Can I Afford My Life?

By appointment — day and evening spots available

Take the opportunity to sit down one-on-one with a person who is trained by Capital Area Asset Builders to help you understand how to budget and build your credit. Appointments will last approximately 90 minutes. Pre-qualification is required to participate. Please call and set up an appointment today.

Financial Literacy for Families

Tuesday and Thursday, August 7, 9, 14 and 16 | 5:00—8:00 p.m. | Fulton Montgomery Regional Chamber of Commerce, 2 N. Main St., Gloversville

This series of classes is designed to promote a better sense of financial security for your family. It is tough to set up and follow a budget, know how to spend money and improve your credit. This series will help you develop a better understanding of it all. Pre-qualification is required to attend. Please call ahead to sign up.

Webinar: Starting Over — Grandparents Raising Grandchildren with Special Needs

Tuesday, August 14 | 11:00 a.m.—12:30 p.m. | 465 N. Perry St., Johnstown

Please join Dianne O’Connor, Regional Coordinator for Parent to Parent of NYS, for this webinar geared toward grandparents raising grandchildren with special needs. There are many reasons why a grandparent or relative might be raising their grandchildren full time. By creating an enriched, supportive and safe living environment, grandparents can ensure that their grandchildren stay connected to their family while staying out of foster care.

Sib Street

Thursday, August 16 | 5:00—7:00 p.m. | 43 Harrison St., Gloversville

Sib Street is a support group for the siblings (ages 8-15) of individuals who have been diagnosed with developmental disabilities.

Autism Movement Therapy (AMT) and Creative Movement

Saturday, August 18 | 10:00—11:00 a.m. | 43 Harrison St., Gloversville

AMT and creative movement is a movement and music integration strategy combining patterning, visual movement, calculation, audible processing, rhythm and sequencing for a “whole brain” cognitive thinking approach that can significantly improve behavioral, emotional, academic, social, speech and language skills. Parent participation is required. Come dressed to move and have fun!