

2017 Bellingham G&CC Junior Golf Guide



Bellingham G&CC Junior Golf Opportunities

Saturday Junior Golf Clinics and Family Golf Nights
Summer Junior Golf Camp and Play Days
Bellingham PGA Junior Golf League
Bellingham G&CC Junior Stroke Play Championship
Luke Bennett Junior Golf Academy
Drive, Chip and Putt Training Camp

The Bellingham Golf and Country Club is excited to roll out another great year of junior golf events at the club. Our hope is to reach every junior with any interest in this wonderful game. No matter the skill level there will be an opportunity for your junior golfer.



Bellingham G&CC Junior Golf Opportunities

Saturday Junior Golf Clinics and Family Golf Nights

These events at the club are designed to get juniors and their families learning, and playing golf throughout the season. Any golfing or social member of the club can join in the fun. For the Saturday Junior Golf Clinics, meet us on the practice putting green at 2:00pm and let us do the rest! In order to participate in the Play Day(s) we ask that you let the proshop know by the preceding Friday by 5:00pm. The events are complementary for all members!

Summer Junior Golf Camp and Play Days

Whether your child is new to golf, or looking to take the next step to competitive play, the BGCC Junior Golf Camp is a fun way to get involved in the game of golf. The camp includes (6) 1 hour lessons, and (5) opportunities to play golf on the course at a time reserved just for the juniors signed up for the camp. This camp is open to all children and grandchildren of any golfing or social member. The cost is \$100 per junior golfer.

Bellingham G&CC PGA Junior Golf League

For the junior golfer that has already been introduced to the game and is interested in taking part in competitive golf. This league is a fun, team environment junior golf league. Every junior plays and participates. The league is open to juniors 6-14 years old with minimal experience needed. These juniors will get the opportunity to play fun matches at many of our neighboring golf clubs throughout Whatcom and Skagit counties. Price is TBD.

2nd Annual Junior Bellingham G&CC Stroke Play Championship

For the more advanced junior we are excited to have our Junior Stroke Play Championship. 2016 Champions were Jada French and Jordan Medcalf. This is a 36-hole stroke play event covering two days. Junior boys will play from the blue and white tees while the girls play from the red tees. Any junior of a golfing or social member of Bellingham G&CC is eligible to play. The cost is \$20 per junior golfer.

Luke Bennett Junior Golf Academy

The LBJGA is designed to help grow junior golf not only at Bellingham G&CC but in Whatcom County for years to come. The programs are a combination of group and private instruction and cover both golf and fitness. The LBJGA is divided into 4 Levels based on the junior golfer's ability (Level 4 is available to individuals who complete Level 3). The junior golfer's level or starting point will be decided after the golfer is evaluated during a pre-determined evaluation day. See Academy information for prices.

Drive, Chip and Putt Training Camp

Augusta National is calling! Sign up today to join Coach Luke Bennett for a four-week training camp to get ready for the Drive, Chip and Putt competition this June. The group will meet once a week to cover every shot needed for your junior golfer to be ready to compete in the Drive, Chip and Putt.

The cost is \$80 per junior golfer.

Your Bellingham Golf and Country Club PGA Teaching Staff



Cameron Fife – PGA Head Golf Professional

Played high school golf at Wenatchee High School
Played college golf at Loyola Marymount University
2012 Oregon PGA Player of the Year
2005-2007 West Linn High School girls golf coach
Competed in Washington Junior Golf from ages 13-17

Favorite Junior Golf Memory – Hot dogs with Dad after playing an early morning summer round.



Luke Bennett – PGA Director of Instruction

Western Washington University Men's Head Golf Coach
2016 GNAC Coach of the Year
PNW Section Hudson Cup Team Member
Played collegiate golf at Western Washington University
2-time collegiate GCAA All-American
PGA Junior Golf League Co-Head Coach

Favorite Junior Golf Memory – Out driving my Dad for the first time with his Callaway Big Bertha.



Rick Blankenburg – PGA Assistant Golf Professional

2016 WWCPGA Youth Development Award Winner
2015 PNWPGA Assistant of the Year
Junior Golf Director
PGA Junior League Co-Head Coach
4-year golf lettermen at Everett High School
3-year golf lettermen at Western Washington University

Favorite Junior Golf Memory – Playing golf with my older brother and friends and teeing off before the sun came up, and playing until the sun went down.



Connie Gregor – PGA Assistant Golf Professional

2-year golf lettermen at Century High School
2-time Team Golf State Champions
Has taught over 1,600 lessons at Bellingham Golf and Country Club
2015 Net Division Champion at the WWCPGA Pro-am at Bellingham G&CC

Favorite Junior Golf Memory – My brother and I playing a round at a local 9-hole golf course with my cousins, later placing 8th at the State Championship.

Saturday Junior Golf Clinics and Family Golf Nights

WHAT IS IT?

Saturday Junior Golf Clinics take place one Saturday a month, usually the first Saturday of the month. Family Golf Night events take place throughout the season at the club, designed to get juniors and their families learning and playing golf in a low pressure environment from our Family Tees. Tasty hotdogs for all the junior golfers that play on Family Golf Nights!

WHO CAN PARTICIPATE?

Any child Golfing or Social Member of the club.

WHAT DOES IT COST?

These events are free for Golfing Members, and Social Members may attend one complimentary Clinic a month.

DO I HAVE TO REGISTER IN ADVANCE FOR THE CLINICS?

No, just meet at the practice putting green at 2pm on the scheduled dates! The PGA Professional staff will do the rest.

DO I HAVE TO REGISTER FOR THE PLAY DAYS?

Yes, in order to get groups organized, please let the Proshop know Friday by 5pm who is playing.

WHAT CAN I DO TO GET WEEKLY BULLETINS?

Simply get the proshop your information and you will be sent reminders about upcoming Saturday Junior Golf Clinics and Play.

Saturday Junior Golf Clinics and Play Schedule

SATURDAY CLINICS (2pm)	SATURDAY PLAY DAYS (5pm)
March 4 th	March: 11 th
April 8 th	April: 15 th
May 20 th	May: 6 th and 27 th
June 3 rd	June: 24 th
July 8 th	July: 22 nd
August 19 th	August: 5 th
	September: 2 nd

For additional information please contact the Proshop 360.733.5381

*Please note schedule may be adjusted throughout the year



2017 Summer Junior Golf Camp

Whether your child is new to golf, or looking to take the next step to competitive play, the BGCC Junior Golf Camp is a fun way to learn the game of golf.
\$100 per Junior golfer

Ages 5 – 8 years old 9:30am – 10:30am
Ages 9 – 17 years old 11:00am – 12:00pm

Junior Camp Sessions

Lesson Days	Play Days
Tuesday, June 20 th	TEE TIMES START AT 10AM
Tuesday, June 27 th	Monday, June 26 th
Thursday, July 13 th	Monday, July 3 rd
Thursday, July 20 th	Monday, July 17 th
Tuesday, July 25 th	Monday, July 24 th
Tuesday, August 8 th	Monday, August 7 th

Junior Camp Finale

Monday, August 21st
Tee Times 1:30pm – 3:30pm

Open to all children and grandchildren of any Golfing or Social Member only

*Dates are subject to change

2017 Bellingham G&CC Junior Golf Camp

Registration Form

(Please return this form to the Proshop)

Please enter all the junior golfers you'd like to enroll in this program.

Cost \$100 Per Junior Golfer

Name: _____ Age: _____

M: _____ F: _____ Shirt Size: _____

Relationship to Member: _____

Name: _____ Age: _____

M: _____ F: _____ Shirt Size: _____

Relationship to Member: _____

Name: _____ Age: _____

M: _____ F: _____ Shirt Size: _____

Relationship to Member: _____

Name: _____ Age: _____

M: _____ F: _____ Shirt Size: _____

Relationship to Member: _____

Any special requests or information the Proshop Staff should know about your junior golfer?

Member Name: _____

Member Number: _____

E-mail address: _____

Charge: _____ Check: _____

2017 BELLINGHAM PGA JUNIOR LEAGUE GOLF



Bellingham G&CC will be entering its 2nd season of the PGA Junior League Golf. We are very excited to continue to grow the number of juniors participating at Bellingham G&CC. Last year we had the largest turnout of junior golfers north of Seattle! The PGAJLG is designed to give juniors a great on course experience in a fun team tournament environment. Both boys and girls in grades 4th – 8th are welcome to participate. *Exciting new League options for juniors between the ages of 6-8!*
(Check with proshop for details).

2016 TEAM BELLINGHAM G&CC HIGHLIGHTS

36 Enthusiastic junior golfers participated
Bellingham G&CC was able to form 4 junior golf teams
Bellingham G&CC ALL-STAR TEAM won 3 of 4 state matches
BGCC ALL-STAR TEAM was Washington State Runner Up!

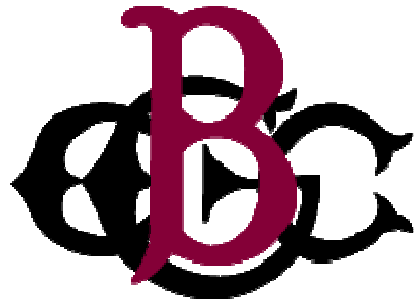
INCLUDED IN THE BELLINGHAM PGAJLG

Opportunity to play surrounding Whatcom and Skagit County golf courses
6-8 Team practices with PGA Professionals
Official PGAJLG Team jersey
PGAJLG Bag Tag
Season opening Team selection dinner
Season ending Awards Celebration



2016 BGCC ALL-STAR TEAM

Questions: Contact Bellingham G&CC proshop and PGA staff



1912

**2nd Annual Bellingham G&CC
Junior Stroke Play Championship**

**Saturday, August 12th and Sunday August 13th
Tee Times Starting at 3:00pm**

Entry Fee: \$20.00

Includes: Awards and food following the final round Sunday.

Format: 36 Holes – Stroke Play
Boys – White Tees Girls – Red Tees

Eligibility:

Open to all children and grandchildren of any Golfing or Social Member only

Name: _____ Age: _____

2016 Girls Champion: Jada French
2016 Boys Champion: Jordan Medcalf

*18 holes a day walking can be a lot. Players must be able to walk and keep pace.

Luke Bennett Junior Golf Academy

At Bellingham Golf and Country Club

Small group instruction designed to be FUN and educational. Whether your junior golfer is just beginning to show an interest in golf, or has been hitting the links for years, join Coach Bennett at the Luke Bennett Golf Academy.

The benefits to this program:

- Fundamental development
- Low stress, skill development
- Fun team environment
- Weekly coaching and on-course learning
 - Golf fitness and nutrition
- Junior tournament development (Level 2 and 3)

Luke Bennett Golf Junior Academy

The mission of the LBJGA is to provide junior golfers with the best opportunity to learn, grow and advance in the wonderful game of golf. The programs offered at the LBJGA are designed to reach all levels and abilities.

A new way to improve!

Luke Bennett Junior Golf Academy Winter, Spring and Summer Schedule

- Level 1: Thursday 3:45 - 5:15PM
- Level 2: Wednesday 4:30 – 6:30PM
- Level 3: Saturday 3:00 – 6:00PM

Name: _____

Month: March April May June July August September October

Phone 1: _____

E-mail: _____

Parent or Guardian: _____

Experience level: _____

Coach contact: Luke Bennett, PGA 360.920.6513 luke.bennett@wwu.edu

Luke Bennett Junior Golf Academy

at Bellingham Golf and Country Club

Luke Bennett Golf Academy

The mission of the LBJGA is to provide junior golfers with the best opportunity to learn, grow and advance in the wonderful game of golf. The programs offered at the LBJGA are designed to reach all levels and abilities.

Academy Information:

The LBJGA is designed to help grow junior golf not only at Bellingham G&CC but Whatcom County for years to come. The programs are a combination of group and private instruction and cover both golf and fitness. The LBJGA is divided into 3 Levels based on the junior golfer's ability (Level 4 is available to individuals who complete Level 3). Throughout the course of the season the junior golfer will have the opportunity to advance to the next Level. The junior golfer's level or starting point will be decided after one of the 2 Evaluation days are complete.

Evaluation Day:

The date of the Evaluation Days will be selected by Coach Bennett (see calendar attached). During the Evaluation Day Coach Bennett and staff will spend approximately 30 minutes with each junior to see what Level would best fit the junior golfer. There will be a series of assessments the junior will participate and be evaluated on. Coach Bennett will then make his recommendation on the best level to begin with, Level 1, 2 or 3. Sign up schedule is located in the Proshop at Bellingham Golf and Country Club. If one of the 2 Evaluation Days don't work for your junior, you can make arrangements with Coach Bennett (additional fee applies to alternate evaluation days). Evaluation Dates:

February 23rd and February 25th

Level 1: (Ages 7-11)

Designed to help juniors build their foundation for golf. This level will focus on the fundamentals of golf with an emphasis on developing balance, speed, strength, flexibility, rhythm and confidence.

Group Sessions (Examples):

Grip

Posture

Alignment

Rhythm and weight transfer

Included in Level 1:

(2) 30 minutes of private instruction

(4.5 hrs) of fun group instruction

Maximum group size: 8

Cost: \$200

Level 2: (Ages 11-14)

This level is geared toward juniors who have developed a passion for golf and strive to play competitive golf at some level. Full swing development and growth in an athletic fashion will be the main focus of this level. Juniors will learn the importance of practice, training and competition.

Group Session (Examples):

- Full swing, scoring
- Equipment assessment
- Golf specific exercises
- Short game and course management

Included in Level 2:

- (2) 60-minute private lesson
- (6) hours of group instruction
- On course instruction
- Individual game plan
- Maximum group size: 4

Cost: \$300

Level 3: (Ages 14-17)

Is designed for current tournament players either at the high school or junior golf level with the goal of continuing their golf beyond high school. Level 3 will run February – October with individual or partner paired offseason sessions available as well.

Group Sessions (Examples):

- Swing development, scoring skills (short game, and wedges)
- Course management, tournament preparation (prior, during and post),
- Golf fitness, mental training and strategies and proper practice techniques and planning.

Note: Group sessions per month (2) 3 hour meetings.

Included in Level 3:

- (3) 60-minute private lessons
- (2) 60-minute fitness sessions
- (6) Hours of group instruction
- On course instruction
- Tournament simulations
- Detailed game planning

Cost: \$400



Drive Chip and Putt

Training Camp

Augusta National is calling! Sign up today to join Coach Luke Bennett for a four-week training camp to get ready for the Drive, Chip and Putt competition this June. The group will meet once a week to cover every shot needed for your junior golfer to be ready to compete in the Drive, Chip and Putt.

Week 1: Putting: Coach Luke will discuss, practice and go over putting drills focusing on the length of putts used during competition in order to be better prepared for the putting competition. Tempo, contact, and routine will be addressed this week.

Week 2: Chipping: Coach Luke will cover chipping technique and strategies to help make chipping fun, easy and consistent. Areas of focus will be setup, club selection, and tempo.

Week 3: Driving: Coach Luke will explain strategies on how to increase driver distances and accuracy. A practice grid with yardages and a fairway will be set up for juniors to practice on.

Week 4: Competition Day! Each junior golfer will go through a mock Drive, Chip and Putt competition. Point totals will be tallied to see where each junior golfer stands after Training Camp.

Dates (See Academy Calander for time): May 12th, May 19th, June 2nd, June 9th

Junior's Name: _____

Age: _____

Gender: _____

Local Competition site (ex: Lake Padden GC): _____

Cost: \$80.00 per junior golfer

Luke Bennett Golf Instruction

T: 360.920.6513

E: luke.bennett@wwu.edu

www.bellinghamgcc.com

Luke Bennett Junior Golf Academy

Spring and Summer Calendar

(Some dates and times are subject to change)

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. L2 4:30-6:00p	2. L1 3:45-5:15p	3.	4. L3 3-6pm
5.	6.	7.	8. L2 4:30-6:00p	9. L1 3:45-5:15p	10.	11. L3 3-6pm
12.	13.	14.	15. L2 4:30-6:00p	16.	17.	18.
19.	20.	21.	22. L2 4:30-6:00p	23. L1 3:45-5:15p	24.	25.
26.	27.	28.	29.	30.	31.	

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1.
2.	3.	4.	5. L2 4:30-6:30p	6. L1 3:45-5:15p	7.	8. L3 3-6pm
9.	10.	11.	12. L2 4:30-6:30p	13.	14.	15.
16. <i>Masters</i>	17.	18.	19.	20. L1 3:45-5:15p	21.	22.
23.	24.	25.	26. L2 4:30-6:30p	27. L1 3:45-5:15p	28.	29. L3 3-6pm
30.						

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1.	2.	3. L2 4:30-6:30p	4. L1 3:45-5:15p	5.	6.
7.	8.	9.	10.	11.	12. DCP 4:00-5:30pm	13. L3 3-6pm
14.	15.	16.	17. L2 4:30-6:30p	18. L1 3:45-5:15p	19. DCP 4:00-5:30pm	20. L3 3-6pm
21. <i>TBA</i>	22. <i>TBA</i>	23. <i>TBA</i>	24. <i>TBA</i>	25. <i>TBA</i>	26. <i>TBA</i>	27. <i>TBA</i>
28.	29.	30. <i>MAKE UP</i> L1 3:45-5:15p	31. L2 4:30-6:30p			

Navy – Dates Unavailable

Green – Level 1

Yellow – Level 2

Light Blue – Level 3

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1.	2. DCP 4:00-5:30pm	3. L3 3-6pm
4.	5.	6.	7. L2 4:30-6:30p	8. L1 3:45-5:15p	9. DCP 4:00-5:30pm	10.
11.	12.	13.	14.	15. L1 3:45-5:15p	16.	17. L3 3-6pm
18. U.S. Open	19.	20.	21. L2 4:30-6:30p	22. L1 3:45-5:15p	23.	24.
25.	26.	27.	28. L2 4:30-6:30p	29.	30	

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1.
2.	3.	4.	5. L2 4:30-6:30p	6. L1 3:45-5:15p	7.	8. L3 3-6pm
9.	10.	11.	12.	13.	14.	15.
16. British Open	17.	18.	19. L2 4:30-6:30p	20. L1 3:45-5:15p	21.	22. L3 3-6pm
23.	24.	25.	26. L2 4:30-6:30p	27. MG	28.	29.
30.	31. MAKE UP L1 3:45-5:15p					

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1.	2. L2 4:30-6:30p	3.	4.	5. L3 3-6pm
6.	7.	8.	9. L2 4:30-6:30p	10. L1 3:45-5:15p	11.	12.
13.	14.	15.	16. SADLER	17. L1 3:45-5:15p	18.	19. L3 3-6pm
20.	21.	22.	23.	24.	25.	26.
27.	28.	29.	30. L2 4:30-6:30p	31. L1 3:45-5:15p		

Navy – Dates Unavailable

Green – Level 1

Yellow – Level 2

Light Blue – Level 3