
| LIP & CHIN (20 min) | 20.00 | 16.00 |
| LIP & EYEBROW (20 min) | 20.00 | 16.00 |
| FULL FACE (40 min) | 40.00 | 32.00 |

NAIL SPA

LIST MEMBER

DELUXE MANICURE (50 min) 40.00 32.00
Your luxury manicure begins with a Milk & Honey brightening salt scrub to hydrate, smooth and remove dead skin cells. Nails are shaped before cuticles are soaked and gently pushed back. Hands are wrapped in a deep dermal mask to regenerate cells, smooth fine lines and add moisture before being cocooned in heated mittens. Whilst it works its magic you will be treated to a pressure point scalp massage before your hands are massaged with a Honey & Soy Butter infused with Vitamin E to regenerate damaged skin cells. Finally nails are polished or buffed to a high shine.

SPA MANICURE (35 min) 30.00 24.00
Our Signature Manicure includes a Pomegranate & Fig brightening salt scrub to gently exfoliate, nail file and shape and cuticle soak and tidy. This is followed by a relaxing Pomegranate & Fig Hand Massage prior to polish application.

MINI MANICURE (15 min) 15.00 12.00
Great as a treat in-between manicures or before a special occasion. Nails are shaped, hands moisturised and nails buffed or polished.

SIGNATURE HAND TREATMENT (20 min) 18.50 14.80
Our lovely pampering hydrating hand treatment has been upgraded! Includes a salt scrub exfoliation, hand & lower arm massage using our Rose & Jasmine Massage candle and paraffin wax wraps with thermal mittens.

COLOUR GLOSS GEL MANICURE (30 min) 32.00 25.60
The classic gel polish dry manicure using Artistic Colour Gloss gel polish. Includes nail shape, cuticle work, gel polish application, moisturising hand lotion and cuticle oil application. Dry instantly so no smudging!

MANICURE & PEDICURE ADD ONS

| | LIST | MEMBER |
|--|-------|--------|
| ARTISTIC COLOUR GLOSS (10 min) | 10.00 | 8.00 |
| An advanced soak-off gel polish available in over 40 colours. Nails look fabulous for up to three weeks. | | |
| BUILDER GEL (10 min) | 5.00 | 4.00 |
| To extend the wear of your gel manicure and for weak nails a protective extra layer of gel can be applied. | | |
| IBX NAIL REPAIR TREATMENT (10 min) | 10.00 | 8.00 |
| GEL POLISH REMOVAL (15 min) | 10.00 | 8.00 |
| FRENCH POLISH (10 min) | 4.00 | 3.20 |

NAIL SPA

LIST MEMBER

- DELUXE PEDICURE** (55 min) 45.00 36.00
Your luxury pedicure begins with a Milk & Honey detoxifying foot soak to soothe and soften the skin and a brightening salt scrub to remove dead skin cells. Nails are cut and shaped before cuticles are gently pushed back. Your hard skin will be buffed before feet are wrapped in a deep dermal mask and cocooned in heated booties. Whilst it works its magic you will be treated to a hand & arm massage before your feet are unwrapped and massaged with a Honey & Soy Butter to intensively hydrate. Finally nails are polished or buffed to a high shine.
- SPA PEDICURE** (40 min) 34.00 27.20
A classic pedicure that includes a Pomegranate & Fig detoxifying foot soak to soothe and soften the skin and a skin polishing salt scrub before nails are cut and shaped and cuticles tidied. Hard skin will be softened and buffed and your feet will be treated to a soothing Pomegranate & Fig Butter massage to intensively hydrate before toenails are polished or buffed.
- POWER PEDICURE** (40 min) 35.00 28.00
Our brand new Power Pedicure bridges the gap between Medi and Pedi. Perfect for those with dry skin or nails using Footlogix, groundbreaking Dermal Infusion Technology®, along with its scientific formulation, enables active ingredients to penetrate faster and deeper into troubled skin of the feet. Our Power Pedicure includes foot soak, exfoliation, hard skin treatment, nail shaping, cuticle work, buffing, massage and polish application.
- MINI PEDICURE** (15 min) 15.00 12.00
For those wanting a simple colour change. Toenails will be cut and shaped, feet moisturised and nails painted.
- COLOUR GLOSS EXPRESS PEDICURE** (30 min) 32.00 25.60
Perfect for those in a rush as dry instantly. Using Artistic Colour Gloss Gel Polish which lasts up to 3 weeks. Includes nail shape, cuticle work, gel polish application and moisturising foot lotion and cuticle oil.
- CALLUS PEEL** (25 min) 25.00 20.00
A targeted foot treatment for visible results on hard skin and cracked heels. Includes callus peel, hard skin buff and moisturisation.
- FOOT SOAK, SCRUB & RUB** (20 min) 18.00 14.40
A treat for tired feet. Includes a detoxifying foot soak, skin polishing salt scrub and extended foot & lower leg massage.

PERFUME STUDIO



LIST MEMBER

THE PERFUME STUDIO EXPERIENCE

The Perfume Studio is a unique concept, something truly new and different for you to enjoy. We specialise in helping you create a unique fragrance that captures the essence of you and gives you a perfume to wear and cherish.

At the experience, a trained perfume consultant guides you through an enjoying, relaxing and educational fragrance journey to help you combine any number of our 18 exquisite blends and arrive at a fragrance you love.

The Perfume Studio Experience lasts for approximately 1 hour and consists of a consultation with a trained perfumer wherein you will be presented with our 18 blends and become familiar with each through sampling and testing. Our perfumer will then help you choose your favourite and create the fragrance for you there and then. After taking time to name your unique fragrance, you will be asked to choose from one of The Perfume Studio's stunning 20ml purse-spray atomisers in which you can take your fragrance home. Shortly after your consultation, we will register your fragrance formula and dispatch to you a Fragrance Registration Certificate to verify your fragrance for you to order more, as often as you'd like!

| | | |
|--|--------|--------|
| INDIVIDUAL CONSULTATION & PURSE SPRAY | 60.00 | 48.00 |
| DOUBLE CONSULTATION & PURSE SPRAY | 95.00 | 76.00 |
| PERFUME PARTY for 4 & PURSE SPRAY | 160.00 | 128.00 |

USEFUL INFO

AWARDS

"Winner of Herald Scottish Beauty Salon of the Year" 2016

Winner of "Scratch Star UK Nail Salon of the Year 2016"

Finalist in "Professional Beauty Awards Regional Salon of the Year 2016"

Winner of the Scottish Hair & Beauty Awards 'Beauty Salon of the Year' for the North West 2012

Winner of Lux 'Small Beauty Salon Chain of the Year -Scotland' 2015

Winner of Lux 'Best Unique Salon Environment - Scotland' 2015

One of the UK's Most Inspiring Salons 2013 by Professional Beauty Magazine

Information

Sleeping Beauty Salon Limited is registered in Scotland (SC330976) and registered for VAT and all our treatments and products include VAT at the current rate. Our prices are subject to change without prior notice.

Your Visit

We kindly request clients switch off mobiles and keep noise to a minimum whilst in the spa. The spa treatment rooms are not a suitable environment for children. Please arrive 10 minutes prior to the booked treatment time in order to register and complete a client record card. If your health has changed since your last visit to the spa it is important that you make this known to your therapist before your treatment so we can update your client record card.

Latecomers & Cancellation Policy

We regret that it may be necessary to treat appointments as cancelled for clients arriving more than 15 minutes late but we will, whenever possible, adapt the treatment to the time available although the full cost will be incurred. Please give at least 24 hours' notice to cancel or change an appointment or you will be charged for the time reserved.

Deposits

For treatments 60 minutes or longer a 50% deposit or credit/debit card details will be required when booking. Non-attendance or late cancellation will result in this deposit being retained or a 50% charge being made on the card. For smaller appointments (less than an hour) failure to provide 24 hours notice in cancelling an appointment will result in a £5 charge on your next booking.

Platinum Membership

Members receive the discounted prices shown to the right of standard prices in this brochure, along with a host of other benefits. Since our Platinum Membership scheme started our members together have saved over £60,000! New members purchase a 6 month or 12 month membership. Ask a member of our team for more details.

LOCATIONS

14 MARGARET STREET, INVERNESS, IV1 1LS

Tel: 01463 217 985

inverness@sleepingbeautysalon.com

PALACE HOTEL SPA, INVERNESS, IV3 5NG

Tel: 01463 217 986

palace@sleepingbeautysalon.com

175 COMMERCIAL STREET, LERWICK, ZE1 0HX

Tel: 01595 720 256

lerwick@sleepingbeautysalon.com

6 WILLIAM STREET, EDINBURGH, EH3 7NH

Tel: 0131 202 7559

edinburgh@sleepingbeautysalon.com

MELROSE SPA, RADISSON BLU HOTEL, EH1 1TH

Tel: 0131 202 6583

melrose@sleepingbeautysalon.com

HEAD OFFICE

Tel: 01463 230163 or 0844 445 7771 (5)

info@sleepingbeautysalon.com

For location maps visit
www.sleepingbeautysalon.com