

CITY OF **HAWTHORNE**  
RECREATION AND COMMUNITY SERVICES

*Winter*  
*Spring*  
**2020**

**CLASSES BEGIN:**  
January 6, 2020

*Springtime*  
*in Hawthorne!*



CITY OF **GOOD NEIGHBORS**

*City of Hawthorne Recreation and Community Services Department strives to enrich the quality of life for people of all ages by providing safe, positive and active opportunities within our community that embrace diversity and promote social connections, wellness, civic pride, and lifelong learning.*

**City of Hawthorne - CITY HALL**

4455 W. 126<sup>th</sup> Street, Hawthorne, CA 90250  
 www.cityofhawthorne.com | (310) 349-2900

**City of Hawthorne - RECREATION & COMMUNITY SERVICES**

3901 W. El Segundo Blvd., Hawthorne, CA 90250  
 www.cityofhawthorne.org/parks-and-recs-home-page  
 (310) 349-1640

**Online Registration**

<https://apm.activecommunities.com/hawthornerecreation>

**Hours of Operation**

Monday-Thursday 7:30 am-5:30 pm  
 Friday 7:30 am-4:30 pm

**Eucalyptus Skate Park Hours:**

Monday-Friday 3:00 pm – 9:00 pm

**Closed Alternate Fridays: January 3, 17, 31; February 14, 26; March 13, 27; April 10, 24; 2020**

**Holidays**

January 1, 20; February 17; March 31; 2020

**City of Hawthorne City Council**

**Mayor:** Alex Vargas

**Mayor Pro Tem:** Olivia Valentine

**Council Members:** Haidar Awad, Alex Monteiro, Mike Talleda

City Council meetings are held the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month at 6 pm in the City Hall Council Chambers. *For more information please call (310) 349-2908.*

**City Manager:** Arnold Shadbehr (Interim)

**Deputy City Clerk:** Dr. Paul Jimenez

**City Treasurer:** L. David Patterson

**Parks & Recreation and Fine Arts Commission**

**Chairperson:** Richard Huhn

**Commissioners:** Solo Azuoma, Herminia Balboa, Charles Bowie Jr., Danielle Marquez, Kevin Posey

Meetings are held on the 1<sup>st</sup> Tuesday of every month at 6 pm in the City Hall Council Chambers. *For more information please call (310) 349-1640.*

**Senior Citizens Commission**

**Chairperson:** Juanita Y. Douse

**Vice Chairman:** Darvis J. Johnson, Dr. Joseph N. Jackson, Judy Ramirez

Meetings are held on the 1<sup>st</sup> Wednesday of every month at 3 pm in the City Hall Council Chambers. *For more information please call (310) 349-1640.*

**GOT A SKILL? Teach in Hawthorne!**

The Recreation & Community Services Department is always looking for new teachers to contract with the city! If you have a special skill, athletic ability, or hobby that you would like to share and teach to others in the community, we would like to hear from you! Contact the department at (310) 349-1640.



**WINTER-SPRING 2020 RECREATION PROGRAMS**

Classes are schedule to begin January 6, 2020.

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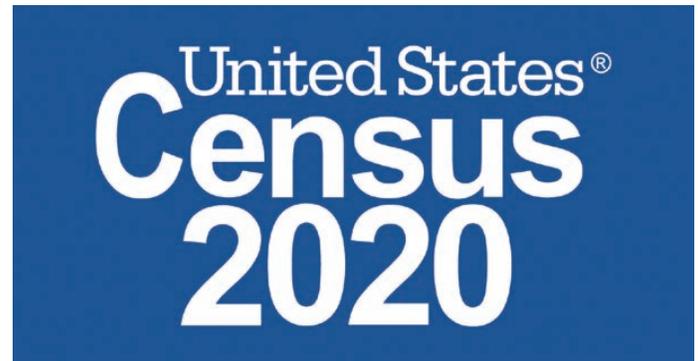
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**HOW TO READ THE CLASS SCHEDULE**

**Class #:** Class Code  
**2-5:** Age Group Class Offered To  
**Jan. 11 – Feb. 29:** Length of Class  
**Sat.:** Day(s) Class Offered  
**10:00 - 10:55 am:** Time(s) Class Offered

See Registration Information and Addresses of Locations on page 3.



# REGISTRATION FOR CLASSES IS EASY!

## Registration Information

### 1. ONLINE

1. Go to [www.cityofhawthorne.org](http://www.cityofhawthorne.org)
2. Click on Recreation & Community Services
3. Click on Recreation Classes Schedule
4. Click on Register for Activities
5. Click on Create an Account  
(Only if this is your first time registering online. Follow the steps listed.)
6. Enter Username & Password
7. Sort by Location, Activity Name, Class Number
8. Click on Name of Activity
9. If this is the class, click Add to My Cart
10. Follow the steps for payment

### 2. WALK-IN

Recreation & Community Services Department  
3901 W. El Segundo Blvd.  
Hawthorne, CA 90250

### 3. REGISTER WITH INSTRUCTOR

You register the first day of class with the instructor unless noted. You must fill out a registration form for each activity the first day of class.

## Payment

- Only cash, checks, or money orders are accepted.
- Checks are to be made payable to the **City of Hawthorne**, and must have a drivers license number written on check.
- VISA & MasterCard are accepted for preregistration activities only (ie. Dog Obedience, Special Events, Clinics, etc)
- Insufficient checks will be charged a \$25.00 processing fee.

## Refund Policy

- A non-refundable 15% administrative fee per class or sports league will be assessed by the recreation department for any patron granted a refund, change or transfer per class or sports league registration.
- No full refund will be issued unless a class or league is cancelled by the recreation department.
- If a refund is necessary for to a medical emergency, please visit the Recreation & Community Services Department M-Th between the hours of 7:30 am – 5:30 pm and fill out a refund request form and attached a copy of the medical release provided by your physician.
- Refunds or exchanges for classes due to summer school, vacations, etc are not granted. Please be sure to register for the correct time and level when signing up for classes.

## Photo Release:

At times, the Hawthorne Cable Department or the Recreation & Community Services Department may visit during the various activities offered in the brochure for sole purpose of advertising the classes. If you do not want your child to be photographed or videotaped, please be sure to talk to your instructor.

## Park Permits & Fees

Groups of 15 or more that wish to use a Hawthorne Park, must have a permit. Please be prepared to give the date and time of the activity, the portion of the park to be used, and the number of people in attendance. Please note that rented amusements, (i.e. bouncers, trains, trampolines, amplified music, etc.) are NOT permitted at any of the parks. Requests has to be at least 20 days before the day of event. To find out more information or to book a park permit, please call the Recreation & Community Services Department.

### Resident Groups

15-50 people    \$21    |    51-100 people    \$34    |    101 & over    \$53



## Formal Picnic Areas:

Memorial Park, Eucalyptus Park and Holly Park have formal picnic shelters. Memorial Park and Eucalyptus Park have outlets, gas grills, sinks, and counter tops. There are no outlets or sinks at Holly Park. When booking the park, you must request usage of the covered shelter areas and check out a key. The fee is an additional \$19 - \$31 for use of the formal picnic area.

The City of Hawthorne is committed to providing all individuals equal opportunity regardless of age, sex, race, national origin, religion, color, ancestry, marital status, sexual orientation, medical condition, physical or mental disability, or service as a military veteran.

## Recreational Facilities

### Recreation & Community

- Services Department** . . . . . 3901 W. El Segundo Blvd.  
**Betty Ainsworth Sports Center** . . . . . 3851 El Segundo Blvd.  
**Senior Citizens Center** . . . . . 3901 W. El Segundo Blvd.  
**Thorpe Building** . . . . . 14100 S. Prairie Ave.  
**Thorpe Castle** . . . . . 14025 S. Cordary Ave.  
**Bicentennial Park** . . . . . 13110 S. Doty Ave.  
**Eucalyptus Park** . . . . . 12100 S. Inglewood Ave.  
**Eucalyptus Park Skate Plaza** . . . . . 12100 S. Inglewood Ave.  
**Glasgow Park** . . . . . Glasgow Place & 135<sup>th</sup> St.  
**Holly Park** . . . . . 2058 W. 120<sup>th</sup> St.  
**Holly Glen Park** . . . . . 5255 W. 137<sup>th</sup> St.  
**Memorial Park** . . . . . 3901 W. El Segundo Blvd.  
**Ramona Park** . . . . . 4662 W. 136<sup>th</sup> St.  
**Jim Thorpe Park** . . . . . 14100 S. Prairie Ave.  
**Zela Davis Park** . . . . . Kornblum & 133<sup>rd</sup> St.  
**Hawthorne Pool** . . . . . 12501 Inglewood Ave.  
**Good Neighbors Park** . . . . . 3839 W. 118<sup>th</sup> St.

## School of Safety Awareness

Children (ages 5-15) learn how to communicate and defend themselves in real life situations involving Stranger Abduction and Bully Intimidation. Escape techniques are learned to defend against being grabbed and communication skills are used to diffuse problems. Safety information is discussed each week. This program focuses on safety awareness, self-defense & discipline, not aggressiveness. All classes are taught in a fun, yet structured environment. Please arrive 20 minutes prior to 5:30 pm. For additional information please call (310) 223-6899.

*Instructor:* Sensei Bob | *Registration Fee:* \$10 per person  
*Fee:* \$7 per week | *Location:* Memorial Center

### New Students

Class # 6421 5-15 Jan. 15 – March 25 W 5:30-6:10 pm



## Fencing Fundamentals for Students w/ Special Needs

Due to societal stigmas, special-needs individuals are limited in opportunities to participate in any type of sports. The students will be learning the basics and fundamentals of fencing. The non-traditional sport of fencing builds confidence, empowerment and determination. A side benefit is exercising, improving balance, motor skills, concentration and focus. These skills translate to improved performance of the individual in school and life. As an inclusive group, we will be building comradery and team work. The benefits are endless.

*Instructor:* Nylda Osdrio-Vadnais | *Fee:* \$105/8classes

*Location:* Sports Center, Fitness Room

Class # 6471 8-18 Feb. 13 – Apr. 2 Th 3:30-5:30 pm



## Ice Skating

Ice skating class will teach you how to skate, be safe and enjoy this great pastime. Wear warm, flexible clothing and bring your mittens. Added value includes four public session passes, two guests passes and skate rental (\$73.50 value). Students will need to check in with CLASS CONFIRMATION at the first class. To sign up for the following classes at the Toyota Sports Center, pre-registration is required online or at the Hawthorne Memorial Center. Classes meet at 555 North Nash Street, just north of El Segundo Blvd. Call (310) 535-4510 for further directions. *Parent participation required for Beach Babies on Ice classes.*

*Instructor:* Toyota Sports Center staff | *Fee:* \$67/4 classes

*Location:* Toyota Sports Center

### Beach Babies on Ice

Class # 6422	2-3	Jan. 11 – Feb. 1	Sat	12:15-12:45 pm
Class # 6423	2-3	Jan. 12 – Feb. 2	Sun	10:50-11:20 am
Class # 6434	2-3	Feb. 15 – March 7	Sat	12:15-12:45 pm
Class # 6435	2-3	Feb. 16 – March 8	Sun	10:50-11:20 am
Class # 6446	2-3	March 14 – Apr. 11	Sat	12:15-12:45 pm
Class # 6447	2-3	March 15 – Apr. 12	Sun	10:50-11:20 am
Class # 6458	2-3	Apr. 18 – May 9	Sat	12:15-12:45 pm
Class # 6459	2-3	Apr. 19 – May 10	Sun	10:50-11:20 am

### Ice Skating for Tots

Class # 6424	4-6	Jan. 7 – Jan. 28	Tue	4:00-4:30 pm
Class # 6425	4-6	Jan. 11 – Feb. 1	Sat	12:15-12:45 pm
Class # 6426	4-6	Jan. 12 – Feb. 2	Sun	10:20-10:50 am
Class # 6436	4-6	Feb. 11 – March 3	Tue	4:00-4:30 pm
Class # 6437	4-6	Feb. 15 – March 7	Sat	12:15-12:45 pm
Class # 6438	4-6	Feb. 16 – March 8	Sun	10:20-10:50 am
Class # 6448	4-6	March 10 – Apr. 7	Tue	4:00-4:30 pm
Class # 6449	4-6	March 14 – Apr. 11	Sat	12:15-12:45 pm
Class # 6450	4-6	March 15 – Apr. 12	Sun	10:20-10:50 am
Class # 6460	4-6	Apr. 14 – May 5	Tue	4:00-4:30 pm
Class # 6461	4-6	Apr. 18 – May 9	Sat	12:15-12:45 pm
Class # 6462	4-6	Apr. 19 – May 10	Sun	10:20-10:50 am

### Ice Skating for Youth

Class # 6427	6-12	Jan. 7 – Jan. 28	Tue	4:30-5:00 pm
Class # 6428	6-12	Jan. 11 – Feb. 1	Sat	12:15-12:45 pm
Class # 6429	6-12	Jan. 12 – Feb. 2	Sun	10:20-10:50 am
Class # 6439	6-12	Feb. 11 – March 3	Tue	4:30-5:00 pm
Class # 6440	6-12	Feb. 15 – March 7	Sat	12:15-12:45 pm
Class # 6441	6-12	Feb. 16 – March 8	Sun	10:20-10:50 am
Class # 6451	6-12	March 10 – Apr. 7	Tue	4:30-5:00 pm
Class # 6452	6-12	March 14 – Apr. 11	Sat	12:15-12:45 pm
Class # 6453	6-12	March 15 – Apr. 12	Sun	10:20-10:50 am
Class # 6463	6-12	Apr. 14 – May 5	Tue	4:30-5:00 pm
Class # 6464	6-12	Apr. 18 – May 9	Sat	12:15-12:45 pm
Class # 6465	6-12	Apr. 19 – May 10	Sun	10:20-10:50 am

## Ice Hockey

During the 4 weeks of instruction, your child will be introduced to ice hockey. They will be taught the basic safety and skating skills such as backward and forward skating, balance and edges. Protective equipment is recommended, but not provided. This class includes ice skate rental, four public sessions and two guest passes. Students will need to check in the first day of class with CLASS CONFIRMATION. To sign up for the following classes at the Toyota Sports Center, pre-registration is required online or at the Hawthorne Memorial Center. Classes meet at 555 North Nash Street, just north of El Segundo Blvd. Call (310) 535-4510 for further directions.

*Instructor:* Toyota Sports Center staff | *Fee:* \$67/4 classes

*Location:* Toyota Sports Center

### Hockey Basics 6U

Class # 6430	4-6	Jan. 11 – Feb. 1	Sat	10:45-11:15 am
Class # 6431	4-6	Jan. 12 – Feb. 2	Sun	10:50-11:20 am
Class # 6442	4-6	Feb. 15 – March 7	Sat	10:45-11:15 am
Class # 6443	4-6	Feb. 16 – March 8	Sun	10:50-11:20 am
Class # 6454	4-6	March 14 – Apr. 11	Sat	10:45-11:15 am
Class # 6455	4-6	March 15 – Apr. 12	Sun	10:50-11:20 am
Class # 6466	4-6	Apr. 18 – May 9	Sat	10:45-11:15 am
Class # 6467	4-6	Apr. 19 – May 10	Sun	10:50-11:20 am

### Hockey Basics 14U

Class # 6432	6-12	Jan. 11 – Feb. 1	Sat	11:15-11:45 am
Class # 6433	6-12	Jan. 12 – Feb. 2	Sun	10:20-10:50 am
Class # 6444	6-12	Feb. 15 – March 7	Sat	11:15-11:45 am
Class # 6445	6-12	Feb. 16 – March 8	Sun	10:20-10:50 am
Class # 6456	6-12	March 14 – Apr. 11	Sat	11:15-11:45 am
Class # 6457	6-12	March 15 – Apr. 12	Sun	10:20-10:50 am
Class # 6468	6-12	Apr. 18 – May 9	Sat	11:15-11:45 am
Class # 6469	6-12	Apr. 19 – May 10	Sun	10:20-10:50 am



## Fantasia Dance Ensemble Jazz & Hip Hop Mix

Learn to be expressive, creative, and smooth through jazz lessons and hip hop enhancing self-expression, while learning moves that enhance body tone and stamina! Be sure to ask the instructor about the seasonal community recital as well!

*Instructor:* Alicia L. | *Fee:* \$50/8 classes

*Location:* Sports Center, Dance Room

Class # 6399	5-13	Jan. 9 – Feb. 27	Th	7:00-8:00 pm
Class # 6400	5-13	March 5 – Apr. 23	Th	7:00-8:00 pm



## Fantasia Dance Ensemble Ballet & Tap Combo

Focus on poise, grace, balance, beauty of ballet and learn rhythm, pizzazz, and movements in tap. Members look forward to participation in the community recital as well as having fun!

*Instructor:* Alicia L. | *Fee:* \$50/8 classes

*Location:* Sports Center, Dance Room

Class # 6393	6-12	Jan. 9 – Feb. 27	Th	6:00-6:55 pm
Class # 6394	6-12	March 5 – Apr. 23	Th	6:00-6:55 pm
Class # 6395	2-5	Jan. 11 – Feb. 29	Sat	10:00-10:55 am
Class # 6396	2-5	March 7 – Apr. 25	Sat	10:00-10:55 am
Class # 6397	6-12	Jan. 11 – Feb. 29	Sat	11:00 am-12:00 pm
Class # 6398	6-12	March 7 – Apr. 25	Sat	11:00 am-12:00 pm

## GENERAL INFORMATION FOR GYM EXPLORATIONS CLASSES:

Email: gym.explorations@gmail.com

Instructor: JoLynn Kirkpatrick

Location: Sports Center, Aerobics Room

### Toddler Tumbling

Gym Explorations helps to build strength, flexibility, balance, coordination and confidence in your child. Class starts with a warm-up to kids friendly tunes, then they will learn all kinds of tumbling, bar, vaulting, and balance beam skills. Attire: Leggings/shorts and T-shirt or a leotard with shorts, barefoot. Parents/Guardians are asked to sit in the waiting area outside of the class while in session. On the last day of class parents, relatives, and friends are invited to sit inside for our end of session performance.

Fee: \$104/7 classes

Class # 6401	3-5	Jan. 10 – Feb. 28	F	5:30-6:20 pm
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Fee: \$91/7 classes

Class # 6402	3-5	March 13 – Apr. 24	F	5:30-6:20 pm
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Fee: \$104/7 classes

Class # 6403	3-5	Jan. 11 – Feb. 29	Sat	10:30-11:20 am
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Fee: \$91/7 classes

Class # 6404	3-5	March 14 – Apr. 25	Sat	10:30-11:20 am
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### Fitastic Gymnastics 1

Build Confidence and coordination with Gym Explorations! Class starts with a fun aerobic exercise to upbeat music, as well as strength building and flexibility exercises. We teach basic tumbling skills such as cartwheels, rolls, handstands, and bridges. We also teach developmental skills on the balance beam, bar, and vaulting blocks. Parents are asked to sit in the waiting area outside of class while it is in session. On the last day of class parents, relatives, and friends are invited inside for our end of session performance. Attire: Leggings/shorts and T-shirt or leotard with shorts.

Fee: \$104/7 classes

Class # 6405	6-9	Jan. 10 – Feb. 28	F	6:30-7:20 pm
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Fee: \$91/7 classes

Class # 6406	6-9	March 13 – Apr. 24	F	6:30-7:20 pm
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Fee: \$104/7 classes

Class # 6407	6-9	Jan. 11 – Feb. 29	Sat	11:30 am-12:20 pm
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Fee: \$91/7 classes

Class # 6408	6-9	March 14 – Apr. 25	Sat	11:30 am-12:20 pm
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### Fitastic Gymnastics 2

**Pre-requisite:** Your child MUST be able to do a cartwheel, bridge, handstand, and front support to be in this class. All children will be assessed on the first day. Class starts with a fun aerobic exercise to upbeat music, stretching, and strength building. We will be teaching beam and floor routines, round-offs and one-handed cartwheels, front and back handsprings, back walkovers, and hip circles on the bar. Parents are asked to sit in the waiting area outside of class while it's in session. On the last day of class parent, relatives, and friends are invited inside for our end of session performance. Attire: leggings/shorts and a T-shirt or a leotard with shorts.

Fee: \$104/7 classes

Class # 6409	6-12	Jan. 11 – Feb. 29	Sat	12:30-1:20 pm
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Fee: \$91/7 classes

Class # 6410	6-12	March 14 – Apr. 25	Sat	12:30-1:20 pm
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### Tumbling for Fitness

**Pre-requisite:** Your child MUST be able to do a cartwheel, bridge, and handstand to be in this class. This class will focus on developing tumbling skills such as front and back handsprings, round-offs, and front and back walkovers. We will work on putting together floor routines and transitioning from one skill into another for a tumbling pass. As tumbling takes a lot of strength and power, we will also have an exercise component to teach your children how to build strength for the skills they'll be practicing.

Fee: \$104/8 classes

Class # 6411	6-12	Jan. 11 – Feb. 29	Sat	1:30-2:20 pm
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Fee: \$91/7 classes

Class # 6412	6-12	March 14 – Apr. 25	Sat	1:30-2:20 pm
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## Creative Ballet

Students will learn basic ballet steps and vocabulary through fun music, combinations, and traveling across the floor. Props such as streamers, bean bags, and more are used to inspire creativity. Ballet enhances grace, flexibility, and coordination. This is an independent class; parents are not allowed in dance room. Required attire: Leotard, tights, proper ballet shoes.

*Instructor:* Michelle Reese | *Location:* Sports Center, Dance Room

*Fee:* \$90/7 classes

Class # 6389 3-6 Jan. 6 – March 2 M 5:30-6:15 pm

*Fee:* \$100/8 classes

Class # 6390 3-6 March 9 – Apr. 27 M 5:30-6:15 pm

## Ballet and Tap Combo

Students will learn basic ballet and tap steps and vocabulary through fun music, combinations, and traveling across the floor. Props such as streamers, bean bags, and more are used to inspire creativity. Ballet enhances grace and coordination; tap enhances rhythm. This is an independent class; parents are not allowed in dance room. Required attire: Leotard, tights, proper ballet shoes and tap shoes.

*Instructor:* Michelle Reese | *Location:* Sports Center, Dance Room

*Fee:* \$110/9 classes

Class # 6387 4-8 Jan. 7 – March 3 T 5:30-6:15 pm

*Fee:* \$100/8 classes

Class # 6388 4-8 March 10 – Apr. 28 T 5:30-6:15 pm



## Hip Hop Dance Party

Students will learn basic dance movements and beginning hip hop steps through fun music, follow the leader style songs, traveling across the floor, and combinations. Hip hop is high energy and great for both boys and girls! This is an independent class; parents are not allowed in dance room. Attire: comfortable clothing and sneakers.

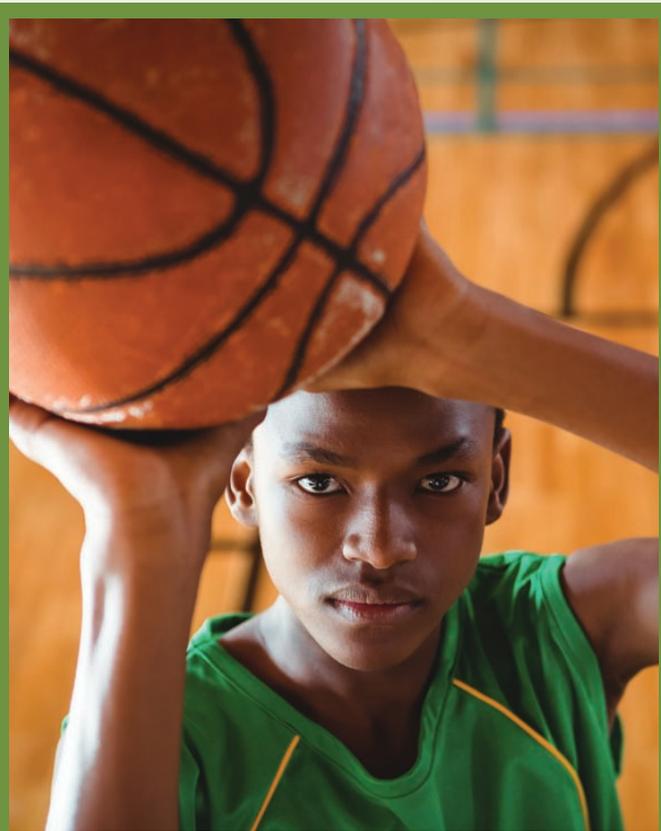
*Instructor:* Michelle Reese | *Location:* Sports Center, Dance Room

*Fee:* \$110/9 classes

Class # 6391 4-8 Jan. 8 – March 4 W 5:30-6:15 pm

*Fee:* \$100/8 classes

Class # 6392 4-8 March 11 – Apr. 29 W 5:30-6:15 pm



# YOUTH BASKETBALL LEAGUE

for Boys and Girls ages 6-15

**Registration Dates:** March 30 – May 29, 2020  
(or until league is full).

**Clinic:** May 30, 2020

**League Draft:** June 6, 2020

**League Practices Start:** June 8, 2020

**League Games Start:** June 20, 2020

**Fee:** \$60 per child

Birth certificate is **REQUIRED** at the time of registration.

**Betty Ainsworth Sports Center:** (310) 349-1655  
3851 W. El Segundo Blvd., Hawthorne 90250

**For more information please call (310) 349-1640.**

## VOLUNTEER COACHES NEEDED!

If you are interested in being a volunteer coach, please fill out a Coach's Volunteer Application (available at the Sports Center). All volunteers are required to be fingerprinted before the season starts. Please join us in helping the kids in our community learn, enjoy and appreciate the game of basketball.



*"Remember  
Character Counts!"*

*"Sportsmanship is  
Everyone's Responsibility"*

**Registration Begins:** February 3 - April 24, 2020 [or until league is full]

**Fee:** \$15.00 per child

Fee includes officials, uniform jersey, hat for players and league fees.

**Clinic Starts:** April 25, 2020

**League Draft:** May 2, 2020

**League Practices Begin:** May 4, 2020

**League Games Begin:** May 23, 2020

### **DIVISION AGES**

**TBALL (CO-ED) 4-6 YRS. 5 PITCH (CO-ED) 7-8 YRS. MINOR (CO-ED) 8-10 YRS.**

# HAWTHORNE TEEN CENTER

3901 El Segundo Blvd., Hawthorne, CA 90250 (Next to the Hawthorne Sports Center) (310) 970-7001  
Facility Hours: Monday - Friday 3-6 pm (Closed on January 1, 20; February 17, 2020.)

**EVERYTHING  
IS FREE!**



## ATTENTION ALL TEENS!

The Hawthorne Teen Center offers opportunities for teens to develop their physical, social, emotional and cognitive abilities and to experience achievement, leadership, enjoyment, friendship and respect. Our daily program activities are diverse, engaging, and appealing to teens of all ages and backgrounds. **Stop in and check it out for yourself!**

All activities at the Teen Center are free and are at no cost to any of the teen residents of the City of Hawthorne. **The Teen Center provides a supervised, safe and drug-free place for Hawthorne's teenagers to "have fun & learn" after school and during the summer months.**

### EDUCATION:

- › Scholarship Assistance
- › Homework Help (M - F)
- › SAT & CAHSEE Prep
- › Tutoring / Spanish Tutoring (M - Th)

### FITNESS PROGRAMS:

- › Volleyball
- › Handball
- › Flag Football
- › Yoga (T 4-5 pm)
- › Basketball Clinics

### ENRICHMENT:

- › International Cooking
- › Leadership Board (M & W 4-5 pm)
- › Peer Meditation
- › Job Club (M & W 3-6 pm)
  - › Are you ready to get a job?
  - › Do you know how to properly complete an application?
  - › What do you wear to an interview?
- › Arts 'n Crafts (Thursday 4:30-5 pm)
- › Guitar (Thursday 4:30-5:30 pm)
- › Volunteer Hours

### FACILITY OFFERS:

- › Pool Table
- › Ping Pong
- › Xbox and PS3 Video Game Stations
- › Computers with Free Internet Access
- › Big Screen TV
- › Board Games
- › Foosball Games
- › Air Hockey Table
- › Mini Basketball Court
- › Tutoring (M - Th)
- › Job Training
- › Recreation Tournaments (Th)
- › Movies (F)
- › Arts & Crafts
- › Life Skills & Youth Council

In partnership with South Bay One-Stop Youth Services and Business Center. An equal opportunity program employer. Auxiliary aides available upon request for persons with disabilities.

# HAWTHORNE POOL



Hawthorne Pool is an outdoor heated pool. Locker rooms have heated showers. Swim attire is required. No t-shirts, shorts, tank top or street clothes allowed. Take advantage of this great facility and make swimming a daily part of your life! For more information call: (310) 970-7228.

**Hawthorne Pool is located at 12501 W. Inglewood Ave. (north of El Segundo Blvd.)**

### Facility Hours:

Monday - Wednesday/Friday 6-10 am, 12-2 pm, 3:30-5 pm  
 Saturday - Sunday 9 am-12 pm

*Patrons will be asked to exit the pool 10 minutes prior to facility closure.*



## H2O AEROBICS

Water Aerobics is offered for adults (17 years and up) of all ages that are interested in enhancing their cardiovascular output while having fun in the water. Workouts are varied daily using noodles, weights, and water resistance.

### STUDENT GUIDED CLASSES:

**Cost:** \$4/per person  
 \$2/seniors 55+  
**Passes:** \$47/15 passes  
 \$24/15 passes for seniors 55+  
**Starts:** October 14 - June 19  
 Monday - Wednesday/Friday 9-10 am  
 Thursday 12-2 pm, 3:30-5 pm  
 Saturday 9-10 am

## LAP SWIMMING

Participants must be 17 years or older. Participants swim under the supervision of a lifeguard. No instruction is provided. All levels are welcome.

**Cost:** \$4/per person 17+  
 \$2/seniors 55+  
**Passes:** \$27/15 passes for seniors 55+  
 \$33/15 passes  
 \$71/35 passes

Monday - Wednesday / Friday: 6-10 am, 12-2 pm, 3:30-5 pm  
 Thursday: 12-2 pm, 3:30-5 pm  
 Saturday - Sunday: 9 am-12 pm (limited 2 lanes)



## Mexican Folklore

Step by step class instruction learning the beautiful steps and creative movements while exploring the background and history of the Mexican Folk Dance. Instructor provides instruction in both English and Spanish.

*Instructor:* Eleazar R. | *Fee:* \$65/16 classes

*Location:* Sports Center, Dance Room

### Beginner

Class # 6385	10-Adults	Jan. 8 – Feb. 28	W/F	6:30-7:20 pm
Class # 6386	10-Adults	March 4 – Apr. 24	W/F	6:30-7:20 pm

## Advanced Mexican Folklore

Join the intermediate or advanced classes and indulge in the beautiful form of Mexican Folklore dance that you love so much. This class is a great opportunity to build upon the skills you may already have or give you a great challenge to learn new routines. Many opportunities to perform as well!

*Instructor:* Eleazar R. | *Fee:* \$65/16 classes

*Location:* Sports Center, Dance Room

### Intermediate

Class #6383	10-Adults	Jan. 8 – Feb. 28	W/F	7:30-8:30 pm
Class #6384	10-Adults	March 4 – Apr. 24	W/F	7:30-8:30 pm

### Advanced

Class #6381	10-Adults	Jan. 8 – Feb. 28	W/F	8:30-9:45 pm
Class #6382	10-Adults	March 4 – Apr. 24	W/F	8:30-9:45 pm



## Cardio Kickboxing & Powertone

A total body workout that blends your own strength with the arts of self defense, dance, boxing, and aerobics. A high calorie burner that introduces you to more than just the basics. Burn calories, tone your body, and learn the technique behind the workout. **All mix & match passes are \$25.**

*Instructor:* LA Latin Aerobics staff | *Fee:* \$60/16 classes

*Location:* Sports Center, Fitness Room

Class #6417	12-Adults	Jan. 6 – Feb. 26	M/W	6:30-7:30 pm
Class #6418	12-Adults	March 2 – Apr. 22	M/W	6:30-7:30 pm

## Cardio Step & Powertone

During the 60 minute workout we use a combination of cardio step and strength exercise to improve your upper and lower body. Cardio Step & Powertone class will combine fun dance moves on the steps. With a little motivation and repetition this will help you burn and eliminate fat. We will also do dumbbell exercises to help you improve and develop lean muscles. Enjoy this new class and see how your body becomes slimmer, healthier and more energetic from the first class to the last. **All mix & match passes are \$25.**

*Instructor:* LA Latin Aerobics staff | *Fee:* \$60/16 classes

*Location:* Sports Center, Fitness Room

Class #6419	12-Adults	Jan. 7 – Feb. 27	T/Th	6:00-7:00 pm
Class #6420	12-Adults	March 3 – Apr. 223	T/Th	6:00-7:00 pm



## Zumba Dance "In The Park"

Come join the dance party! Burn calories and have fun while working out. This combination of latin rhythms will have your smiling and sweating at the same time. The 1<sup>st</sup> hour is cardio and the last ½ hour is body toning & sculpting. Please bring a mat or towel. 5 lbs weights are optional.

*Instructor:* Angelina Long *Fee:* Free

*Location:* Jim Thorpe Park

12-Adults	Jan. 6 - May 1	M/W/F	8:30-10:00 am
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## Yoga Pilate's & Full Body Stretch

Yoga Pilate's & full body stretch moves can sculpt virtually any part of your body. Yoga is a stretching and healing workout and Pilate's is a core strength workout. This exercise is good for your flexibility and abs. We put together this combination workout using the best body sculpting moves from each method. You will feel the results in your core, arms, legs and back. This exercise will improve your flexibility and muscles. It will also tone the muscles in your entire body. Yoga Pilate's & full body stretch is an easy fun and sage way to start your journey towards good health and well-being. **All mix & match passes are \$25.**

*Instructor:* LA Latin Aerobics | *Fee:* \$40/8 classes

*Location:* Sports Center, Fitness Room

Class #6415	12-Adults	Jan. 9 – Feb. 27	Th	7:00-8:00 pm
Class #6416	12-Adults	March 5 – Apr. 23	Th	7:00-8:00 pm



## Tone Your Abs, Glutes, Hips & Thighs

Strengthening your abs, hips, butt, and thighs will help you look your best in and out of the gym. A strong lower body helps ward off injuries and protect your back from any pain. This class will be a complete workout will all the moves and exercises that make your body stronger. This would include sit ups with balls, on the floor and adding weights. Squats, lunges and kicks in different positions to develop a perfect butt, hips and thighs. This super workout will help you be your best. You will love the result!!!

*Instructor:* LA Latin Aerobics | *Fee:* \$40/8 classes

*Location:* Sports Center, Fitness Room

Class #6413	12-Adults	Jan. 7 – Feb. 25	T	7:00-8:00 pm
Class #6314	12-Adults	March 3 – Apr. 21	T	7:00-8:00 pm

## Hawthorne Senior Center

### *The Place Where Fun Begins!*

The Hawthorne Senior Center is located directly behind the Hawthorne Memorial Center at 3901 El Segundo Boulevard, Hawthorne. Parking in the rear. Entrance on Prairie Avenue. (310) 349-1650

Hours of operation are Mondays through Fridays from 9:00 am to 4:00 pm.

## Senior Center Benefits

If you are at least 55 years old and looking for something new in your life, you should come to the Hawthorne Senior Center. The Hawthorne Senior Center offers a wide variety of programs and activities. **Regular programs include dances, field trips, billiards, bingo, health & fitness classes, computer room, sewing, knitting, crafts, movies, and a variety of other programs.** The Hawthorne Senior Center also serves **lunch (60+ years) everyday at noon** so if you're interested stop by and inquire.



## AARP Driving Class

AARP Driving Classes for seniors helps to lower auto insurance. Wednesday & Thursday, 10 am - 2 pm. Call for dates.

## Hawthorne Gad-A-Bouts

The **Gad-A-Bouts** meet each Friday from 9:00 am to 12:00 noon in the Hawthorne Memorial Center Polaris Room. Membership is \$3 per year. **Birthdays** are celebrated the first Friday of each month with a cake. **Canasta** is played each week for those who enjoy this activity. **Board meetings** are held every other month; usually on the third Friday of the month. Stop by on a Friday to talk to one of the Gad-A-Bouts members for more information.

## Bet Tzedek Legal Services

By appointment only! FREE legal services are available to you! You must call in advance to make sure you can be seen! Call: the Senior Center at (310) 349-1650!

## Nutrition Program

Lunch is served Monday - Friday at 12:00 noon in the Hawthorne Senior Center. The project is funded in part by the LA County Area on Aging of 1965. You must come into the Senior Center to register for the lunch program. A suggested \$2 donation for seniors is appreciated but not mandatory!



## Dial-A-Ride Transportation

Dial-a-ride is for persons 62 years of age or disabled. Tokens may be purchased at the Memorial Center after you have registered in the Senior Center and received your ID card! Transportation is available M-F 8:30 am-5:30 pm. Call (310) 965-8848 for reservation pick-up at least 24 hours in advance!

## Braille Institute

Braille Institute's community outreach program is designed to help the blind and visually impaired people to live with dignity in a sighted world. These community-based programs are located conveniently throughout Los Angeles County and offered free of charge. For information about class registration, counseling, visual aids, adaptive technology and other services provided by Braille Institute, please call: (323) 663-1111 ext. 1252.

## Community Gardens

The Recreation & Community Services Department also sponsor a Community Garden at 126<sup>th</sup> & Grevillea Ave. The City owned land has been converted in 18 garden plots. 20'X10' each. The plots are leased on a first come, first serve basis for a one year period. The cost is \$33 per year. Each gardener is responsible for the upkeep of their own plot. For more information and availability call (310) 349-1640. The Community Garden is located on 126<sup>th</sup> and Grevillea.



# SENIOR CENTER OFFERINGS

- › **Billiard Room** open 9 am – 4 pm Monday - Friday
- › **Computer Room** open 9 am – 4 pm. 5 computers with a printer for your use.
- › **Sewing Room** open 9 am – 4 pm Monday - Friday, 6 new sewing machines for your use, material, and knitting/crocheting supplies donated frequently for your use also. Not instructor led.

## Classes Offered

- › **Tai Chi:** Wednesdays from 10 am – 11 am (free)
- › **Line Dance:** Thursdays from 9:30 am – 11 am (free)
- › **Bingo:** Tuesdays and Thursdays 1 pm – 2 pm. Fifty cent per card played, everyone brings in a gift for the game.

## VOLUNTEERS NEEDED!

### GIVE A HELPING HAND!

We need your support! The Hawthorne Senior Center is run by a very small staff and a handful of volunteers. If you would like to give back to your community and feel you have an interest in working with seniors, please contact the Senior Center to find out how you can assist! We are always looking for help with the nutrition program, computer lab, and special events. Call (310) 349-1650 for more information!



## HAVE AN EMAIL ADDRESS?

Call the senior center to have it added to our contact group. Receive a weekly agenda of what's happening in the senior center and the quarterly newsletter also.

## Hawthorne Senior Center's SPECIAL EVENTS

Senior Center closed: January 1, 20; February 17 and March 31, 2020.

### February:

#### VALENTINE'S DANCE

Friday, February 14<sup>th</sup>  
1 – 4 pm Cost: \$2 / \$3 at the door



### April:

#### FARMERS MARKET

Friday, April 17<sup>th</sup>  
9 am – 3 pm



#### SPRING DANCE

Friday, April 24<sup>th</sup> 1 – 4 pm Cost: \$2 / \$3 at the door

For more information regarding upcoming events please call the Hawthorne Senior Center (310) 349-1650.

## Important Phone Numbers

Hawthorne Senior Center	310-349-1650
Inglewood Senior Center	310-412-5338
South Bay Senior Services	310-325-2141
Little Co. of Mary Home Health	310-543-3450
Torrance Memorial Home Health	310-784-3739
Housing	310-349-1600
Senior Employment (SER)	310-680-3771
Home Delivered Meals	310-412-4380
MTA Bus Passes	310-349-1640
Dial-A-Ride Transportation	310-349-1650
Volunteer Opportunities	310-349-1650
Information & Assistance	310-349-1650
LA County Area on Aging	800-510-2020
Elder Abuse Hotline	800-477-3646
Employment Programs	213-738-2631
Alzheimer's Association	800-272-3900
Elder Care Locator	800-677-1116
Center for Health Care Rights	800-824-0780



## BETTY AINSWORTH SPORTS CENTER OPEN PLAY HOURS

3851 W. El Segundo Blvd.  
(310) 349-1655

### **Basketball:**

Please call to get updated open play basketball hours.

Adults (18 and over): \$1;  
Youth (17 and under): Free

### **Volleyball:**

Every Friday, 8 pm-10 pm  
Adults (18 and over): \$1;  
Youth (17 and under): \$0.50

### **Racquetball:**

Monday - Friday, 3 pm-9 pm  
Saturday, 8 am-3 pm  
Fee: \$7/hour

(Schedule subject to change!)

## ADULT BASKETBALL LEAGUE

Games will be played on Sunday evenings beginning at 3 pm at the Betty Ainsworth Sports Center

(3851 W. El Segundo Blvd.)

First come first serve.

Fee: \$350 per team +  
\$30 referee fees.

League Fees must be paid in full when signing up.

*For more information please call:*

(310) 349-1655 or  
(310) 349-1640.

## Online Registration Available

<https://apm.activecommunities.com/hawthornerecreation>



## CITY HALL DEPARTMENTS

Airport	(310) 349-1635
Building & Safety	(310) 349-2990
Business License	(310) 349-2935
Cable TV (Channel 22)	(310) 349-1630
Code Enforcement	(310) 349-2945
City Attorney	(310) 349-2960
City Clerk	(310) 349-2915
City Hall (Information)	(310) 349-2900
City Manager	(310) 349-2910
City Finance	(310) 349-2920
Graffiti Removal	(310) 349-1632
Housing	(310) 349-1600
Human Resources	(310) 349-2950
Job Hotline	(310) 349-1633
Mayor & City Council	(310) 349-2908
Planning/Community Development	(310) 349-2970
Police Department	(310) 349-2700
Public Information	(310) 349-2902
Recreation & Community Services	(310) 349-1640
Hawthorne Senior Center	(310) 349-1650
Inglewood Senior Center	(310) 412-5338
Sports Center	(310) 349-1655
Street Maintenance	(310) 349-1660
Tree Trimming	(310) 349-1664

## COMMUNITY SERVICES

Allied Waste	(888) 742-5234
AT&T	(800) 310-2355
Animal Control/Licensing	(310) 349-2948
Animal Complaints/Pick-up	(310) 675-4443
California Water Service	(800) 758-6790
Chamber of Commerce	(310) 676-1163
Dial-A-Ride	(310) 349-1650
Health Department	(310) 419-5358
LA County Alondra Park	(310) 217-8366
LA County Bodger Park	(310) 676-2085
LA County Del Aire Park	(310) 643-4976
MTA Transit	(800) 266-6883
MTA Bus Pass Card reloading	(310) 349-1640
Shopping Carts	(800) 252-4613
So. Calif. Edison	(800) 655-4555
So. Calif. Gas Co.	(800) 427-2200
So. Calif. Water Co.	(800) 758-6790
Street Light Problems	(800) 655-4555
Traffic Signal Lights	(626) 458-4357
Time Warner Cable	(800) 892-4357
Union Pacific Rail Road	(800) 767-3884

## NEIGHBORING LOS ANGELES COUNTY PARKS

Alondra Park	(310) 217-8366
3850 Manhattan Beach Boulevard, Lawndale, CA	
Bodger Park	(310) 676-2085
14900 S. Yukon Avenue, Hawthorne, CA	
Del Aire Park	(310) 643-4976
12601 S. Isis Avenue, Hawthorne, CA	

## SCHOOLS & LIBRARIES

Hawthorne School District	(310) 676-2276
Wiseburn School District	(310) 643-3025
Centinela Valley Adult School	(310) 263-3200
Hawthorne High School	(310) 263-4400
Leuzinger High School	(310) 263-2200
Hawthorne Library	(310) 679-8193
Wiseburn Library	(310) 643-8880

## COMMUNITY ORGANIZATIONS

American Youth Soccer Organization	(310) 643-6455
Boys & Girls Club - Carson	(310) 549-7311
Boy Scouts of America	(213) 413-4400
District 37 Little League	(310) 644-9360
Gardena YMCA	(310) 523-3470
Girls Scouts Council	(310) 328-2312
Holly Park Little League	(424) 901-3313
Little Co. of Mary Home Health	(310) 543-3450
Torrance Memorial Home Health	(310) 784-3739
Senior Employment (SER)	(310) 680-3771
Home Delivery Meals	(310) 412-4380
South Bay Youth Service Center	(310) 549-7311
Teen Challenge	(310) 644-3695
Teen Hotline (24 hr. Hotline)	(800) 448-3000
Tri Park Little League	(310) 675-1609
Wiseburn Little League	(310) 289-4113
Volunteer Opportunities	(310) 349-1650
Information & Assistance	(310) 349-1650
LA County Area on Aging	(800) 510-2020
Elder Abuse Hotline	(877) 477-3646
Alzheimer's Association	(800) 272-3900
Elder Care Locator	(800) 677-1116
Center for Health Care Rights	(800) 824-0780
Parks & Recreation Foundation	(310) 643-9157
Hawthorne Historical Society	(310) 237-8907

### City of Hawthorne CITY HALL

4455 W. 126<sup>th</sup> Street,  
Hawthorne, CA 90250  
[www.cityofhawthorne.com](http://www.cityofhawthorne.com)  
**(310) 349-2900**

### RECREATION & COMMUNITY SERVICES

3901 W. El Segundo Blvd.  
[www.cityofhawthorne.org/parks-and-recs-home-page](http://www.cityofhawthorne.org/parks-and-recs-home-page)  
**(310) 349-1640**



**City of Hawthorne  
Recreation & Community Services**

3901 W. El Segundo Blvd., Hawthorne, CA 90250  
(310) 349-1640

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RESIDENTIAL CUSTOMER

**CITY OF HAWTHORNE - RECREATION AND COMMUNITY SERVICES DEPARTMENT, KIWANIS CLUB, CITY OF HAWTHORNE  
PUBLIC WORKS DEPARTMENT IN COOPERATION WITH THE HAWTHORNE/LAX/LENNOX ROTARY CLUB PRESENTS:**

# Bunny Breakfast



**EARTH DAY FESTIVAL**

**HAWTHORNE COMMUNITY SERVICE PROVIDER RESOURCE FAIR**

**Saturday, April 4, 2020 9 am - 1 pm Memorial Park**

Class # 6470

Bring your own basket! Join us for breakfast with the Bunny! Enjoy a pancake breakfast, carnival games, inflatables, face painting, egg hunt, a puppet show and much more! Bring a blanket for picnic style breakfast.

Event is for the whole family! All children must be accompanied by an adult!

Early registration is suggested because seating is limited! Bring a blanket for an outdoor picnic.

Register at the Hawthorne Memorial Center Monday-Thursday, 7:30 am-5:30 pm beginning February 26<sup>th</sup>.

The fee is \$5. Checks will only be accepted 7 days before the event. Credit cards will not be accepted the day of the event.

Learn how to preserve and protect our natural resources while reducing energy consumption.

Learn how to reduce, reuse and recycle household trash.

