

PARTICIPATING VENDORS:

COMPOST NOW



We are a doorstep collection service in the Triangle who help households, offices and restaurants compost. Stop by to see how you can reduce your waste by 60% while earning compost to grow healthy food! Contact: Katy Nigro, kat@compostnow.org

TABLE NUMBER: 1

SOUTHERN VILLAGE PEDIATRIC DENTISTRY

TABLE NUMBER: 2



Southern Village Pediatric Dentistry offers comprehensive dental treatment to children, adolescents, and those with special needs. We invite you to meet our pediatric dentists, Drs. Annelise Hardin and Katherine Payne. Our practice is proud to have served Southern Village and the surrounding areas since 2007. Contact: frontdesk@southernvillagepedo.com

SOUTHERN VILLAGE PHARMACY

TABLE NUMBER: 3



Southern Village Pharmacy is the winner of the Best of Chapel Hill 2017 award for "Best Local Pharmacy." We offer customer service that exceeds expectations and we help our customers and other health care providers navigate the complexity of prescription drug prices. We take all prescription insurance plans. We also offer a wide variety of over-the-counter items at competitive prices. We are locally owned and operated in Southern Village since 2013. Contact: Dave Smithwick, dave@southernvillageRx.com

CAROLINA BISCUIT COMPANY

TABLE NUMBER: 4

Carolina Biscuit Company™

We are a specialty dog treat bakery making simple, clean treats and doggie cookies with no chemicals and no animal parts. Our product is wheat free, corn free, salt free, and has no food colorings. Bring your pup and learn about us! Contact: Emalie Levine, elevine@carolinabiscuit.com

BRIGHT STAR COACH

TABLE NUMBER: 5



Brightstar Coach offers College essay, interview application prep for high schoolers. Anita Stockmans has coached over 3500+ undergraduate students as a Duke Career Coach, and is now helping high school kids get into the schools they want! Create your own narrative. Align. Get results. Let Brightstar Coach talk to you about wellness in the stressful college application process. Contact: Anita Stockmans, anita@brightstarcoach.com

WEAVER STREET MARKET

TABLE NUMBER: 6



Stop by the Weaver Street Market table for some healthy-yet-delicious treats to start the new year right. Try spiced elderberry tea from Norm's Farms in Pittsboro and a tonic made with maple syrup from the Maple Valley Co-op. Sample plant based proteins from Smiling Hara and No Evil Foods. Learn about our high quality supplements (all on sale in January.) Pick up recipes and more. Contact: Linda Fullwood, linda@weaverstreetmarket.coop

COMMUNITY FOOD PARTNERSHIP

TABLE NUMBER: 7



Weaver Street Market partners with four local hunger relief organizations—PORCH, TABLE, Orange County Congregations in Mission (OCIM) and Interfaith Council for Social Service (IFC), as well as the Orange County Schools, to raise awareness of the severity of local hunger and to provide fresh, healthy food to the food-insecure in our communities. Stop by and learn more about how you can 'round up' your next purchase at the register, donating the round up change to the current campaign recipient. You can also learn more about volunteer opportunities to help collect, sort and distribute the donated food.

ARTS ON MARKET

TABLE NUMBER: 8



Southern Village Arts on Market is a bi-annual celebration and shopping event featuring local artists, artisans, bakers and makers. We are excited to welcome local Makers to the Southern Village Green on Sunday, April 22nd from 2-7 pm and on Sunday, November 18th from 1-6 pm. Bring the whole family to enjoy an afternoon of art, entertainment, and shopping. Our vendors create Jewelry, Pottery, Paintings, Textiles, Accessories, Food and Home Accessories. Contact: Melinda Abrams, melinda.abrams@gmail.com

BD THERAPY



Brenda Davis is a Pediatric Speech Therapist and Speech/Language Pathologist with an office located on Market Street in Southern Village. Contact: Brenda Davis, brenda@bdtherapy.com

TABLE NUMBER: 9

RISHI SALON AND SPA

TABLE NUMBER: 10



Risha Salon and Spa believes that beauty transcends the physical experience, and exists at the core of a person. We care and pamper multiple aspects of your being to bring out that inner beauty by utilizing experienced Hair Designers, Estheticians, and Nail Care Experts. A great way to spend a day is having one of our relaxing facials, working with one of our very talented hair stylists and pampering your feet and hands with a nail care expert. Contact: Nick Weaver, frontdesk@rishisalonandspa.com

SOUTHERN VILLAGE ACUPUNCTURE & HERBOLOGY

TABLE NUMBER: 11



Southern Village Acupuncture and Herbology is a thriving acupuncture practice that offers treatment options for a variety of health and wellness concerns. We treat a variety of conditions including chronic pain, fertility concerns, stress and emotional conditions, gastrointestinal disturbance, sleep disturbance, and overall well-being. We will be offering a variety of information, acupuncture treatment sessions, and wellness advice at WellFest, so please stop by! Contact Susanna Lea, MC, LAc, at info@southernvillageacupuncture.com

SNAP FITNESS

TABLE NUMBER: 12



Snap Fitness is a gym in Southern Village open 24/7 with state of the art cardio and strength equipment. We offer personal training, Les Mills group fitness classes, yoga and hot yoga classes. We also have an HD video wall with 24/7 virtual classes available. Contact: Victoria Widman, southernvillage@snapfitness.com

FLEET FEET CARRBORO AND DURHAM

TABLE NUMBER: 13



Retail clothing store stocking athletic shoes, apparel and accessories geared towards runners. Locations in Carrboro NC and Durham NC. At the Fleet Feet table, we will be doing shoe fittings, gait analysis, and making footwear and insole suggestions. We will also be available to answer any fitness and running related questions you might have. Contact Matthew Logan, .matt@fleetfeetdurham.com

FIT4MOM CHAPEL HILL-CARRBORO

TABLE NUMBER: 14



Fit4Mom is the nation's largest fitness program for moms. We offer wellness and comradere for every stage of motherhood and fitness. Been meaning to start a new workout routine? Ready to put yourself back on the list? Looking for support from fellow moms? FIT4MOM Chapel Hill offers it all! Whether you're looking at Stroller Strides classes, Candlelight Yoga, Run Club/Race Training, Prenatal FIT4BABY, Body Back High Intensity Interval Training, Nutritional Coaching, or Personal Sessions—FIT4MOM will help you on the path to more energy, a clearer mind, and a stronger you. All of FIT4MOM instructors are trained in pre- and post-natal fitness. More than 25 classes per week are offered in the Chapel Hill area. Contact: Amy Rosso, amyrosso@fit4mom.com

LA VITA DOLCE

TABLE NUMBER: 15



Learn ways to meet your personal dietary needs & goals will still getting a delicious cup of coffee — and having new options when you mix it up. We'll have information on nutrition of milk, almond milk, soy milk, sugar reduction and substitution, healthier chocolatey drink options, and even ways to get a sweeter, creamier cup without any add-ins! Free Samples! Contact Annie Johnston, ann.habersham@gmail.com

HEALTH-ADE KOMBUCHA

TABLE NUMBER: 16



Health-Ade Kombucha is a fermented tea that is naturally rich in probiotics and healthy acids to support digestion and your overall gut health, give you a boost of vitamins and minerals and boost your immune system. It is a 100% raw beverage and can be compared to eating an apple or a bag of carrots. The company believes in the power of authenticity and champions its consumers to be the happiest and healthiest version of themselves. Contact: Sara Shillinglaw, sshillinglaw@health-adecombucha.com