Important Updates and Resources

Dear Chicago Run Family,

The health and safety of our communities are top priority to Chicago Run. Given the closure of all Illinois schools and cancellations of large gatherings of people, Chicago Run’s on-site programming will be on hold for the foreseeable future.

We believe that running and physical fitness are critical to the physical and mental health of our young people and our communities – now, more than ever. We are utilizing our online and social media presence to provide resources to help our communities stay healthy and active.

- We’ve launched daily Facebook Live fitness videos for youth and families to join Chicago Run coaches in some at-home activities. Tune in live at 1:00pm (Central Time) or catch up here.
- We’ll be posting daily activity challenges across all our social media platforms with health and fitness tips. Please check out our Instagram and Twitter pages.
- Check out our Fitness Videos, Games & Activities, and Family Fit Kit pages for more resources.

We are closely monitoring all information available and keeping abreast of all landscape changes as we continue making decisions about the following events:

- Little Village Lawndale Community Run scheduled May 9 - postponed
- Universal Sole 4 Mile Classic on May 14 - cancelled our youths’ participation
- 12th annual Little Steps, Big Stars gala on May 15 - TBD
- Spring Fun Run on May 30 - TBD - At this time we have not yet made plans to cancel or postpone this event.

If any plans should change, we will send updates to event attendees and to our entire community via email, on our website, and through our social media accounts.

Please don’t hesitate to reach out to info@chicagorun.org with any questions or concerns and thank you for your commitment to our mission.

Yours in health and safety,

Danya Rosen, Executive Director
It's National Reading Month
Check out some of our recommended reads!
Below is a list of books geared towards youth that feature stories about running.

- Cute Sue Wins the Race, by Kate Melton
- Wilma Unlimited: How Wilma Rudolph Became the World’s Fastest Woman, by Kathleen Krull
- Marathon Mouse, by Amy Dixon
- The Quickest Kid in Clarksville, by Pat Zietlow Miller
- Running Is Totally For Me, by Cassie Celestain
- Sloths Don’t Run, by Tori McGee
- The Girl Who Ran, by Kristina Yee
- Her Fearless Run, by Kim Chaffee
- Last One Home Is a Green Pig, by Edith Thacher Hurd
- Girl Running: Bobbi Gibb and the Boston Marathon, by Annette Bay Pimentel
- Little People, Big Dreams: Wilma Rudolph, by Maria Isabel Sanchez Vegara
- Izzy Barr Running Star, by Claudia Mills
- Running on Empty, by S.E. Durrant
- Ghost, by Jason Reynolds
- Maniac Magee, by Jerry Spinelli