

ILH JV and Varsity Track and Field

Saturday, March 11, 2017

Iolani School

Field Events	Order	1st Call	Last Call	Event Start	Event Ends
Discus (10)	Boys	2:00 PM	2:10 PM	2:30 PM	4:15 PM
	Girls **	4:25 PM	4:35 PM	4:45 PM	6:30 PM
Shot Put (10)	Girls	2:00 PM	2:10 PM	2:30 PM	4:15 PM
	Boys **	4:25 PM	4:35 PM	4:45 PM	6:30 PM
Long Jump (10)	Boys	2:10 PM	2:20 PM	2:30 PM	3:20 PM
	Girls **	3:20 PM	3:25 PM	3:30 PM	4:20 PM
Triple Jump (10)	Boys **	4:20 PM	4:25 PM	4:30 PM	5:20 PM
	Girls **	5:20 PM	5:25 PM	5:30 PM	6:20 PM
High Jump (10)	Girls	2:00 PM	2:10 PM	2:30 PM	4:15 PM
	Boys **	4:25 PM	4:35 PM	4:45 PM	6:30 PM
Pole Vault (10)	Boys	2:00 PM	2:10 PM	2:30 PM	4:15 PM
	Girls **	4:25 PM	4:35 PM	4:45 PM	6:30 PM

\*\* May start sooner than posted time if previous event finishes early

Running Events	Order	1st Call	Last Call	Event Start
100m High Hurdles (10)	Girls	2:40 PM	2:50 PM	3:00 PM
110m High Hurdles (10)	Boys	2:50 PM	3:00 PM	3:10 PM
100m Dash (10)	Girls	3:00 PM	3:10 PM	3:20 PM
	Boys	3:15 PM	3:25 PM	3:35 PM
1500m Run (16)	Girls	3:30 PM	3:40 PM	3:50 PM
	Boys	3:45 PM	3:55 PM	4:05 PM
4 x 100m Relay (2)	Girls	4:05 PM	4:15 PM	4:25 PM
	Boys	4:10 PM	4:20 PM	4:30 PM
400m Dash (10)	Girls	4:20 PM	4:30 PM	4:40 PM
	Boys	4:30 PM	4:40 PM	4:50 PM
300m Hurdles (10)	Girls	4:50 PM	5:00 PM	5:10 PM
	Boys	5:00 PM	5:10 PM	5:20 PM
800m Run (16)	Girls	5:10 PM	5:20 PM	5:30 PM
	Boys	5:25 PM	5:35 PM	5:45 PM
200m Dash (10)	Girls	5:40 PM	5:50 PM	6:00 PM
	Boys	5:55 PM	6:05 PM	6:15 PM
3000m run (16)	Girls	TBA	TBA	TBA
	Boys	TBA	TBA	TBA
4 x 400m Relay (4)	Girls	TBA	TBA	TBA
	Boys	TBA	TBA	TBA