ILH Intermediate Championships -- Finals

Saturday, April 8, 2017

Punahou School

Field Events	Order	1st Call	Last Call	Event Start
Discus	Boys	8:10 AM	8:20 AM	8:30 AM
Shot Put	Girls	9:40 AM	9:50 AM	10:00 AM
Long Jump	Girls	8:10 AM	8:20 AM	8:30 AM
Triple Jump	Boys	9:40 AM	9:50 AM	10:00 AM
High Jump	Girls	9:40 AM	9:50 AM	10:00 AM
Pole Vault	Boys	8:10 AM	8:20 AM	8:30 AM

Running Events	Order	1st Call	Last Call	Event Start
100m High Hurdles	Girls	8:40 AM	8:50 AM	9:00 AM
110m High Hurdles	Boys	8:45 AM	8:55 AM	9:05 AM
100m Dash	Girls	8:50 AM	9:00 AM	9:10 AM
	Boys	8:55 AM	9:05 AM	9:15 AM
1500m Run	Girls	9:00 AM	9:10 AM	9:20 AM
	Boys	9:10 AM	9:20 AM	9:30 AM
4 x 100m Relay	Girls	9:15 AM	9:25 AM	9:35 AM
	Boys	9:20 AM	9:30 AM	9:40 AM
400m Dash	Girls	9:25 AM	9:35 AM	9:45 AM
	Boys	9:30 AM	9:40 AM	9:50 AM
300m Hurdles	Girls	9:40 AM	9:50 AM	10:00 AM
	Boys	9:45 AM	9:55 AM	10:05 AM
800m Run	Girls	9:55 AM	10:05 AM	10:15 AM
	Boys	10:00 AM	10:10 AM	10:20 AM
200m Dash	Girls	10:05 AM	10:15 AM	10:25 AM
	Boys	10:10 AM	10:20 AM	10:30 AM
3000m run	Girls	10:15 AM	10:25 AM	10:35 AM
	Boys	10:30 AM	10:40 AM	10:50 AM
4 x 400m Relay	Girls	10:45 AM	10:55 AM	11:05 AM
	Boys	10:55 AM	11:05 AM	11:15 AM

Starting Heights: Girls High Jump: TBA
Boyss Pole Vault: TBA