




2018 SSJ- U SESSIONS







THURSDAYS 7-8:30 PM (6-7 PM  DINNER AT DOMECH HALL)

RINA VILLARREAL AT VILLARREALR@SSJWOODLANDS.COM

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FREE Admission / nursery available

DATE	THEOLOGY	THEOLOGY FOR TEENS	NEW TESTAMENT SERIES	SSJ ACADEMY	SPECIAL TOPICS
February 15	SESSION 1 THEOLOGY OF THE BODY FOR ADULTS. CHARLENE ALEXANDER	THEOLOGY OF THE BODY FOR TEENS. * 7 TH GRADE AND UP WHO ARE WE? KATHLEEN ALMON	The Gospels of St. Mark and St. Luke DR. JAY OLAGUER	<ul style="list-style-type: none"> •PETITE PICASSOS Grade 1-high school, 25 spaces available •PING PONG WITH FR KAILAS 9 years old and up 	
FEBRUARY 22	SESSION 2 THEOLOGY OF THE BODY FOR ADULTS. CHARLENE ALEXANDER	THEOLOGY OF THE BODY FOR TEENS. * 7 TH GRADE AND UP WHO IS I AM? KATHLEEN ALMON	The Gospel of St. John DR. JAY OLAGUER	<ul style="list-style-type: none"> •BIBLE STORIES COME TO LIFE 1st grade and up •PING PONG WITH FR KAILAS 9 years old and up 	
MARCH 1	SESSION 3 THEOLOGY OF THE BODY FOR ADULTS. CHARLENE ALEXANDER	THEOLOGY OF THE BODY FOR TEENS. * 7 TH GRADE AND UP WHO AM I? KATHLEEN ALMON	The Epistles of St. Paul, Part I ERIC ROBINSON	<ul style="list-style-type: none"> •KNITTING WITH NADINE 7 years and up •PING PONG WITH FR KAILAS 9 years old and up 	<ul style="list-style-type: none"> •FORGIVENESS: CALL TO MERCY PRESENTED BY REJOICE COUNSELING •POSITIVE PARENTING PROGRAM OFFICE OF ARCH. FAMILY LIFE
MARCH 8	SESSION 4 THEOLOGY OF THE BODY FOR ADULTS. CHARLENE ALEXANDER	THEOLOGY OF THE BODY FOR TEENS. * 7 TH GRADE AND UP WHO ARE WE? KATHLEEN ALMON	The Epistles of St. Paul, Part 2 ERIC ROBINSON	<ul style="list-style-type: none"> •MINI CHEFS 1st grade and up •PING PONG WITH FR KAILAS 9 years old and up 	<ul style="list-style-type: none"> •UNFILTERED: FAMILY INTERNET SAFETY •POSITIVE PARENTING PROGRAM OFFICE OF ARCH. FAMILY LIFE

A WAY FOR THE WHOLE FAMILY TO PARTICIPATE - PARENTS IN SSJU, TEENS CLASSES & KIDS IN SSJA FUN, INTERACTIVE CLASSES FOR KIDDOS.

*Find the descriptions of the classes on the next page.

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DINNER AT DOME C HALL)

CLASSES BEGIN FEBRUARY 1 THROUGH MARCH 8

SSJ-U WHERE PEOPLE GATHER ... TO WORSHIP, SHARE, AND LEARN.



SSJ U Adults

SSJ ACADEMY!!!

THEOLOGY OF THE BODY.

(ALSO ADDITIONAL CLASS FOR TEENS -MUST BE 7TH GRADER AND UP)

Theology of the Body is a complete vision for humanity – a people fully alive! It incorporates the beauty and purpose of the human person made male and female. Theology of the Body proposes that the body makes visible an invisible reality, and through it men and women find joy, hope, freedom, and fulfillment.

Presented by *Charlene Alexander (Adults) and Kathleen Almon (Teens)*



PING PONG WITH FR. KAILAS—Did you know that we

have a ping pong pro right here at SSJ????

Learn the basics of the game, and then challenge each other and Fr. K to a match!

Ages 9 through teens



FORGIVENESS: CALL TO MERCY—Starting with the gospel, this presentation uses the parable of the Prodigal Son as a backdrop of mercy, forgiveness, and the bitterness of anger and resentment. Going further it examines excerpts from papal documents and synthesizes the 4 steps of forgiveness as outlined by psychologists. Enright & Fitzgibbons. Attendees will be able to reflect on and participate in God's forgiveness and help others to do the same. Presented by *Nick LaRocca*, M. Ed, LPC Intern Rejoice Counseling Apostolate

PETITE PICASSOS—Woodlands Children's Museum



artist, Ms. Bridget, will guide children and teens through creating a faith-filled

masterpiece on canvas to hang in your home.

Ages: grade One through high school



UNFILTERED: Equipping Parents & Adults for an Ongoing Conversation about Family Internet Safety

You will learn: Statistics and effects of pornography use and exposure; How to use parental controls effectively; The difference between blocking and discussing Internet use; Simple parenting techniques to keep up with kids' activities online; How to have healthy and God-centered conversations about sexual temptations and what we see and do online

BIBLE STORIES COME TO LIFE— with 20+ years in



music education and storytelling, Ms. Mary

Kay will lead participants through engaging, interactive, and fun experiences while learning some of the most iconic Bible stories.

Ages preK and up (must be potty trained)

POSITIVE PARENTING PROGRAM—Triple P – Positive Parenting Program is one of the most effective evidence-based parenting programs in the world, backed up by more than 30 years of ongoing research. Triple P gives parents simple and practical strategies to help them confidently manage their children's behavior, prevent problems developing and build strong, healthy relationships. Triple P is currently used in 25 countries and has been shown to work across cultures, socio-economic groups and in all kinds of family structures. Presented by the *Archdiocesan Office of Family Life Ministry.*

KNITTING WITH NADINE—Mrs. Nadine and her crew

will guide participants through the basics of knitting. At the end of class, they will have a lovely creation to take home. Ages 7 years and up



SSJU is offering a **NEW TESTAMENT SERIES** consisting of three presentations (with discussion) on the gospels and two on the epistles of St. Paul. The presenters are two SSJ parishioners who have published books on Catholic theology and spirituality. *Dr. Jay Olaguer* is the author of several books on Scripture, reviews of which are available at www.logosensarkos.com. His presentations will draw heavily from his work entitled, "*The Power of Four: Keys to the Hidden Treasures of the Gospels*" (Angelico Press, 2013), which has an Introduction written by Prof. Gregory Glazov of Seton Hall University.

Eric Robinson is the author of "Thoughts of a Changed Mind"

(2016), reflecting his conversion from Evangelical Protestantism to Catholicism, and is currently attending seminary. Mr. Robinson will present some of the main ideas of St. Paul's Epistles.

MINI CHEFS—our local chefs will teach some culinary

basics leading participants to a scrumptious delight to take home and enjoy!

