

CARE PLAN WORKSHEET

Complete this worksheet to develop a care plan.
Once completed share this with your flock leader.

Your Name: _____

Name of Individual/Couple: _____

Overview of Situation/Issue

Preparation Questions

1) What is the individual's SOS?

Severity: _____ Ownership: _____ Support: _____

2) What is the proper context to discuss this issue? (In Group, Mutual Ministry Time, Private Meeting?)

Assessment Questions

3) What are 2-3 clarifying questions to ask?

4) What are potential heart idols? (pride, fear, control, comfort, materialism)

Response Questions

5) What is your response based upon your assessment? (access further, confront, encourage)

6) What homework/resources would you give them?

7) How would you give them hope? (Scripture, testimony, advocate)

Ongoing Care Questions

8) Is a referral necessary? (Pastor, CHCC Counseling)

9) How can your group continue to support/care for this individual?

CARE PLAN DIAGNOSTIC

On scale of 1-10 rate each area and add up the total score.

Severity	1-3	4-7	8-10
	Wisdom issue	Moderate conflict	Crisis
	Mild Stress	Distressed but functioning	Stronghold sin
	Everyday problems	More complex issues	Significant suffering
Ownership	1-3	4-7	8-10
	Repentant	Sees sin	Blameshifts
	Open	Makes excuses	Defensive
	Highly teachable	Moderately teachable	Denial - Not teachable
Support	1-3	4-7	8-10
	Close to family	Some family support	Estranged from family
	Intimate & Accountable	Few friends	No friends
	Vulnerable in small group	Somewhat open in small group	Isolated - Not in small group

