

# BLENDED

## CASHEW MILK 16oz / 10

### CLASSIC

CASHEWS / ALKALINE WATER / DATES / MAPLE SYRUP / SALT

### SPICY CACAO

CASHEWS / ALKALINE WATER / DATES / CACAO / MAPLE SYRUP / VANILLA / CINNAMON / CAYENNE / SALT

### MATCHA

CASHEWS / ALKALINE WATER / DATES / MAPLE SYRUP / MATCHA GREEN TEA / SALT

### LAVENDER BLACKBERRY [seasonal]

CASHEWS / ALKALINE WATER / DATES / MAPLE SYRUP / BLACKBERRIES / LAVENDER / SALT

## SMOOTHIES 16oz / FROM 9.50

MADE TO ORDER

### MY MILKSHAKE

COCONUT MILK / BANANAS / BERRIES / DATES

### CACAO NUT

COCONUT MILK / BANANAS / DATES / TRUCE NUT BUTTER / CACAO

### BEY GREENS

COCONUT MILK / BANANAS / BERRIES / GREENS BLEND / TRUCE NUT BUTTER

### PuMP IT UP

COCONUT MILK / PINEAPPLE / MANGO / PEACH / DATE / RASPBERRY CHIA JAM

### AMP [seasonal]

APPLE JUICE / PEPPERMINT EXTRACT / PINEAPPLE / BANANA

## AÇAÍ BOWLS 16oz / FROM 11.25

MADE TO ORDER

### HOUSE

FROZEN BANANAS / AÇAÍ BERRIES topped with ALMOND CRUNCH / TRUCE NUT BUTTER / BANANA

### COCO BERRY

FROZEN BANANAS / AÇAÍ BERRIES topped with CACAO CRUNCH / BERRIES / BEE FREE HONEE

### GREEN

FROZEN BANANAS / AÇAÍ BERRIES / GREENS BLEND topped with ALMOND CRUNCH / BANANAS / GOJI BERRIES

# PREPRESSED

## JUICES 16oz / 8.50- 9.50

### C of GREEN

ORANGE / PINEAPPLE / FENNEL / MINT / ROMAINE / SPINACH

### GLOW GREENS

GRAPEFRUIT / PEAR / CUCUMBER / ROMAINE / DANDELION GREENS / BURDOCK / ORANGE / PARSLEY

### MORNING GREENS

APPLE / CUCUMBER / ROMAINE / KALE / SPINACH / LEMON / GINGER

### HARDCORE GREENS

CUCUMBER / CELERY / KALE / CHARD / SPINACH / PARSLEY / LEMON

### ROOTS

CARROT / BEET / ORANGE / CHARD / GINGER

### SO CAL

CARROT / APPLE / LEMON

### IMMUNITY

APPLE / LEMON / GINGER

### CHARCOAL LEMONADE

ALKALINE WATER / APPLE / LEMON / GINGER / ACTIVATED CHARCOAL

### LAKESIDE [seasonal]

WATERMELON / CUCUMBER / PEAR / BASIL / LEMON

### COCOBOMBE

COCONUT WATER / COCONUT MEAT

### GINGER TURMERIC SHOT 2oz / 4

GINGER / TURMERIC / ALKALINE WATER / LEMON / BEE FREE HONEE / BLACK PEPPER / CAYENNE

## CLEANSE PACKAGES

PRE-ORDER AT DRINKTRUCE.COM

### TAKE IT EASY

JUICE CLEANSE

Each day provides 5 16oz FRUIT & VEG JUICES + 1 16oz HOUSE MADE CASHEW MILK

### MAKE A TRUCE

JUICE CLEANSE

Each day provides 5 16oz GREENS BASED JUICES + 1 16oz HOUSE MADE CASHEW MILK

### COMPLETE

RAW VEGAN CLEANSE

Each day provides 2 16oz GREENS BASED JUICES + 1 RAW VEGAN SALAD + 1 12oz RAW SOUP + 1 16oz HOUSE MADE CASHEW MILK

# TOSSED

## LUNCH

### ISLES SALAD 12oz / 12

KALE / CARROT / BEET / PISTACHIO / HEMP SEED / AVOCADO + TAHINI GINGER DRESSING

### CAESAR SALAD 12oz / 12

KALE / GREEN CABBAGE / CUCUMBER / CAPERS / GARBANZO CROUTONS / CASHEW PARMESAN + VEGAN CAESAR DRESSING

### PESTO ZOODLES [seasonal] 7oz / 7.50

SPIRALIZED ZUCCHINI / RED BELL PEPPER / PEPITAS / tossed with BASIL PEPITA PESTO

### WALNUT TACOS 12oz / 7.75

North Loop only! WALNUT TACO MEAT / ROMAINE LEAF / AVOCADO / CILANTRO CASHEW SOUR CREAM + JALAPENO HOT SAUCE [optional]

## QUICK ENERGY

CHILLED

### CHIA PUDDING 10.5oz / 7.50

CHIA SEEDS / COCONUT MILK / MAPLE SYRUP served with RASPBERRY JAM + CACAO CRUNCH

### ALMOND BUTTER BAR 2.5oz / 5

ALMONDS / ALMOND BUTTER / PEPITAS / COCONUT NECTAR / COCONUT OIL / HEMP SEED / FLAXSEED / SESAME SEED / VANILLA EXTRACT / SALT

### POWER BITES 2oz / 4.50

Plant based bite-sized energy. Varieties available in packs of 5: BERRY BOMB / LEMON MATCHA

DRIED

### ALMOND CRUNCH 5oz / 5.50

ALMONDS / SUNFLOWER SEEDS / FLAXSEED / CHIA SEED / COCONUT NECTAR / COCONUT OIL / VANILLA EXTRACT / SALT

### CACAO CRUNCH 5oz / 5.50

ALMONDS / SUNFLOWER SEEDS / COCONUT FLAKES / CACAO NIBS / CACAO POWDER / FLAXSEED / CHIA SEED / COCONUT NECTAR / COCONUT OIL / VANILLA EXTRACT / SALT

### BOOST MIX 5oz / 6.50

Dried fruit + nut mix: CASHEWS / CRANBERRIES / STRAWBERRIES / COCONUT CHIPS

### VEG CRACKERS 3oz / 5.50

Gluten free, dairy free, raw + vegan. Varieties available: CASHEW CARROT / PESTO

### KALE CHIPS 1oz / 3.75

KALE / CASHEW / NUTRITIONAL YEAST / APPLE CIDER VINEGAR / GARLIC POWDER / ONION POWDER / DILL / BLACK PEPPER / CAYENNE PEPPER / SALT