



2017 AAU Taekwondo Regional Qualifier & Championship

February 18, 2017

Hosted by Power Kix
Mark your calendars for this
regional competition.

All belts are encouraged
to participate.
This will be a great event for
ALL OF OUR STUDENTS!

There will be more info about
this event and registration
available over the next few
weeks. So many of students
participated last year, so
spread the word about what a
great experience it was!

Register

for the
2017
AAU Taekwondo
Qualifier and
Championship

Tourneyreg.net

You must be an AAU Member to register
and participate in this event!



***Congratulations to the White & Gold
Belt class for collecting the most food
for the Fall Food Drive!***



*To celebrate your winning contributions,
your January 7th Saturday class will be
converted into a Dodgeball & Ice Cream
Party! Mark your calendar and be ready
to play hard!*

(Regular class time 10:00-10:45)

Coat Drive **Extended!**

We have collected many coats in
December but have extended the Coat
Drive to January 14th!

If you have any old coats, hats or gloves
in your closet, we ask that you consider
donating them to a worthy cause!

Remember: All items must be clean and
in good condition!

New CLASS
SCHEDULE begins:

**January 3rd,
2017**

January



Membership Drive

Power Kix Martial arts will begin the transition to a 100% AAU recognized facility beginning December 1, 2017, and we want you to know what's in it for you!

The Amateur Athletic Union (AAU) is the largest sports organization in the country. AAU is a multi-sport organization dedicated exclusively to the promotion and development of amateur sports and physical fitness programs.

Ms. Limas has been one of the AAU Taekwondo National Coaches for several years, and has recently become the Executive Committee member for Virginia, the position represents the sport of Taekwondo at the National Convention and collaborates with other committee members from around the country to promote and develop the sport.

An AAU membership is not just for our competitive athletes, AAU represents all of our Taekwondo students and we want to make sure that you understand the benefits offered.

- 1) Your membership is good from September 1-August 31 annually.
- 2) Your membership offers a supplemental insurance that can be used in the event of injury at any AAU club and/or AAU event.
- 3) Your membership is good for ANY AAU Sport.
(Taekwondo, field hockey, basketball, swimming etc.) **One membership, multiple sports!**
- 4) Your athlete membership is only \$14 annually.
- 5) **Bring in a copy of your AAU Membership and Power Kix will double your membership price in Power Kix bucks. That's \$28 to use towards anything in our pro-shop!**
- 6) To be a recognized AAU facility, all of our students must be AAU members, and for the months of December and January we are doing our AAU membership drive with our Power Kix bucks incentive.

Please help us become a recognized facility and join the AAU today!

We want our students to have access to supplemental insurance.

We want to promote the values and sportsmanship that AAU Sports embodies.

We want to offer ALL of our students the opportunities to participate in a competitive environment.

We want to continue to work to be a leader in the sport of Taekwondo and we want our students to be a part of that!

We will have a computer at the front desk available if you would like to use one while you are here. Instructions will be posted in the front lobby and on our website.