Let’s Get Social!
If you or a young adult you know regularly has trouble coping with social situations, we have a solution. This May, we are presenting Let’s Get Social!, a series of classes aimed at helping young people succeed socially.

Social Media Safety, Courtesy and Drama
May 7, 14 and 21 | 5:30—6:30PM
This session will cover the “do’s and don’ts” of social media, how to avoid the risks and pitfalls of sharing too much and how to avoid the drama online. We will discuss what online bullying is and how to handle it. Role-playing and team discussions will be used to explore this important topic for teens in the digital world.

Who:
• Age Group A: 11-14 years old
• Age Group B: 15-19 years old

Taught by:
• Andrea Coody, advanced mental health specialist
• Jaclyn Buelow, behavior intervention specialist

Cost:
• $49 for each three-week session
*Please register by Thursday, May 3.

For more information and to register, contact:
• Lexington Family Services, 518-773-2014
• Erin Hollenbeck, Assistant Director of Family Services and Creative Expressions, 518-773-2038 or hollene@thearclexington.org

Where:
Transitions
2736 State Highway 30
Gloversville, NY 12078
www.transitionsusa.org

Additional information and information about other social skills classes can be found at www.transitionsusa.org.