

MIDTOWN

LOCAL FOOD | CRAFT BEER | WINE & SPIRITS

MIDTOWNKITCHEN.CA

MIDTOWNYYC

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MIDTOWNKITCHENBAR

SMALL PLATES

- GF** ½ Dozen Oysters • West or East Coast 17
- Charcuterie Board** • Choice of two meats or cheeses, pickled vegetables, preserves, artisan breads and rosemary-parmesan crackers 16
- Tomato Bruschetta** • Heirloom tomato, garlic, basil, lemon, olive oil, parmesan cheese, rosemary-parmesan crackers 12
- Hummus** • Roasted red pepper hummus served with toasted pita 12
- Portabello Fries** • Portabello mushroom slices, panko crusted, chipotle aioli 13
- Tuna Tartar** • Soy-ginger glaze, shallots, cilantro, jalapeño, crispy fried wontons 17
- GF** **Roasted Cauliflower** • Cauliflower, mozzarella cheese, pesto aioli 16
- Chicken Wings** • 1lb of chicken wings
Mild, Hot, Apple BBQ, Salt & Pepper, Dry Rub 15
- GF** **Street Tacos** • Adobo rotisserie chicken, cheddar cheese, tomato salsa, lettuce, red pepper crème fraiche, cilantro, lime 14
- Surf Tacos** • Beer battered basa, coleslaw, tomato salsa, chipotle aioli, cilantro, lime 13
- Pork Sliders** • 4K Farms pulled pork shoulder, apple BBQ sauce, coleslaw, toasted mini pretzel bun 15
- Tater Tots** • Apple BBQ sauce, hot sauce 8
- Midtown Nachos** • Tortilla chips, tomatoes, jalapeños, black olives, mozzarella cheese, tomato salsa, creme fraiche
Add Smoked Pork or Rotisserie Chicken \$6 20

SOUP & SALAD

Add Smoked Pork or Rotisserie Chicken \$6

- Market Soup** • Chef's creation 8
- Caesar** • Hearts of romaine, smoked bacon, seasoned bread crumbs, boiled egg, grilled lemon Caesar dressing 15
- GF** **Niçoise Salad** • Ahi tuna, snap peas, cherry tomatoes, Kalamata olives, red potatoes, radish, grainy Dijon mustard 19
- GF** **Italian Summer Salad** • Baby arugula, prosciutto, snow peas, cherry tomatoes, white balsamic vinaigrette, micro radish, asiago 15

DELI

Choice of House Cut Fries, Field Greens, Market Soup
Caesar add \$1.50

- Midtown Burger** • Alberta Angus chuck, lettuce, tomato, red onion, smoked ketchup, pickle, brioche bun
add smoked bacon, cheddar, fried egg \$2 each 15
- Jacked Up Burger** • Alberta Angus chuck, deep fried monterey jack cheese, balsamic onions, lettuce, tomato, pickle, brioche bun 19
- Grilled Vegetarian** • Zucchini, roasted red peppers, red onion, lettuce, swiss cheese, pesto aioli, pickle, toasted focaccia 16
- Turkey Club** • Oven roasted turkey, smoked bacon, lettuce, tomato, sweet mustard, swiss cheese, pickle, toasted sourdough 17
- Jerk Chicken Wrap** • Grilled chicken, jerk sauce, lettuce, tomato, pineapple salsa, flour tortilla 16
- Midtown Beef Dip** • Alberta Angus beef, horseradish aioli, caramelized onions, mozzarella cheese, tuscan bun, au jus 18

BRUNCH

All day

- Breakfast BLT** • Fried egg, smoked bacon, tomato, lettuce, tater tots 15
- Big Breakfast** • Three eggs, smoked bacon, sourdough toast, tater tots 15

BISTRO

- Baked Mac & Cheese** • Aged cheddar cheese sauce, cherry tomatoes, kalamata olives, breadcrumb topping, field greens 18
- Garden Pasta** • Green peas, smoked bacon, broccoli, linguine, white mint sauce 18
- Summer Vegetable Pizza** • White bean puree, mozzarella, cherry tomatoes, red onion, crispy kale, shaved parmesan 19
- Beef and Broccoli Pizza** • Marinara, mozzarella, beef and onion sausage, broccoli, mustard micro greens 21
- Spicy Prosciutto Pizza** • Marinara, prosciutto, hot peppers, mozzarella, caramelized onions 21
- Steak and Frites** • Angus Sirloin, chimichurri, focaccia 19
- Rotisserie Chicken** • Half chicken, house cut fries, home style gravy 20
- Fish & Chips** • Pacific cod, beer batter, coleslaw, tartar sauce 17

FINISH

- Frozen Cheese Cake** • Milk chocolate ice cream, cream cheese, cocoa-graham cracker crust, mocha whipped cream 9
- Strawberry Rhubarb Crumble** • French vanilla ice cream 8

TAKE-HOME

5 pm - Sold Out

- Rotisserie Chicken** • Whole free range chicken, house cut fries, home style gravy, field green salad 32
- Midtown BBQ Sauce** • Green apple 7
- Midtown Hot Sauce** • Habanero pepper 5

BEVERAGES

- Lemonade & Iced Tea** 4
- Eska** • Carbonated Water 6
- Whole Leaf Tea** • Assorted 4
- French Press** 4
- Phillips Soda** • Cola, Rootbeer 5
- Soda** • Free refills 4
- Fruit Juice** • Orange, Apple, 4
- Pineapple, Grapefruit, Cranberry 4

SNACKS

- Truffle Popcorn** 1
All proceeds to local charity
- Salted Pretzels** 6
- Sickle Chicken Pepperoni** 5

WEEKLY EVENTS

MONDAY

35¢ Wings
Late Night Movies

TUESDAY

\$1 Oysters
\$5 Pints

WEDNESDAY

50% Off
Wine Bottles

THURSDAY

\$2.50 Tacos
\$7 Beer Flights

SUNDAY FUNDAY

Draft Pints \$5
Jack Daniels \$3

**SOCIAL HOUR 3-6PM DAILY
FRIDAY TO SATURDAY 10PM-12AM**

GF GLUTEN FREE

GLUTEN FREE BREADS AVAILABLE BY CARE BAKERY

KIDS ITEMS AVAILABLE!