

# MOUNTAIN MOMMA'S SWEET ICE TEA

LEEANN MILLER OF BLOCK KITCHEN + BAR - BANFF, CANADA



## INGREDIENTS

- 1 Bottle Park Glacier Rye
- 24oz Cold English Breakfast Tea
- 3.5oz Summer Blossom Honey
- 14oz Peach Shrub
- 42 Slices of Preserved Peaches
- 14 Handfuls of Mint
- 3.5 Lemons

## GARNISH

Dehydrated lemon wheel, mint leaf, preserved peach slice

*recipe continued on following page...*

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## METHODOLOGY

### Peach Shrub

1 litre finely diced peaches

1 litre sugar

1 litre white wine vinegar

Macerate peaches in sugar for 3 days, add equal parts white wine vinegar and let sit for another 5 days. Strain through cheese cloth.

### Preserved Peaches

2 cups sugar

3 cups water

8 cups peaches