

## BOWLS

- Granola & Greek Yogurt 13  
Seeds, Nuts, Dried Fruit & Raspberries
- Overnight Oats 11  
Almond Milk, Apples, Dried Apricots & Wild Flower Honey

## SANDWICHES

*Choice of American, Cheddar or Swiss  
Add Avocado 3*

- Bacon, Egg & Cheese 11  
Scrambled Eggs, Thick Cut Bacon,  
Cheese & Challah Bun
- Sausage, Egg & Cheese 13  
Scrambled Eggs, House Made Chicken Sausage,  
Cheese & Challah Bun

## SIDES

- Greek Yogurt 6
- Fresh Berries 8
- English Muffin or Toast 3
- Crispy Bacon 7
- Thick Cut Bacon 9
- Chicken Sausage 8
- Organic Poached Egg 4
- Marinated Avocado 8
- Sautéed Kale 9
- Home Fries 7



20 BLUE RIBBON 17

# FEDERAL GRILL

## BREAKFAST

Served Monday through Friday  
from 7am to 10am

### PLATES

- Avocado Toast 11  
Radish, Tomato, Pickled Peppers & 9 Grain
- Breakfast Salad 14  
Field Greens, Bacon, Poached Egg & Breadcrumbs
- Smoked Scramble 19  
Lox, Trout Roe & Rye Croutons
- Farmer's Eggs 19  
Grilled Vegetables, Avocado & Basil Pesto
- Three Egg & Cheese Omelette 14  
Cheddar, Swiss or American  
*Add Bacon 2 / Ham 2 / Smoked Salmon 4 / Baby Kale 2  
Asparagus 2 / Grilled Vegetables 2*

## JUICES

- Daily Greens 10  
Kale, Cucumber, Apple, Ginger, Jalapeño & Lime
- Rise & Shine 10  
Carrot, Orange, Coconut Water & Turmeric
- Fresh Squeezed Orange 5
- Fresh Squeezed Grapefruit 5
- Organic Apple 5
- Pineapple 4
- Cranberry 4
- Tomato 4

## COFFEE & TEA

- Cup of Coffee 4
- Cold-Brew Iced Coffee 5
- Espresso 5
- Double Espresso 6
- Macchiato 6
- Cortado 6
- Latte 6
- Loose Leaf Tea 5  
English Breakfast, Earl Grey, Jasmine Green, Peppermint, Chamomile

## SOFT DRINKS

- Coconut Water 5
- Kombrewcha *\*contains 2% alcohol\** 7  
Royal Ginger, Lemon Grass & Lime, Berry & Hibiscus
- Bottled Water 8  
Still or Sparkling

## CLASSICS

French Toast 19  
Fresh Berries & Maple Butter



Lox & English Muffin 19  
Caper Cream Cheese, Red Onion  
& Sliced Tomato



Blue Ribbon Breakfast 19  
2 Eggs, Bacon or Chicken Sausage,  
Home Fries & Toast

WE DO NOT USE PLASTIC STRAWS. PAPER STRAWS ARE AVAILABLE UPON REQUEST.