

Improving Adolescent Mental Health: Addressing Depression, Suicide Prevention, and Substance Use in Primary Care Settings



Join us for a FREE training event designed to help primary care providers:

- Implement trauma-informed care practices
- Implement standardized adolescent depression, suicide risk, and substance abuse screening
- Improve understanding of managing depression, suicide risk, and substance abuse
- Perform office-based brief interventions
- Implement clinical quality improvement processes

Saturday February 17, 2018

8:00am – 4:30pm

Providence St. Vincent Medical Center
9155 SW Barnes Rd., Portland, OR 97225
Souther Auditorium, East Pavilion

Intended audience: Primary care providers who see adolescent patients, clinic supervisors, nurses, social workers, health educators, counselors, psychologists, behavioralists, and clinic staff.

Up to 7 Continuing Medical Education AMA PRA Category 1 Credits™ are available (upon completion of training and training surveys)*

Registration required by February 12, 2018 (space is limited):

https://www.surveymonkey.com/r/START_Registration



Agenda

8:00 – 8:15 am	Check-in and pick up training materials and training survey
8:15 – 8:30	Welcome and inter-clinic introductions
8:30 – 9:30	ACEs and Trauma Informed Care: Considerations for Adolescent Patients
9:30 – 9:40	Break
9:40 – 11:40	Addressing Substance Use with Adolescent Patients (SBIRT): <ul style="list-style-type: none">• Prevalence and morbidity• Using the CRAFFT screening tool• Practicing brief interventions• Conducting referrals for specialized treatment
11:40 – 12:10pm	Lunch (provided)
12:10 – 2:00	Addressing Depression with Adolescent Patients: <ul style="list-style-type: none">• Prevalence and morbidity• Using the PHQ-9 Modified for Teens assessment tool• Addressing assessment results• Depression treatment and medication management for adolescents
2:00 – 2:10	Break
2:10 – 4:20	Addressing Suicide Risk with Adolescent Patients: <ul style="list-style-type: none">• Prevalence and morbidity• Screening and assessment tools• Lethal means restriction and safety planning• Referral and structured follow-up• Practice Strategies and workflow for Implementing Screening and Follow-up/QI• Clinic action plan discussion and report out
4:20 – 4:30	Closing and finish post-training survey

Speakers:

David Conant-Norville, MD is a board certified child adolescent and adult psychiatrist who has practiced in Oregon for over 27 years. Dr. Conant-Norville is past president of the Oregon Council of Child and Adolescent Psychiatry and past president of the Oregon Psychiatric Physicians Association.

Teri Pettersen, MD is the lead trainer for OPS' ACEs/Trauma-Informed Care curriculum. She also serves on the leadership committee of the Trauma Informed Oregon project, and is a pediatric consultant for the Oregon Psychiatric Access Line about Kids (OPAL-K) at OHSU. Dr. Pettersen worked as a pediatrician at The Children's Clinic in Portland for 26 years, with a career-long interest and focus on mental health within the primary care setting.

Jim Winkle, MPH has trained hundreds of physicians and behavioralists on how to perform Screening, Brief Intervention, and Referral to Treatment (SBIRT) in primary care settings.

*This event is a joint providership between Oregon Pediatric Society and Bay Area Hospital. Bay Area Hospital's Continuing Medical Education (CME) Program is accredited by the Oregon Medical Association to sponsor Category 1 medical education activities for physicians. As an accredited institution, Bay Area Hospital's Medical Education Committee designates this live educational activity for a maximum of 7 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Bay Area Hospital fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of accommodation, please call 503-334-1591, x101. The OPS trainers and the planners of these events have disclosed they have no financial relationship with a commercial entity producing health-care related products or services.