**Holy Trinity Ministries and Activities – November 2022**

*Reach out, commit, and be transformed*

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**Teen Mini-Golf - Monday, November 7 at 7pm**

On Monday November 7pm our teens will go for mini-golf. Contact: Fr. Nicholas (fr.nmetrakos@holytrinitysf.org)

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**Dinner for Asia Minor Catastrophe - Saturday, November 12 at 6pm**

Join us as we remember the 100 year anniversary of the destruction of Smyrna. Dinner, a lecture, and a concert will transport us to a different time. Purchase your tickets soon! Contact: Fr. Nicholas (fr.nmetrakos@holytrinitysf.org)

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**Intentional Relationships - Sunday, November 13 at 1pm**

A brand new ministry for couples to strengthen their relationships through the Church. We will have a lunch after Divine Liturgy. Contact: Fr. Nicholas (fr.nmetrakos@holytrinitysf.org)

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**Moms & Tots - Tuesday, November 15 at 9am / 11am**

Mothers with children 3 and under are invited to Divine Liturgy at Holy Trinity and then to meet up at California Academy of Science (11am) for lunch and an outing. Contact: Presv. Anysia (anysia.metrakos@gmail.com)

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**Youth & Adult Greek Dance - Every Monday at 6pm and 7pm**

Children (4-9) and adults are invited to join the Holy Trinity Greek dance group which now meets Monday nights at the Christopher Center. Contact: Peter Vlahakos (pvlahakos@aol.com)

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**Faith & Fellowship - Every Tuesday at 7pm**

Join us for this popular gathering where we will continue to explore the book of Hebrews. Coffee and desserts will be provided. Contact: Fr. Aris (fr.aris@yahoo.com)

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**Seniors Fellowship (FOS) - Every Thursday at 10:30am**

A gathering of our community's seniors for fellowship and opportunities for discussion with Holy Trinity's priests. Contact: Connie Bille (csbille@webtv.net)

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**Book Studies for Men and Women - Every Thursday at 7pm**

Join us over Zoom for a study of the Tools of Spiritual Warfare (women’s book study) or the Way of the Pilgrim (men’s book study). Contact: Rachel Wales (wales.rachel@gmail.com) or Fr. Nicholas (fr.nmetrakos@holytrinitysf.org)
From the Philoptochos

Thanks to all who helped make our September Grandparents Luncheon such a success. We donated all the profits ($5,000) to International Orthodox Christian Charities to help the people of Ukraine. We honored grandparents Mary Chicos and Tasia Misthos for all they tirelessly do to help the Philoptochos carry out its mission to be there for those in need.

We would like to thank the following donors for helping us reach our goal: Gold Mirror Restaurant, Boulevard Cafe, Joe’s of Westlake, and Original Joe’s North Beach.

We would also like to thank Kathy Eslinger, Char Fotinos, Jean Kalil, Sophia Makras, Denise Manno, Tasia Misthos, Irene Mullin, Marion Parashis, Eva Skoufas, Christi Tsiplakos, and Fareeda Christ for their extraordinary efforts to make this event a success.

Watch for our next project.

Tithing with our Time – Divine Liturgy Every Day During the Christmas Fast

As we enter to our stewardship campaign there are three “t’s” that we can think about dedicating to God and His holy Church: our time, talents, and treasure. Holy Trinity’s stewardship campaign is mostly focused on the last “t” – so that we can reflect on the way that we commit our financial blessings to support Holy Trinity. The first “t” though, “time” is a bit harder to track. While we don’t fill out a timecard for our pledge of time to God, it is good to think about how each of us personally tracks the amount of time that we pray. Knowing this, as a community we want to start giving at least 10% of our time to God: tithing with our time.

There are 365 days in the year and for the remainder of 2022, Holy Trinity will be giving more than 10% of the year (10.96% to be exact) to the glory of God by serving 40 Divine Liturgies during the Christmas Fast. Every day from November 15 to December 25 we will serve Divine Liturgy. During the week, Liturgy will start at 9am and will be finished by 10am. The tradition of serving 40 Liturgies in a row is one that allows us to commit ourselves and one another to Christ our God as we prepare for the Birth of Jesus Christ. This is also an excellent way to offer additional prayers for those in special need of God’s help. There is no greater benefit that we can offer for the soul of someone alive or who has passed away than by having them commemorated at the Liturgy. During the Liturgy it is not just our personal prayer that lifts up that person, but it is the communal prayer of all of us together with the saints and angels that are lifting up that person. If you would like to submit the names of living or reposed Orthodox Christians for commemoration at each of these Liturgies and / or you would like to help bake prosfora (offering bread) please contact Eleni (eleni@holytrinitysf.org / 415-584-5757 ext. 0).

We encourage all of you to join us as much as you are able during the Christmas Fast to help us give more than 10% of our time to our Lord. The more we offer our time and our community’s time to Jesus Christ, the more we will experience His grace and peace in our personal lives and in the whole world.

+Fr. Nicholas

For a full calendar of services and events, please visit our website at holytrinitysf.org.