

Wroclaw, 14 December 2015

To whom it may concern,

I had to pleasure to work with Bastian in the past. During 10 sessions - which lasted from February to April 2015 - Bastian acted as my coach. Bastian helped me to improve myself as a Supervisor and to find a good balance between Supervisor related tasks and project related tasks.

For those who are not familiar with coaching, it is good to know that the answers come from 'within'; from yourself. Bastian is not there to simply provide you with answers to your questions. By doing exercises, homework and asking questions you push your own limits, you get different perspectives and come to insights and conclusions yourself.

The exercises and questions really make you (re)think about all options you have, have a fresh look at priorities and give you a broader perspective to handle things.

I also highly appreciated the positive, 'can do attitude' of Bastian. He really pushes you to stretch your own limits. I was very satisfied in the way the session were organized and the outcome that I have achieved. I can highly recommend working with Bastian!

Warm regards,

Bart Anthonissen