

# Ryan D. Stoll

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## POSITIONS

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- 2017 – present      Director of Research Translation, *The Courage Lab*, ASU (PI: Armando Pina)
- 2016 - present      Founder and CEO, *COMPASS for Courage*
- 2014 - 2015          Intervention Development Manager, *BRIDGES to High School*, ASU (PI: Nancy Gonzales)
- 2011 - 2013          Intervention Development Manager, *REACH for Success*, ASU (PI: Armando Pina)
- 2007 - 2013          Freelance Graphic Designer and Photographer
- 2007 - 2013          Data Management Supervisor and Operations Manager, *UPS*

## EDUCATION

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- 2019                  Ph.D. in Clinical Psychology (*ABD*)  
Arizona State University, Tempe, AZ
- 2015                  M.A. in Clinical Psychology  
Arizona State University, Tempe, AZ
- 2012                  B.S. in Psychology (*Magna Cum Laude*)  
Arizona State University, Tempe, AZ

## EXPERTISE AND INTERESTS

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My research is focused on understanding the best practices for enhancing fit between evidence-based interventions targeting mental health concerns and real-world settings and conditions. In particular, I am concerned with the application of design, marketing, and entrepreneurial principles to translate science-based armamentaria into effective and sustainable tools for real-world settings and conditions. This includes: market segmentation, product positioning (e.g., branding, pricing, promotion), identifying competing needs for limited resources, assessments of consumer and provider preferences, and the re-packaging of interventions into simpler, less intensive interventions that are consumer-focused. I also am interested in understanding mobile and smart technologies can be harnessed to enhance scalability, feasibility, and precision of evidence-based interventions. Finally, I am enthusiastic about exploring the utility of alternative funding mechanisms (e.g., crowdfunding, venture capital, commercialization) to finance population-level implementation and dissemination of evidence-based interventions.

## RESEARCH GRANTS, FELLOWSHIPS, AND AWARDS

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Active	<i>Graduate Education Fellowship</i> Graduate College, Arizona State University
Past	<i>T32 NRSA Pre-Doctoral Training Fellowship in Dissemination and Implementation Science</i> National Institute on Drug Abuse
Past	<i>Graduate Excellence Award</i> Graduate College, Arizona State University
Past	<i>Invited Speaker Travel Award</i> PAXIS Institute
Past	<i>Early Career Preventionist Travel Award</i> Society for Prevention Research (2016 conference)
Past	<i>Graduate Travel Award</i> Graduate and Professional Student Association, Arizona State University
Past	<i>Early Career Preventionist Travel Award</i> Society for Prevention Research (2015 conference)
Past	<i>Undergraduate Psychology Research Scholar Award</i> Department of Psychology, Arizona State University
Past	<i>Graduate Enrichment Fellowship</i> Graduate College, Arizona State University

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## **ENTREPRENEURIAL GRANTS, FELLOWSHIPS, AND AWARDS**

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Active	<i>ASU First Generation Innovator Achievement Award</i> ASU Changemaker Challenge; Kaufmann Foundation
Active	<i>ASU Edson Student Entrepreneur Project Grant and Accelerator Program</i> ASU Knowledge Development; ASU Entrepreneurship + Innovation Title: COMPASS for Courage: A tier-2 school-based curriculum to support anxious students, their families, and educators.
Active	<i>NSF I-Corp Phase I Project Grant</i> ASU Knowledge Development; National Science Foundation
Active	<i>ASU Changemaker Challenge Project Grant</i> ASU Changemaker Central Title: COMPASS for Courage: A tier-2 school-based curriculum to support anxious students, their families, and educators.

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## **SCIENTIFIC CONTRIBUTIONS (PSYCHOLOGY)**

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1. Holly, L.E., **Stoll, R.D.**, Rapp, A. Pina, A.A., & Chavira, D. (in press). Evidence-based interventions for ethnic minority youth. In Ollendick, T. (Ed) *Handbook of Clinical Child and Adolescent Psychology*. Oxford, NY: Oxford University Press.
2. **Stoll, R.D.**, Pina, A.A., Gary, K.G., & Amresh, A. (2017). Usability of a smartphone application designed to support the prevention and early intervention of anxiety in youth. *Cognitive and Behavioral Practice*. doi:10.1016/j.cbpra.2016.11.002
3. Scott, B.G., Lemery-Chalfant, K., Clifford, S. Tein, J.Y., **Stoll, R.D.**, & Goldsmith H.H. (2016). A twin factor mixture modeling approach to childhood temperament: Differential heritability. *Child Development, 87*(6), 1940-1955. doi:10.1111/cdev.12561

### **Under Revision and Review**

1. Pina, A.A., Gonzales, N.A., Holly, L.E., Parker, J., Mezza, G., Gunn, H. **Stoll, R.D.**, Chiapa, A., Wynne, H., & Tein, J.Y (2017). Streamlined indicated prevention and early intervention for anxious youth: A hybrid-1, effectiveness-implementation, randomized trial in the schools. *Prevention Science*.

### **In Preparation**

1. **Stoll, R.D.**, Schleider, J., Pina, A.A., & Weisz, J. Brief interventions for child and adolescent anxiety: A narrative review and suggestions for future research directions. *Journal of Clinical Child & Adolescent Psychology* (Invited Manuscript).
2. **Stoll, R.D.**, Pina, A.A., et al. Technology-enhanced indicated prevention and early intervention for youth anxiety: A match case-control study.
3. **Stoll, R.D.**, Pina, A.A., et al. A social network and qualitative approach to enhance dissemination and implementation of prevention programs in community settings. *School Mental Health*.
4. **Stoll, R.D.**, & Pina, A.A. Mediators of CBT interventions for anxiety and depression in youth: A meta-analytic path analysis.

### **SCIENTIFIC CONTRIBUTIONS (ENGINEERING)**

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1. Gary, K., **Stoll, R.D.**, Amresh, A., Rallabhandi, P., Patwardhan, M., Hamel, D., Pina, A., Quezado, Z., & Cleary, K. (in press). mHealth games as rewards: Incentives or distraction? *Proceedings of the Conference on Digital Health 2017*.
2. Patwardhan, M., **Stoll, R.D.**, Hamel, D. B., Amresh, A., Gary, K. A., & Pina, A. (2015). Designing a mobile application to support the indicated prevention and early intervention of childhood anxiety. In *Proceedings of the conference on Wireless Health* (p. 8). ACM. doi:10.1145/2811780.2811954

### **CONFERENCE PRESENTATIONS (PSYCHOLOGY)**

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1. **Stoll, R.D. (chair)**, Pina, A.A., Gary, K., Johnson-Glenberg, M., Pincus, D., Beidel, D., & Pintello, D. (2017, November). *Interdisciplinary Perspectives on Developing and Deploying Effective Mobile and Connected Mental Health Intervention Efforts for Youth and Families*. Discussion Panel to be presented at the 2017 Association for Behavioral and Cognitive Treatments conference, San Diego, CA.

2. Holly, L.E., Pina, A.A., Gonzales, N.A., Holly, L.E., Parker, J., **Stoll, R.D.**, Chiapa, A., Wynne, H., (2017, November). *School-Based Prevention and Early Intervention for Anxiety: A Randomized Control Trial with Hispanic/Latino Youth*. To be presented at the 2017 Association for Behavioral and Cognitive Treatments conference, San Diego, CA.
3. Pina, A.A., **Stoll, R.D.**, Gonzales, N., Gary, K., et al. (2017, April). *Streamlined Indicated Prevention Targeting Anxious Youth in the Schools: A Hybrid-1 RCT and Matched Control Study Using Mobile Health Tools*. Presented as part of organized symposia ('Little Treatments, Big Effects? New Developments in Very Brief Interventions for Child and Adolescent Anxiety') at the 2017 Anxiety and Depression Conference, San Francisco, CA.
3. **Stoll, R.D.**, & Pina, A.A. (2016, November). *Anxiety and Its Related Sequela in K-6 School Settings – Challenges and Solutions*. Presented at the 2017 PAX Good Behavior Game Partner Training, Dayton, OH.
4. **Stoll, R.D.** & Pina, A.A. (2016, May). *Using meta-analytic path analysis to identify mediators of youth anxiety and depression intervention effects*. Presented as part of organized symposia ('Modern Methods for Mediation Analysis in Prevention') at the 24<sup>th</sup> Annual Meeting of the Society for Prevention Research, San Francisco, CA.
5. Holloway, I., **Stoll, R.D.**, & Reback, K. (2016, May). *Social networks and technology use of transgender women with/at high risk for HIV*. Presented at the 24<sup>th</sup> Annual Meeting of the Society for Prevention Research, San Francisco, CA.
6. Pelham, W., Minney, J. Panza, K., **Stoll, R.D.**, Pandika, D. (2016, May). *Father involvement in health service utilization and the development of child health and mental health problems: A longitudinal investigation of the Fragile Families and Child Wellbeing Study*. Presented at the 24<sup>th</sup> Annual Meeting of the Society for Prevention Research, San Francisco, CA.
7. **Stoll, R.D.**, Pina, A.A., Gonzales, N., Gary, K.G., Amresh, A., & Patwardhan, M. (2016, March). *Using mHealth technologies to improve child anxiety prevention efforts in real-world settings*. Presented at the Institute for Social Science Research Conference at Arizona State University, Tempe, AZ.
8. Patwardhan, M., **Stoll, R.D.**, Hamel, D., Amresh, A., Gary, K., & Pina, A. A. (2015, October). *Designing a Mobile Application to Support the Indicated and Early Intervention of Childhood Anxiety*. Presented at the National Institutes of Health Wireless Health on Computing and Dissemination Conference, Bethesda, MD.
9. **Stoll, R.D.**, Amresh, A., Gary, K. A., Pina, A. A., & Patwardhan, M. (2015, May). *Using mobile gaming to improve child anxiety prevention efforts in effectiveness settings*. Presented at the 23<sup>rd</sup> Annual Meeting of the Society for Prevention Research, Washington DC.
10. Holly, L. E., Humphrey, J., Wynne, H., Chiapa, A., **Stoll, R.D.**, & Pina, A. A. (2014, September). *School-based indicated prevention for childhood anxiety: A randomized trial with Caucasian and Hispanic/Latino children*. Presented at the 2014 Biennial Meeting of the National Latina/o Psychological Association, Albuquerque, NM.
11. **Stoll, R.D.**, Chiapa, A., Holly, L. E., Humphrey, J., Villalta, I., Zerr, A., & Pina, A. A. (2013, April). *The relations among anxiety, pre-sleep arousal, and physiological reactivity*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Seattle, WA.

12. **Stoll, R.D.**, Chiapa, A., Holly, L. E., Humphrey, J., Villalta, I., Zerr, A., & Pina, A. A. (2013, January). *An initial evaluation of pre-sleep arousal in clinically anxious Mexican origin and Caucasian youth*. Presented at the National Collegiate Research Conference at Harvard University, Boston, MA.
13. Pina, A. A., Holly, L. E., Wynne, H., **Stoll, R.D.**, Zerr, A. (2012, May). *A social network and qualitative data approach to assist transportability of a child anxiety prevention program into elementary school settings*. Presented at the 20<sup>th</sup> Annual Meeting of the Society for Prevention Research, Washington, D.C.
14. Pina, A. A., Holly, L. E., Zerr, A., Holloway, I., **Stoll, R.D.**, Mueller, J., Wynne, H., & Caterino, L. (2012, April). *A social network/qualitative approach to enhance dissemination and implementation of prevention programs in community settings*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.

## **CONFERENCE PRESENTATIONS (ENTREPRENEURSHIP)**

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1. **Stoll, R.D.** (2017, October). *Navigating entrepreneurship as a first-generation innovator and college student*. Invited talk presented at the 2017 ASU Start Up Summit, Tempe, AZ.

## **PATENTS**

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COMPASS for Courage: A gamified, tier-2 or indicated anxiety prevention program (co-inventor with Armando Pina)

## **PROFESSIONAL SERVICE**

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### **Ad-Hoc Reviewer**

**Tier 1 Journals:** Clinical Psychology Review; Cognitive Behavioral Therapy; Cognitive Therapy and Research; Journal of Clinical Child & Adolescent Psychiatry; Journal of Clinical Child and Adolescent Psychology;

**Others:** Behavioral Psychology; Journal of Child and Family Studies; Journal of Child and Family Studies; Child & Youth Care Forum

### **Professional Memberships**

American Psychological Association; Association for Behavioral and Cognitive Therapies; Society of Clinical Child & Adolescent Psychology; Anxiety and Depression Association of America; Association of Psychological Science; Society for Prevention Research; Society for Implementation Research Collaboration; Western Psychological Association

### **Professional Activities**

2014 -2016 *Student Council President*, Western Psychological Association

2013-2014 *Director of Marketing and Membership*, Western Psychological Association

### **Campus Involvement**

2011-2013 *President*, To Write Love On Her Arms-ASU Chapter

2010-2011 *Director of Marketing and Outreach*, To Write Love On Her Arms-ASU Chapter

## TEACHING AND MENTORING EXPERIENCE

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### TEACHING ASSISTANT

2017	Abnormal Child Psychology
2014	Psychology of Women
2014	Social Development
2013	Abnormal Psychology
2013	Adolescent Psychopathology

### Research Assistants Supervised

Year	Name	Current Position
2017	Simone Tavassoli	<i>Current mentee</i>
2017	Kristi Allsup	<i>Current mentee</i>
2017	Navneet Kaur	<i>Current mentee</i>
2017	Elizabeth Carnesi	<i>Current mentee</i>
2017	Ashleigh Watts	<i>Current mentee</i>
2017	Grethel Ochoa	Interventionist, Southwest Autism Research & Resource Center
2017	Aspen Thomas	Interventionist, Southwest Autism Research & Resource Center
2016	Taylor Whittaker	Doctoral student in school psychology, Northern Arizona University
2015	Mindy Lok	<i>Continuing Undergraduate Studies</i>
2015	Paige Murwin	Habilitation specialist, Arizona Autism United
2015	Bryan Gower	Licensed counselor, Desert Rain Behavioral Health Services
2015	Alicia Olivias	<i>Continuing Undergraduate Studies</i>
2014	Chelsea Stacy	Law student, Arizona State University Law School
2014	Mckenzie Salas	<i>Continuing Undergraduate Studies</i>
2014	Kelly Devlin	ICU Nurse, University of Nebraska Medical Center
2014	Ashley Kronabetter	Licensed school psychologist, Mesa Unified Schools, Arizona
2014	Danielle Ruberto	Masters of counseling student, Northern Arizona University

## CLINICAL EXPERIENCE

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2015-2016	<b>Individual Therapist &amp; Counselor</b> <i>Arizona State University Counseling Services, Tempe, AZ</i> Provided short- and long-term individual therapy to college students (200+ direct clinical hours); Used evidence-based intervention strategies; managed, documented, and coordinated care of suicidal and self-harming students. Supervisors: Marcee Turner, PhD; Audra Horney, MEd; Sonya Bettendorf, PhD
2014-2015	<b>Individual Therapist &amp; Counselor</b> <i>Arizona State University Clinical Psychology Center, Tempe, AZ</i> Provided short-term adults, children, and families (50+ direct clinical hours) with anxiety or depression related concerns; Co-led manualized social skills training groups for children with emotional and/or behavioral difficulties; Conducted diagnostic assessments and designed treatment plans; Supervisors: John Barton, PhD; Linda Luecken, PhD; Matthew Meier, PsyD

2012-2015

**Co-Facilitator**

*The Courage Lab at Arizona State University, Tempe, AZ*

Co-facilitated (with school mental health professionals) school-based, group CBT anxiety prevention program for 4<sup>th</sup> and 5<sup>th</sup> graders at risk for anxiety

Supervisors: Armando Pina, PhD; Linda Caterino, PhD

**SKILLS**

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*Computer:* Microsoft Excel, Word, PowerPoint, Access

*Statistics/Analytics:* SPSS, MPlus, SAS, Social Network Analysis

*Design:* Adobe Photoshop, Illustrator, InDesign, Premiere, After Effects

*Other:* Professional photographer, Graphic designer, experienced focus group facilitator