

ILH Varsity Track and Field  
 Saturday, April 15, 2017  
 Kamehameha School - Kapalama Campus

Field Events	Order	1st Call	Last Call	Event Start	Event Ends
Discus (5)	Boys	9:40 AM	9:50 AM	10:00 AM	11:30 PM
	Girls **	11:40 AM	11:50 AM	12:00 PM	1:30 PM
Shot Put (5)	Girls	9:40 AM	9:50 AM	10:00 AM	11:30 PM
	Boys **	11:40 AM	11:50 AM	12:00 PM	1:30 PM
Long Jump (5)	Boys	9:40 AM	9:50 AM	10:00 AM	10:50 AM
	Girls **	11:00 PM	11:10 PM	11:20 PM	12:10 PM
Triple Jump (5)	Boys **	12:25 PM	12:35 PM	12:45 PM	1:35 PM
	Girls **	1:45 PM	1:55 PM	2:05 PM	2:55 PM
High Jump (5)	Girls	9:55 AM	10:05 AM	10:15 AM	11:45 PM
	Boys **	11:55 AM	12:05 PM	12:15 PM	1:45 PM
Pole Vault (5)	Girls	9:40 AM	9:50 AM	10:00 AM	11:30 PM
	Boys **	11:40 AM	11:50 AM	12:00 PM	1:30 PM

\*\* May start sooner than posted time if previous event finishes early

Running Events	Order	1st Call	Last Call	Event Start
100m High Hurdles (5)	Girls	10:40 AM	10:50 AM	11:00 AM
110m High Hurdles (5)	Boys	10:50 AM	11:00 AM	11:10 AM
100m Dash (5)	Boys	10:55 AM	11:05 AM	11:15 AM
	Girls	11:05 AM	11:15 AM	11:25 AM
1500m Run (8)	Girls	11:15 AM	11:25 AM	11:35 AM
	Boys	11:25 AM	11:35 AM	11:45 AM
4 x 100m Relay (2)	Girls	11:40 AM	11:50 AM	12:00 PM
	Boys	11:45 AM	11:55 AM	12:05 PM
400m Dash (5)	Girls	11:50 AM	12:00 PM	12:10 PM
	Boys	12:00 PM	12:10 PM	12:20 PM
300m Hurdles (5)	Girls	12:10 PM	12:20 PM	12:30 PM
	Boys	12:15 PM	12:25 PM	12:35 PM
800m Run (8)	Girls	12:20 PM	12:30 PM	12:40 PM
	Boys	12:30 PM	12:40 PM	12:50 PM
200m Dash (5)	Girls	12:35 PM	12:45 PM	12:55 PM
	Boys	12:45 PM	12:55 PM	1:05 PM
3000m run (8)	Girls	12:50 PM	1:00 PM	1:10 PM
	Boys	1:05 PM	1:15 PM	1:25 PM
4 x 400m Relay (2)	Girls	1:20 PM	1:30 PM	1:40 PM
	Boys	1:30 PM	1:40 PM	1:50 PM