

FITNESS

CYCLEBAR

Fritz Farm

4100 Nicholasville Rd

Lexington, KY 40503

859-353-0481

<https://fritzfarm.cyclebar.com/>

SALA Studio

301 E. vine St., Ste. 130

Lexington, KY 40507

859-433-1734

www.salastudiolex.com

The Great American

Fitness Challenge

<http://gafitnesschallenge.com/>

YMCA of Central KY,

High Street

239 E. High St.

Lexington, KY 40507

859-254-9622

<http://www.ymcacky.org/>

LIFT FITNESS

490 E. High St.

Lexington, KY 40507

859-523-4473

<http://liftfit.co/>

Proof Fitness

230 W. Main St.

Lexington, KY 40507

859-559-0230

<http://prooffitness.com/>