

FRIDAY

– Evening Snack –

Salad Bar – assorted leafy greens and chopped vegetables, as well as a range of protein-rich topping choices and a choice of dressings

Quebec Cheese Plate – a tasty selection of cheeses that our province is famous for!

Warm Breads – from our oven to your mouth!

Homemade Snickerdoodles – wonderful cinnamon-sugar cookies with crispy edges and chewy centers; these are a crowd-pleaser for sure!

– Supper –

Autumn Baked Brie – we top our brie with a selection of Canadian fall flavours, like maple syrup, caramelized pear & onion, and cranberries!

Baked Spaghetti Squash – a delicious combination of fresh fall flavours, garlic, oregano, and basil, baked in spaghetti squash

Veggie Lasagna – stuffed full of great ingredients, parmesan, mozzarella, and cottage cheese, fresh vegetables, and a rich tomato sauce

Chocolate Pudding Cake – Just a LITTLE touch of chocolate to start your weekend off right!



SATURDAY & SUNDAY

– Continental Breakfast –

Coffee, more coffee, tea, hot chocolate – Regular & decaf coffee, and an assortment of teas and hot chocolate available

Fresh fruit – a variety of fresh fruit from local sources at the markets of Montreal & Ste Agathe des Monts

Cereal, toast, and all the fixings – whether you like your toast with cream cheese, jam, or Sunbutter*, we've got you set!

** note: we try not to serve nut products, but please inform us of any allergies!*

Health conscious muffins – *Saturday*: trail mix muffins, chock full of great treats, Faye's "Serious Cereal", seeds, cranberries, and of course, a few chocolate chips

Sunday: spiced apple cider muffins, inspired by the New England harvest treat of Cider doughnuts, with a crumbly streusel topping to provide a delicious finish

** Good to know: our muffins are not made with any oil*

Saturday between 7h-8h

– & –

Sunday between 7h30-8h30



SATURDAY MORNING

— Brunch —

Faye's "Hello Beautiful Day" Serious Cereal – over 30 fresh, all-natural, organic ingredients make up this tasty superfood homemade cereal, designed to give the widest range of nutritional benefits that could possibly be had from one food

Eggs, Made 3 Ways – put in your order for scrambled, poached, or fried

Silver Dollar Pancakes – small pancakes packed full of goodness, served with warm maple syrup and yogurt

Raill Family Homefries – we are famous for these golden pan-fried potatoes. Take a taste and tell us what you think!

** also available from breakfast: fresh fruit, bagels, muffins, toast, and all the fixings!*

— Lunch —

Fully Loaded Salad Bar – assorted leafy greens and chopped vegetables, as well as a range of protein-rich topping choices and a choice of dressings

Open-faced Caprese Sandwiches – bring back hot summer memories with all the ingredients of the classic summer salad that go into these terrific grilled sandwiches

Homemade Leek & Potato Soup – creamy and satisfying, this soup is sure to hit the spot! (this soup is vegetarian and lactose free)

Apple Crisp – Faye's famous Serious Cereal makes another appearance in our apple crisp. You can feel the good when you fill up on this tender dessert.



SATURDAY EVENING

– Supper –

“Who needs bacon?” Warm Spinach Salad – a great mixture of red onions & sesame seeds on a bed of fresh spinach, drizzled with warm vinaigrette just before serving

Roasted New Potatoes – simple and delicious, with just the right amount of spice to make them memorable

BBQ Smoked Chicken – that’s right, it’s smoked AND barbequed! These boneless chicken thighs will be superbly cooked in Don Raill’s Green Egg

Portobello Mushroom Caps – stuffed with all kinds of surprises, even non-vegetarians will love these!

Surprise Addition – we can’t wait to see what the girls at the Raw Food Workshop whip up for us as a surprise addition to our dinner!

Pumpkin Spice Cake – our staff call this the most addictive and delicious cake they’ve ever had – and they can’t resist just one more little piece! This moist spice cake is loaded with chocolate chips and drizzled with Sucre à la Crème for just a LITTLE sweetness at the end of your meal

Leslie’s Lemon & Ginger Tea – join us after our meal for an evening program accompanied by Leslie’s incredible fresh lemon and ginger tea



SUNDAY MORNING

– Brunch –

Faye’s “Hello Beautiful Day” Serious Cereal – over 30 fresh, all-natural, organic ingredients make up this tasty superfood homemade cereal, designed to give the widest range of nutritional benefits that could possibly be had from one food

Frittata with Potato Crust – all kinds of delicious vegetables are mixed into this frittata, you’ll definitely be thinking about a second helping!

Cinnamon Raisin French Toast – served with sliced apples, warm maple syrup, and yogurt

Fresh Fruit Platter – a wonderful variety of fresh fruit, along with refreshing orange juice to wash it all down

Delectable Leftovers – need we say more?

** also available from breakfast: fresh fruit, bagels, muffins, toast, and all the fixings!*

