- **Do Not**
  - Tie.
  - Do only stitch in the ditch on a domestic machine or use giant meander.
  - Do not use high-loft batting.

Label

- **Do**
  - Must say Quilt of Valor and include a blank for name of recipient.
  - Should include names of piecer and quilter.
- **Do Not**
  - Do not include more than your first name and state.
  - Include advertising, political or religious messages.

Journal

- **Do**
  - Write a note to the recipient.
- **Do Not**
  - Do not include more than your first name, and state.
  - Include advertising, political or religious messages.

Washing

- **Do**
  - Wash your quilt after it is quilted and bound.
  - Use a Color Catcher in the machine.
- **Do Not**
  - Use scented laundry products.
  - Send a quilt covered in pet hair or tobacco smoke.

Presentation Case

- **Do**
  - Make a coordinating pillowcase or bag in which to place your QOV.
- **Do Not**
  - Send your quilt without a presentation case.

****If you do not want to make your own label, Ellen Weber has labels you can fill out and sew on. Quilts can be sent to Ellen, or presented locally by your GFWC Club.**

*****At the end of each year, at the annual convention, there will be a special surprise for the district presenting or making the most quilts. Any quilt presented must be reported to Ellen Weber, so that it can be counted and reported to Quilts of Valor headquarters.**