



# Woodcrest Swim & Dive Teams Practice Schedules 2017

## Swim Practice

**May 30 – June 16, 2017**

**Monday to Friday**

11 and Up:	4:15 pm -5:30 pm
10 and Under:	5:30 pm – 6:30 pm
Training Squad:	6:00 pm – 6:30 pm

**June 20 – July 29, 2017**

**Monday to Friday**

11 and Up:	8:00 am to 9:30 am
10 and Under:	9:30 am to 11:00 am
Training Squad:	10:30 am to 11:00 am
PM Camper (M-Fri):	5:30 pm to 6:30 pm

\*Please note: The PM Camper practices are only offered to swimmers who attend a day camp. All swimmers should attend their age group practice time

**Practice schedule for Tricounty week for those swimmers involved is TBD.**

## Dive Practice 2017

**May 30 – July 20, 2017**

**Monday – Friday**

**5:30 – 7:00 PM**

Other times may be added during season at discretion of coaches.