

At Ard Bia we cook everything in house. We strive to provide food that is *Great for Galway*. When sourcing produce we think local think fresh think forage think sustainable and are fortunate to have amazing suppliers who think as passionately about their produce as we do.

MCGEOUGHS ARTISAN BUTCHERS

From small beginnings in the West, McGeough's is now one of Ireland's top butchers. James McGeough loves his craft and has awards from the Irish Food Writer's Guild for his air-dried Connemara hill lamb and the Irish Craft Butchers for his specialty meats. Visit their shop on Camp Street in Oughterard.

FRIENDLY FARMER

Ronan Byrne, the Friendly Farmer rears pasture fed chickens, free range ducks, bronze turkeys and geese on his farm in Athenry, Co. Galway. To eat the best tasting seasonal poultry in Ireland at home visit the Galway, Moycullen or Kinvara farmers markets.

GANNET FISHMONGERS

Gannet's, Stephane Griesbach and his team are dedicated to local fishermen. Most of their produce is sourced in Ireland with the majority from the Galway and Aran Fishermen's Co-op in Ros a Mhil. Located downstairs in the Eyre Sq Shopping Centre and the Galway Market.

GREEN EARTH ORGANICS

From their farm to your door, this is a family run organic farm offering the freshest and best seasonal produce in Galway. Try the scrumptious juices at our café or they provide a wonderful box scheme for homes.

SLOE HILL FARM

Suppliers of fantastic fresh fruit, veg and herbs to Ard Bia, Sloe Hill are certified organic. Don't miss our warming seasonal sloe hill soups this winter at Ard Bia.

STEVE GOULD

Organic grower with a garden in Headford. Amazing salad leaves and greens.

ST TOLA FARMHOUSE

Made in the townland of Inagh just south of the Burren in County Clare since the early 1980s, St Tola supplies a range of award winning goat cheese. The farm is organic and sustainable and the cheese is delectable. You can even visit the goats.

GUBBEEN FARMHOUSE & SMOKEHOUSE

From grass to cows to milk to cheese to whey to pigs and herbs to cured meat is the Gubbeen Farmhouse food cycle. Family run business in West Cork.

GALWAY FREE RANGE

Home of the happiest hens in Ireland, Galway Free Range is the leading supplier of fresh eggs in the west.

BURREN SMOKEHOUSE CLARE

Set up in 1989 by Birgitta & Peter Curtin, the Burren Smokehouse is part of the Burren Ecotourism Network and supplies our wild organic salmon and trout. Lip smackingly good.

MURPHYS ICECREAM

Artisan ice cream made from scratch from the milk of Kerry cows with wonderful flavours from Dingle sea salt to brown bread to fresh peppermint. Available at finefood shops.

DONEGAL RAPESEED OIL CO.

Small, locally owned and operated company in Raphoe, Co. Donegal. The crops are grown by specially selected, individual, small farm holdings dispersed throughout the county. The healthiest oil you can cook with.