

# What's on the Menu?

Simpson Elementary School

October 2023

## Weekly Offerings

Fun Lunches:  
Assorted Muffin, Yogurt, String Cheese

Assorted Deli Sandwiches:  
Turkey or Ham  
Sunbutter & Jelly

"Extra Extra" Bar with Fruit and Veggies



**POWERUP!**

Power Your Performance

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Cheesy Breadsticks Marinara</p> <p>Fun Lunch</p> <p><i>Mini Cinni</i></p>	<p>3</p> <p>Cheesy Quesadilla</p> <p>Deli Sandwich</p> <p><i>Pancake on a Stick</i></p>	<p><u>Taste of Washington</u> 4</p> <p>Chicken &amp; Waffle</p> <p>Fun Lunch</p> <p><i>Breakfast Sandwich</i></p>	<p>5</p> <p>Italian Meat Sauce Over Pasta</p> <p>Deli Sandwich</p> <p><i>Smoothie w/Graham Cracker</i></p>	<p>6</p> <p><b>PIZZA DAY!</b> Cheese Pizza</p> <p><i>Waffles</i></p>
<p>9</p> <p>Sweet Chili Chicken Steamed Rice</p> <p>Fun Lunch</p> <p><i>Breakfast Pizza</i></p>	<p>10</p> <p><b>Macho Nacho</b> Assorted Toppings</p> <p>Deli Sandwich</p> <p><i>Cherry Frudel</i></p>	<p>11</p> <p>Popcorn Chicken Oven Fries</p> <p>Fun Lunch</p> <p><i>Muffin</i></p>	<p>12</p> <p>Macaroni &amp; Cheese</p> <p>Deli Sandwich</p> <p><i>Parfait</i></p>	<p>13</p> <p><b>NO SCHOOL</b></p>
<p>16</p> <p>Orange Chicken Steamed Rice</p> <p>Fun Lunch</p> <p><i>Mini Cinni</i></p>	<p><u>National Pasta Day</u> 17</p> <p><b>Chicken Alfredo</b></p> <p>Deli Sandwich</p> <p><i>Pancake on a Stick</i></p>	<p>18</p> <p>French Toast Sticks Sausage</p> <p>Fun Lunch</p> <p><i>Breakfast Sandwich</i></p>	<p>19</p> <p>Salisbury Steak Mashed Potatoes &amp; Gravy</p> <p>Deli Sandwich</p> <p><i>Smoothie w/Graham Cracker</i></p>	<p>20</p> <p><b>PIZZA DAY!</b> Cheese Pizza</p> <p><i>Waffles</i></p>
<p>23</p> <p>Cheeseburger Oven Fries</p> <p>Fun Lunch</p> <p><i>Breakfast Pizza</i></p>	<p>24</p> <p>Beefy Cheese Taco</p> <p>Deli Sandwich</p> <p><i>Strawberry Bagel</i></p>	<p>25</p> <p>Toasted Cheese Sandwich Tomato Soup</p> <p>Fun Lunch</p> <p><i>Muffin</i></p>	<p>26</p> <p>Pulled Pork Sandwich</p> <p>Deli Sandwich</p> <p><i>Parfait</i></p>	<p>27</p> <p><b>PIZZA DAY!</b> Pepperoni Pizza</p> <p><i>French Toast Sticks</i></p>
<p>30</p> <p>Teriyaki Chicken Steamed Rice</p> <p>Fun Lunch</p> <p><i>Mini Cinni</i></p>	<p><u>Halloween</u> 31</p> <p><b>Mummy Dog</b> Oven Fries</p> <p>Deli Sandwich</p> <p>Special Treat</p> <p><i>Pancake on a Stick</i></p>			

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MENU SUBJECT TO CHANGE

*This institution is an equal opportunity provider.*



Vegetarian



Locally Grown

chartwells  
serving up happy & healthy