November 22, 2016

**Information About Your Wellness Visit**

To promote wellness and disease prevention, many health plans allow enrollees to receive an annual “Wellness Visit,” sometimes referred to as a “Preventive Care Visit.” The visit is paid for in full by most insurance companies, copays/coinsurance and deductibles are normally waived. The visit includes a general physical exam, discussion of appropriate prevention measures, and usually routine lab work that is appropriate for screening and prevention. **If you are not sure if your insurance covers wellness exams and routine lab work, please contact your insurance company to verify coverage prior to your appointment.** It is important for patients to understand that insurance will **NOT** cover any evaluation or treatment for problems as part of the Wellness Visit.

Please keep the following in mind:

- Insurance companies intend Wellness Visits to be used for **screening and prevention only.** Examples of preventative measures include screenings, such as mammograms or cholesterol lab work. Examples of non-preventative concerns include ongoing arm pain or anxiety.

- The time scheduled for your Wellness Visit does not always allow time for additional evaluation and management of problems. **If you have problems to discuss with your provider please let them know this at the beginning of your visit.**

- If your provider is able to address problems during your Wellness Visit your insurance company will parse this information from our documentation and treat it as an add-on visit. **They require us to collect your copayment and will assess coinsurance and deductibles per your plan.**

Please understand that these are not policies created by Ponce Primary Care. If you have any questions about these policies, please let us know or contact your insurance carrier for clarification of your specific plan coverage, including preventative lab work coverage.