

Becoming Whole :

For Such A Time As This

Week Four: October 2 The Doubting Heart

Hello my beloved Esthers,

After visiting Israel this summer, my heart has been drawn to the Jewish people, their culture, and their language. How can we possibly understand a book written to these people in their language and in their culture, if it is foreign to us? I believe I have gone to a new place of understanding with a new passion for my faith and a new level of identity now that my heart has been connected to the place that He declared was Holy.

I share this with you today, because in seeking to understand more fully I have been drawn to studying the Hebrew Calendar. This week we enter the seventh Hebrew month called Tishri. Tishri is known as the month with the most appointed times. This month Jewish people will celebrate the Feast of Trumpets, Atonement and Feast of Tabernacle. It is also the end of the 40th Jubilee year since Christ death and if you know much about numbers and the Bible, you should know that 7 and 40 are always significant. Of the 7 feasts of Israel, these three approaching are those that remain to be fulfilled. I believe it is time we start paying attention to what is happening in the Holy Land and God's appointed feasts. As we are opening wide our hearts for healing, we are aligned to this month where His people come before Him with repentance. October 3 is the Feast of Trumpets. This Feast is to celebrate creation and is much like our New Year's Day. It is a time to celebrate and to spiritually awaken and seek direction for the year. On this day, a trumpet will sound in the temple and people will move to repentance until the Day of Atonement on October 12th. On this day, we seek to repent and be restored. The final feast will be the Feast of Tabernacles which is a week long celebration of God's glory. It will be fulfilled when He returns to tabernacle with us. Interesting to note that all other feast were fulfilled on the feast days. May we all prepare our hearts to experience God in new ways this month and stop to honor days that He appointed sacred.

Your Assignment:

Last week the Father was showing me culture language that not only is not aligned to His Word but hinders our breakthrough and blessings. One of these is perfectly timed for our week of discussing the DOUBTING HEART, and I want to spend some time today renouncing this lie.

Don't get your hopes up.

How often have we heard these words? It seems so simple. It seems aligned to guarding your heart, right? Don't allow yourself to live in disappointment because you know what that has done to your heart in the past, right? This seemingly simple statement is a dangerous one. It is a lie that leads us to double mindedness. James 1 says that we can ask God who gives generously, but when we doubt we are like waves tossed to and fro and we are double minded in all we do. It says that when we are double minded we should not expect anything. Are you seeing this fear of disappointment? It is the key that has locked the doors to your breakthrough. It is also keeping you from experiencing God because Hebrews 6 tells us that Hope anchoring our souls takes us behind the veil where Jesus went as a forerunner. So the enemy would have you believe a lie that you shouldn't get your hopes up because you will end up disappointed because your hope grants you access into the deeper places with God.

As we enter this week, you are challenged to sit with the Father and ask where did doubt creep into your belief? Where did you agree with the lie that you shouldn't get your hopes up? Where did you believe that everyone would disappoint you?

Recognize. Repent. Renounce. Receive God's truth and Replace the lie with truth.

MONDAY - FRIDAY ASSIGNMENTS:

- ___ 1.) Monday: Today is Feast of Trumpets
Spend more time in prayer today asking God to prepare your heart for this season of repentance. You long to be healed and freed, so surrender to the cleansing. Imagine God taking you to the Laver and just dipping your heart in and bringing it out spotless.

Begin Reading ChapterThree: **"The Doubting Heart"** . {Page 59-74} If you are not reading the book with us, go back to the assignment from yesterday and keep pulling up roots of doubt.

- ___ 2.) **Open Heart Surgery:** {Review Question 1 pg 75}
Ask God to show you patterns of doubt. Begin to renew your mind that He is doing a new thing. He is bringing water to the dry places of our life. He is bringing hope to places of lack.

Scripture Meditation for Today:

See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland. Isaiah 43:19

- ___ 3.) **Open Heart Surgery:** {Review Question 2} Recognize the disappointment in your heart today. Look for a video exercise today!

Scripture Meditation for Today:

Hope deferred makes a heart sick, but a longing fulfilled is a tree of life.
Proverbs 13:12

Show Him appreciation today for bringing the longings of your heart to life.
What are those longings that doubt has sought to steal?

- ___ 4.) **Open Heart Surgery:** { Review Question 3}
Today seek to see the authentic you. Ask the Father to show you who you were destined to be. Ask that the books of you are opened today.

- ___ 5.) **Open Heart Surgery:**
Spend time today asking God to take you to a special place with Him. Get all of the details. Draw it out in your journal. How do you feel? What do you appreciate about Him here? Remember that this connection of appreciation bonds you with the Father. This will be the place you return to when you need to feel close to the Father.

- ___ 6.) **DAILY:** Each day as you are going about your day driving, folding clothes, cooking etc...seek to commune with the Holy Spirit. Is there something you want to show me today? Something in my heart I have missed? Do you have a gift for me? What do you love about me?
- ___ 7.) SABBATH REST: You have permission to enjoy Him and those you love today!

Psalm 62 Passion Translation

I stand silently to listen to the One I love,
Waiting as long as it takes for the Lord to rescue me.
For God alone has become my Savior.
He alone is my Safe Place;
His wrap around presence always protects me
For he is my Champion Defender;
There is no risk of failure with God.
So why would I let worry paralyze me,
Even when troubles multiply around me?

I am standing in absolute stillness,
Silent before the One I love;
Waiting as long as it takes for Him to rescue me.
Only God alone is my Savior and He will not fail me.
He alone is my Safe Place;
His wrap around presence always protects me
As my Champion Defender;
There is no risk of failure with God.
So why would I let worry paralyze me,
For when troubles multiply around me?
God's glory is all around me!

God said to me once and for all,
All the strength and power you need flows from me!
And again I heard it clearly said,
"All the love you need is found in me!"
and the Almighty said,

"The greater your passion for more
The greater reward I will give you!"

As you read this passage 2 or 3 times, ask the Holy Spirit what He wants to speak to you through the passage. Notice the few verses that seem to turn your belly or make your heart beat or sound louder than the others. Take those few verses and repeat them several times and then ask the Holy Spirit why He wants you to focus on those verses. Write in your journal what He speaks.

I believe the Lord is calling us to set up altars in our homes. A place we mark to meet with Him and commit to start and finish our day at these altars. We will begin a fall cleaning to represent physically what we are doing spiritually, so I encourage you to begin cleaning out your space and arranging a sacred place to meet with Him. Look for the altar blog if you missed it last week.

Be blessed!!

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Freedom Weekend Oct 28-29 at The Well McComb