BIKABOUT’S PACKING LIST

All riders are different and this list is, by now means, a comprehensive list. All these items made our tour comfortable and convenient.

CLOTHING & GEAR

MUST HAVE:

☑️ bike shorts (ladies, get shorts designed for women)
☑️ water bottle
☑️ crocs or easy to spray off shoes for C&O mud
☑️ wool sweater
☑️ shirts that wick
☑️ rain jacket + pants (for chillier weather)
☑️ sunblock
☑️ sun hat / baseball cap
☑️ warm hat
☑️ money for food, lodging, transportation, bike shops
☑️ bike lock
☑️ padded bike gloves

NICE TO HAVE:

☑️ paper maps
☑️ 2 waterproof panniers (front or rear)
☑️ bluetooth speaker (we have the JBL Flip)
☑️ camera
☑️ swimsuit
☑️ snacks
☑️ spare shoes and clothing post shower
☑️ sports bra for ladies (nice to wear during warm rain because it dries faster than shirts)

BIKE

MUST HAVE:

☑️ fenders (plus front/rear mud flaps for the C&O would help a lot)
☑️ chain lube
☑️ comfortable saddle (we like Brooks)
☑️ lights (dynamo or generator is preferred for convenience and brightness in tunnels)
☑️ front or rear rack for panniers
☑️ electric bike if planning to ride with kids - we cannot overstate how much more enjoyable biking the 340 miles as a family was with Pedego’s e-bike than it would have been. The steady trail incline or obscene hills to Fallingwater was no problem.

NICE TO HAVE:

☑️ handlebar bag with map viewing slot
☑️ 3+ gears if you plan to visit Fallingwater. Founder, Megan, rode a single speed and while climbing hills in a standing position is doable, her heart would have appreciated a couple more gears so she could sit and pedal.
☑️ speedometer with mileage
☑️ waterproof camera bag mounted on the front of the bike for quick-grab access