



## CLEANSED HEARTS

MARK 7:1-23

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### **LOOKING BACK** (Care and Accountability)

- Take a moment for everyone to share any highlights from the week and any recent difficulties or challenges. Then take a moment to pray for these things.
- Ask, "How'd it go this week living out what we learned last week?"
- Ask, "Did anyone care for anyone? Did you reach or teach anyone this week?"

### **LOOKING UP** (Scripture and Questions)

- Summarize the teaching from Mark 7:1-23 and then have someone read it aloud.
- Pray and ask God to help the group learn together and obey what they learn.
- Discuss the following questions and support your answers with a verse in the passage:
  1. What gets your attention in this particular reading?
  2. What is something that you learn about God/Jesus/Holy Spirit in this reading?
  3. What is something that you learn about people/humans/yourself in this reading?
  4. Is there a particular sin to avoid, command to obey, example to follow or promise to celebrate in this reading?
  5. What is something that you are going to do in response to what you've learned?

### **LOOKING FORWARD** (Goals and Commissioning)

- Set a goal as a group on how you can live out what you've learned this week.
- Ask, "Who can you care for this week, and who can you reach or teach this week?"
- Pray and ask God to help everyone do what they committed to do this week.