

ELMHURST LEARNING CENTER - REVOLVING MONTHLY MENU

BREAKFAST
 LUNCH
 SNACK

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

FRENCH TOAST STICKS, BANANA, MILK

GRANOLA, YOGURT, FRUIT, MILK

WHOLE GRAIN CEREAL, BANANA, MILK

OATMEAL, TOAST & JELLY, MILK

MINI BAGELS, CREAM CHEESE, BANANAS, MILK

SPAGHETTI/MEAT, GREEN BEANS, APPLE SLICES, MILK

TAQUITOS, RICE, BEANS, GREEN SALAD, FRUIT, MILK

HAMBURGER LASAGNA, BROCCOLI, FRUIT, MILK

ENCHILADAS, SPANISH RICE, TOSSED GREEN SALAD, ORANGE SLICES, MILK

CHICKEN NUGGETS, TATOR TOTS, MIXED VEGETABLES, PEACHES, MILK

WHEAT THINS, ORANGES, WATER

YOGURT, CRACKERS, WATER

BANANA, GRAHAM CRACKERS, WATER

CHEESE, CRACKERS, APPLE JUICE

VEGGIES, RANCH, GOLDFISH CRACKERS, WATER

WEEK 2

FRENCH TOAST STICKS, FRUIT, MILK

PANCAKES, PEACHES, MILK

WHOLE GRAIN CEREAL, APPLES, MILK

ENGLISH MUFFINS, SLICED PEARS, MILK

OATMEAL, APPLE SAUCE, MILK

CHICKEN NOODLE SOUP, GRILLED CHEESE SANDWICH, MIXED VEGGIES, APPLES, MILK

MACARONI & BEEF, GREEN SALAD, ORANGE SLICES, MILK

CHICKEN TERIYAKI, STEAMED RICE, GREEN SALAD, APPLE SLICES, MILK

NACHO SUPREME (BEANS, MEAT, CHEESE), GREEN SALAD, FRUIT, MILK

CHICKEN AND RICE CASSEROLE, GREEN SALAD, ORANGE SLICES, MILK

MINI BAGELS, CHEESE, MILK

GRAHAM CRACKERS, MILK

BANANA, SALTINE CRACKERS, WATER

SNAP PEAS, CARROTS, RANCH, JUICE

NILLA WAFERS, MILK

WEEK 3

WAFFLES, FRUIT, MILK

CRANBERRY BREAD, PEARS, MILK

WHOLE GRAIN CEREAL, FRUIT COCKTAIL, MILK

PANCAKES, FRUIT, MILK

OATMEAL, FRUIT, MILK

BEANS & FRANKS, CORN BREAD, GREEN SALAD, ORANGE SLICES, MILK

CHEESE PIZZA, GREEN SALAD, APPLE SLICES, MILK

HAMBURGER LASAGNA, BROCCOLI, FRUIT, MILK

BURRITOS (BEANS & RICE), MIXED VEGGIES, RANCH, SEASONAL MELON, MILK

MACARONI AND CHEESE, BEEF, GREEN SALAD, ORANGES, MILK

CRANBERRY MUFFINS, MILK

MINI BAGELS, ORANGE JUICE

BANANA, WHEAT THINS, WATER

APPLE SAUCE, NILLA WAFERS, WATER

MINI BAGELS, JELLY, MILK

WEEK 4

PANCAKES, COCKTAIL FRUIT, MILK

OATMEAL, PEACHES, MILK

WHOLE GRAIN CEREAL, BANANAS, MILK

ENGLISH MUFFINS, PINEAPPLE, MILK

YOGURT, BANANAS, MILK

CHICKEN NOODLE SOUP, GRILLED CHEESE SANDWICH, MIXED VEGGIES, APPLES, MILK

SPAGHETTI/MEAT, GREEN BEANS, APPLE SLICES, MILK

BEANS & FRANKS, CORN BREAD, GARDEN SALAD, ORANGE SLICES, MILK

CHICKEN NUGGETS, STEAMED RICE, TATOR-TOTS, FRUIT, MILK

CHEESE PIZZA, GREEN SALAD, APPLE SLICES, MILK

YOGURT, NILLA WAFERS, WATER

FRESH FRUIT, WATER

CRACKERS, BANANA, MILK

MUFFIN, BANANA, MILK

GOLDFISH, CHEESE, MILK

WEEK 5

MINI WAFFLES, PEARS, MILK

FRENCH TOAST STICKS, FRUIT, MILK

WHOLE GRAIN CEREAL, BANANAS, MILK

SCRAMBLED EGGS, ORANGE, MILK

MUFFINS, ORANGE, MILK

MACARONI & BEEF, GREEN SALAD, ORANGE SLICES, MILK

BEANS & FRANKS, CORN BREAD, GREEN SALAD, ORANGE SLICES, MILK

NACHO SUPREME (BEANS, MEAT, CHEESE), GREEN SALAD, FRUIT, MILK

CHICKEN NOODLE SOUP, GRILLED CHEESE SANDWICH, MIXED VEGGIES, APPLES, MILK

CHICKEN AND RICE CASSEROLE, GREEN SALAD, FRUIT, MILK

NILLA WAFERS, MILK

YOGURT, FRUIT, WATER

CRACKERS, BANANA, MILK

CARROT STICKS, SALTINE CRACKERS, MILK

CHEESE, CRACKERS, WATER