



ADDRESSING MORAL INJURY **SPIRITUAL RESILIENCY TRAINING**

VETERANS INTERESTED IN ADVANCING THE TREATMENT OF MORAL INJURY MAY PARTICIPATE IN A SPIRITUAL RESILIENCY TRAINING. THE PEER LED TRAINING IS DESIGNED TO ASSIST VETERANS WITH RECONCILIATION. INTERESTED VETERANS ARE INVITED TO PARTICIPATE IN THE STUDY.

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Volunteers of America is conducting a research study to determine effective modalities in addressing moral injury amid United States Military Veterans. Spiritual Resiliency Training (SRT) is a peer facilitated group to explore moral injury, using a narrative approach and creative expression. The training will explore the individual's moral injury, support restructuring, and summons a renovation of one's purpose. The training is intensive and the groups will be conducted for a total of 60 hours, one Saturday a week for 7 weeks. Monetary compensation is provided for completing surveys. \$50 gift card for each completed survey, one before, one immediately after the 60 hour training and a third survey 6 months out. The next training date is scheduled to begin April 7th and will be in the East Los Angeles area.

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